

Delivering the Improving Outcomes Guidance (IOG) for Children and Young People with Cancer across the East Midlands

Teenage/Young Adult Cancer Service
Model



Julia Grace
Senior Strategy and Planning Manager

Scope of Presentation:

- Background
- Key Commissioning Requirements
- Incidence: teenage/young adults with cancer
- Progress
- Teenage/young Adult Cancer Service Model
- Next Steps

Background:

- NICE (IOG) 2005

“Age appropriate safe and effective services as locally as possible, NOT local services as safely as possible”

- NCAT Commissioning Requirements (2008)

Supplementary Learning & Reinforcement of the NICE Guidance

Key Commissioning requirements:

- Age appropriate facility provision for patients aged 13-24 years inclusive.
- All patients aged 16-18 years inclusive should be referred to a Principal Treatment Centre for treatment.
- All patients aged 19-24 years inclusive should be offered referral (choice) to a Principal Treatment Centre (Young People) for treatment.
- All patients aged 16-24 years inclusive should be discussed at both a site specific MDT meeting and TYA MDT meeting.
- The Principal Treatment Centre and TYA MDT should have a role in coordinating treatment, psychosocial care/support wherever patients are treated (ages 13 – 24)
- Robust arrangements should be in place for transition between children and young people's services and between young people and adult services.
- The provision of treatment on a shared care basis is not precluded in delivering CYPIOG complaint services: disease specific pathways should include choice options for treatment and referral to a TYA MDT.
- (East Midlands CYPICS Services: 0-18 years)

Incidence of TYAs with Cancer

The Cancer Registry Data for 2008 demonstrates that the number of confirmed cancer diagnosis in the East Midlands between the ages of **13 – 24 were 198 cases.**

The following tables provide detail on the number of confirmed cases:

Figure 1: From the confirmed diagnoses percentages of the most common types of cancer

Type of Cancer	Percentage %
Brain	10.1%
Hodgkin's Disease	15.2%
Lymphoma Leukaemia	5%
Melanoma of Skin	9%
Testis	14%
Other	46.7%

Derby City PCT patients diagnosed with cancer (according to our 2008 data) = 12 patients
Average incidence for Derby County is expected to be 7 new diagnosis on average per annum

Physical Facilities:

- Leicester Royal Infirmary Site, (13-24 years) = 5 Beds
The facility will be part of the current Children's Ward 27, Windsor Building; with divisions for the different age groups across the one ward.
- Queens Medical Centre Campus, Nottingham, (13-18 years) = 5 beds
The facility will be part of the current Children's ward E38/39, organised using the space already available.
- Nottingham City Hospital Campus, (19-24 years) = Haematology Patients 4 beds, Oncology Patients 3 beds
Berman 2 Ward 1st Floor

What patient's have said

("Being around people my age going through the same thing as me helped me to remain strong, and no matter what was going on I never felt scared about my situation.")

("Teenage Cancer Trust units make such a difference- you get to meet other young people going through a similar thing. Being on a Teenage Cancer Trust unit was probably the best thing about being poorly because of the people there, they supported me, they knew what I was going through")

Quotes from two patient's who was treated in a Teenage Cancer Trust Unit, from the Teenage Cancer Trust website www.teenagecancertrust.org:

What patient's have said

("from my own experience, there was a big gap from the child's unit to the adult unit, Teenagers and young people have their own individual needs")

("the right kind of staff is a big important thing people who can talk to young people and put them at ease...")

Local quotes from patient's treated within the East Midlands: (taken from: Questionnaire for Teenagers/Young Adults on Improving services)

What does this mean for patient's?

- CHOICE
- Option to access one of two specialist centres: which meets the individual and age specific needs of children, teenagers and young adults.
- Access to a service that will offer age appropriate specialist, medical, nursing and psychosocial care; in line with age-specific treatment guidance/protocols
- Improved clinical trials entry
- Support for patients by being around other patients of a similar age and possibly similar disease type
- Improved Outcomes for Patients

To summarise where we are now:

- Facilities will be introduced over the next two years, Nottingham City Hospital Summer 2011, University Hospitals of Leicester early 2012, Queens Medical Centre 2012/2013
- All referrals to the Principal Treatment Centre: recorded via single point of contact
- Patients are already being referred to a single specialist MDT
- We have secured additional TYA Nursing posts in the Principle Treatment Centre and are providing training for Nursing staff (short courses and modules) for all units to improve skills and competencies in TYA Cancer management.

Nottingham University Hospitals, City Hospital Campus: Lounge and Kitchen TYA Facilities



HELPING YOUNG PEOPLE
FIGHT CANCER



Any Questions?