

Tier 4 Psychological Therapies Review

SUMMARY

- 1.1 A 3 month formal consultation on the Tier 4 service review was completed from August – December 2011. The main aims of the review were to make available NICE recommended specialist psychological therapies equitably available across Derby City and Derbyshire County whilst also making efficiency savings as part of the Quality Innovation Productivity Prevention (QIPP) programme. The efficiencies were to be realised by reducing the availability of long-term psychodynamic psychotherapy services due to the evidence base favouring other therapies such as Cognitive Behaviour Therapy and Dialectical Behaviour Therapy.
- 1.2 Feedback on the consultation was mainly received from service receivers and psychodynamic psychotherapists. The feedback received did not support the changes suggested in the review. Service receivers were concerned that they would lose valued support but they also said that the pathway to therapy had been lengthy. Psychodynamic psychotherapists were concerned about the consultation process and the evidence base put forward. The views of patients receiving other types of therapy and/or who were unable to access therapies were not received
- 1.3 Feedback from GPs was mainly focussed on inequity of services across the County. GPs wanted to see patients being able to access therapies regardless of where they lived. GPs also wanted to see better support for patients stepping out of services back into primary care.
- 1.4 A report on the consultation went to PCT Cluster Board who agreed with the recommendations below:
 - To design a service that is available to ALL people who need them across Derbyshire and one that the 4 Clinical Commissioning Groups (CCG) will want to commission (purchase) for their patients (*CCGs are the emerging groups that will replace the PCT in future and who will be responsible for commissioning services on behalf of patients*)
 - To develop a service model/pathway with clinicians, service providers, and CCGs that will enable patients to receive therapies that have the best evidence within affordability

- 1.5 Hardwick CCG leads Mental Health Commissioning on behalf of the PCT Cluster and they have now organised a steering group which includes, provider managers and clinicians, service receivers and GPs. We have held a key stakeholder event to look at 3 elements of a care pathway. These are; pathways into specialist services, the specialist services pathway, and the pathway out of services (stepping down). The steering group is currently doing further work on the specialist services pathway which we hope to complete by the end of August. A study of capacity and affordability is being completed to inform a final proposal which will then need the agreement of CCGs

In view of this work we now seek the OSC view of what next steps they recommend once the engagement with stakeholders to produce a best-practice pathway is complete. .

RECOMMENDATION

- 2.1 To consider and comment on the proposals for Tier 4 Psychological Therapies by the NHS Derby City & NHS Derbyshire County.

REASONS FOR RECOMMENDATION

- 3.1 The NHS Derby City & NHS Derbyshire County is seeking Board's views on its proposals for commissioning of Tier 4 Psychological Therapies services.

SUPPORTING INFORMATION

- 4.1 Last year the former Adults, Health and Housing Commission considered proposals by the NHS Derbyshire County Cluster for reconfiguring Tier 4 Psychological Therapies last year. In developing a response to the PCT's consultation on the proposals, the Commission received independent evidence from a range of people including Professor Diane Waller, OBE from Brighton University as well as a service users and clinicians. After considering the evidence the Commission recommended:
1. The Trust retains psychodynamic psychotherapy services as part of a balanced treatment service.
 2. That access to psychodynamic psychotherapy services is made fair and equitable across Derby and Derbyshire.
 3. That the Trust should seek to equalise rather than reduce the level and quality of service provision in Derby and Derbyshire.
- 4.2 The Trust also received responses to their consultation proposals from other groups and individuals. These were collated and considered by the Trust Board and proposals for future provision of psychodynamic therapy services is attached for comment.

OTHER OPTIONS CONSIDERED

5.1 None.

This report has been approved by the following officers:

Legal officer Financial officer Human Resources officer Service Director(s) Other(s)	Chief Operating Officer, NHS Hardwick CCG
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For more information contact: Background papers: List of appendices:	Name 01773 599462 e-mail tracy.mcgonagle@derbyshirecountypct.nhs.uk Appendix 1 – Implications Appendix 2 – Understanding the Recommendations of the Consultation on the Review of Tier 4 Psychological Therapies Appendix 3 – Derbyshire County and Derby City Cluster Primary Care Trust's Review of Specialist Psychological Therapies
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IMPLICATIONS

Financial and Value for Money

- 1.1 The aim is to increase value from existing resources in the specialist service pathway/s and to propose a model of delivery that is equitable and one that CCGs will want to commission for their patients.

Legal

- 2.1 The Adults and Public Health has a statutory for health scrutiny responsibilities conferred under Health and Social Care Act 2001.

Personnel

- 3.1 There are no plans to make staff redundant as part of the service review.

Equalities Impact

- 4.1 People receiving psychotherapy services are amongst some of the most vulnerable members of our society.

Health and Safety

- 5.1 None arising directly from this report.

Environmental Sustainability

- 6.1 None arising directly from this report.

Asset Management

- 7.1 None arising directly from this report.

Risk Management

- 8.1 None arising directly from this report.

Corporate objectives and priorities for change

- 9.1 No Health without Mental Health
Lansley's 4 tests for commissioning