DERBYSHIRE

County Council

Improving life for local people



FUTURE IN MIND

Background

1. Future in Mind is a new CCG funding allocation aimed at improving the emotional health and well-being of children and young people. CCGs were required to produce a plan to release theirfull funding allocations.

2. The four Derbyshire CCGs, Derby City Council and Derbyshire County Council collaborated to produce a joint Plan, which was submitted on 16th October. The Plan was <u>approved</u> on 26th October.

Summary of Plan

4. Development of the Plan has been led by feedback from children, people and their families. Key elements of what they tell us are highlighted in Section 2 of the Plan.

5. The shared vision is that, by 2020:

'Children and young people are able to achieve positive emotional health by having access to high quality, local provision, appropriate to their need, as well as a range of support enabling self-help, recovery and wellbeing.'

6. The Plan is underpinned by a whole systems approach. Each part of the system has an integral part to play, and links between education, health and social care are imperative if the vision is to be achieved. The intention is to improve outcomes by intervening earlier, prevent needs from escalating and reduce demand for high-cost support.

- 7. The Plan will:
 - Invest in additional staff and training to deliver a single, outcomes-focused service specification for eating disorders which will meet national access and waiting time standards.
 - Invest across the 'whole-system' including primary care, schools and voluntary sector to build resilience, enable self-care and provide access to early help, reducing the need for high-cost support including inpatient/Tier 4 beds.

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- Extend the use of evidence based approaches such as the Children and Young People's Improving Access to Psychological Therapies programme (CYP IAPT) within the Multi-Agency Teams (MATs), and increase CAMHS support to the MATs.
- Build up investment in 'rapid response' to ensure access to CAMHS 24/7, with more home-based treatment to reduce the need for inpatient beds.
- Increase therapeutic support for children in care, and invest in training to improve access to therapeutic interventions for children and young people who experience sexual abuse/child sexual exploitation.

8. Some objectives and approaches are specific to either the North or South Units of Planning, reflecting their different starting points and arrangements oenable the shared vision to be realised and building on previous experience.

9. In the North, an initial key priority for the specialist CAMHS will be to work towards becoming 'CYP IAPT ready', in order to join a collaborative. This will involve the use of routine outcome monitoring, improving IT systems and data collection methods.

10. In the South, there will be additional investment in evidence-based parenting programmes. As a principle year one will be used to pilot different evidence based integrated delivery models to test 'proof of concept'. This is consistent with the wider CCG children's transformation programme and will inform learning to roll out future developments.

11. For more detail on the action plans for 2015-16 and beyond see section 4 of the Plan.

Future in Mind Funding Allocations

CCG Name	Initial allocation for eating disorders	Additional funding available following assurance of Transformational Plan
	£	£
Erewash CCG	55,042	137,776
Hardwick CCG	60,397	151,179
North Derbyshire CCG	157,846	395,105
Southern Derbyshire CCG	293,875	735,598

12. The additional funding which is available for the Plan is detailed below:

Governance Arrangements

13. The existing Integrated Behaviour Partnership Group will become the Future in Mind Transformation Plan Delivery Group. This will be a 'doing' group of key partners and stakeholders who will co-ordinate and deliver action to implement the

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Plan. The membership will be expanded so that it includes a wider range of partners and stakeholders.

14. This programme is part of the Joined up Care Transformation programmes in the north and south units of planning. The Future in Mind Delivery Group will report progress information to the transformation programmes. The overall programme will be strategically monitored and reviewed quarterly by the Joint Children and Young peoples' Commissioning Board which sits across the four CCGs and two Local Authorities. The proposed governance arrangements are illustrated in the diagram below:

15. The four Derbyshire CCGs are individually accountable for the commissioning ofchildren and young people's mental health services at local level and will also be individually accountable for the Future in Mind funding allocations and how these are used to improve local services.

Communications and Engagement

16. One of the first tasks of the Delivery Group will be to prepare a communications plan, so that all key partners and stakeholders are aware of the transformation plan and have an opportunity to contribute.

17. A range of workshops and learning events are also planned, which will enable learning and sharing across both Units of Planning. This will address the action to hold a workshop in the refreshed Health and Wellbeing Strategy for 2015-17.