



Small Change Awards 2006/07

Pear Tree Arts

The project is to run a 10-week school and community workshop programme out of school time with children to explore the subject of mythology and gods across southern Europe and Asia. Further workshops will create 2 and 3 dimensional installation pieces exploring the stories and characters incorporated with a drama performance on the subject in front of a local audience. The project will offer opportunities for young people to access arts activities within their local community and work alongside professional artists.

Normanton Regeneration Area

Awarded: £2,700.00

Play and Recycling Centre

The project is to provide 6 after-school workshops at Grampian school in Sinfin for children and adults. The workshops will focus on the importance of recycling and the history of paper with the aim of developing understanding. The workshops will also develop a play based on this theme which will be shown to the community.

New and Old Sinfin

Awarded: £2,329.00

Sinfin Community Arts

The project is to provide vocal tuition groups for young people from the Sinfin, Normanton, Breadsall Hill Top and North Chaddesden areas through workshops taking place in schools and libraries out of school time. There will be opportunities for public performances and recording of the children's work.

Sinfin

Awarded: £3,000.00

Normanton Allstars Football Club

The project is to set up and develop two new football teams for young people who have previously attended the afterschool clubs and minikickers clubs run by Normanton Allstars. The project will also train 5 volunteers as coaches which will increase their skills to be able to run the teams. The project meets the aims of Small Change by providing positive activities for young people and activities that improve the health of local young people through exercise. The training will take place on Arboretum park and will involve children from Normanton, Arboretum, Sinfin and Stockbrook area.

Normanton Regeneration Area

Awarded: £3,000.00

Paste Poets and Story Tellers Educating-Normanton Holiday clubs

The organisation will hold summer clubs for over 8's, one day a week for 5 weeks in the summer holidays. 4 of the days will consist of morning craft activities at St

Augustine's church, with different crafts sessions run by artists. The afternoon sessions will be games on Normanton Park. A educational day will be a trip is also planned.

Normanton Regeneration Area

Awarded: £2,995.00

Paste Poets and Story Tellers Educating-Osmaston/Allenton Holiday Clubs

The organisation will to hold summer clubs or over 8's, one day a week for 5 weeks in the summer holidays. 4 of the days will consist of morning craft activities at at 154 Grosvenor Street, with different crafts sessions run by artists. The afternoon sessions will be games on Osmaston Park. A educational day will be a trip is also planned as part of the project activities.

Osmaston and Allenton

Awarded: £2,895.00

Derby Irish Association

The project it to purchase a wheel chair to enable elderly people with mobility problems to take a greater part in the activities and outings run by the club. The project meets the aims of Small Change by improvign the quality of life for older people and helping to remove barriers to accessing activities.

Normanton Regeneration Area

Awarded: £355.00

PATCH (Play at the Commuity House)

PATCH is a group run by parents to provide inclusive play opportunities for children and young people in Osmaston and Allenton area. The project is to create and pilot a new post of PATCH play scheme manager.

The Play Scheme Manager will plan, promote and organise the existing and develop new play schemes, take bookings and referrals and develop a children's council so that children and young people can participate in planning activities and have a voice.

Osmaston and Allenton

Awarded: £3,000.00

HAC Trust

The HAC Trust aims to encourage positive interaction amongst people of different communities in Derby. They are currently involved in delivering Aerobics sessions for Pakistani women and a residential project run in partnership with Refugee Housing to encourage community cohesion with young men from refugee communities. The project is to provide a programme of training for the organisation's volunteers to enable them to develop new skills and tools to help to communicate and develop the local community in Normanton

Normanton Regeneration Area

Awarded: £2,225.00

Osmaston People's Park Regeneration Association

The project is to hold a large family fun day on the park to target the communities of Osmaston and Allenton and also the wider surrounding communities of Sinfin, Boulton, Chelleston and Alvaston to attract them to the park. The activities will be aimed in particular at families and will include the promotion of local groups, activities for all age groups and local talent with the aim of encouraging people to get more involved in activities in their local area through 'have a go' sessions.

Osmaston and Allenton

Awarded: £3,000.00

Peartree Road Baptist Church

The project is to improve the facilities at the community café. Since the group have expanded their community café and meeting facilities they have had a 15 to 20% increase in customers to the café and increase in the user groups using their facilities. The group would like to further enhance their facilities by installing a dishwasher, a water heater to replace the kettles currently used and a baby changing area. The new facilities would enable the volunteers who run the café to work more efficiently and safely and the baby changing area would improve access to the facility by a wider range of groups.

Normanton Rd and Pear Tree

Awarded: £2,038.00

Derby Pirates Football Club

The group is a community football club that provides football activities for young people from all communities to provide positive diversionary activities and improve health. The project is to hold a community football tournament at Moorways Sports Complex aimed at local clubs from all cultural groups within the 12 Neighbourhood Renewal areas. The event aims to strengthen community cohesion by uniting groups through football.

Osmaston and Allenton and Normanton Regeneration Area

Awarded: £1,900.00

Pear Tree Play Scheme

The group provides an annual play scheme in the school summer holidays based at Pear Tree School. This year's scheme is planned to be an extra special play scheme to include new events and activities to mark the 10 year anniversary of the scheme. The Small Change grant will fund a contribution to the costs of the activities including health based nutrition and health sessions through fun based fitness activities. The group will develop these new themes through dance, drama and singing and increase social interaction between different cultural groups.

Normanton Regeneration Area

Awarded: £3,000.00

AORTA- Community Crafts

AORTA is a forum for local residents of Osmaston, Allneton and Alvaston to become involved in issues and activities. The group aims to empower local residents and to improve community cohesion. The project is to develop the community craft element of the group by providing a weekly card making session for residents of Allenton/Osmaston and Alvaston areas. The sessions will be aimed at all ages to enable people to learn a new skill in an informal environment and will be held at a larger venue to enable the classes to expand. The project meets the aims of Small Change by encouraging local people to meet together, share skills and get involved in community activity.

Osmaston and Allenton

Awarded: £2,552.00

Simran Group

The group is made up of elderly women from ethnic minority groups who have limited knowledge of the English language. The group provides an opportunity for the women to meet to share skills, preserve their culture and reduce isolation. The project is to provide a 20 week program of yoga and keep fit, a 20 week programme of healthy eating and 10 week programme of relaxation classes. The program will be led by a qualified fitness tutor at an accessible venue in Normanton. The project

meets the aims of Small Change by promoting healthier lifestyles and improving the quality of life of older people.

Normanton Regeneration Area

Awarded: £2,650.00

Sudanese Community Association of Derby

The project is for a one day event to be held in Normanton to share the cultural traditions of the Sudanese community with the wider community. Activities will include traditional dance, food, storytelling, exhibition of crafts and costumes.

Normanton Regeneration Area

Awarded: £1,624.00

Cast Trust –Street Champions

CAST Trust is a development organisation aiming to enable local communities to develop and regenerate their neighbourhoods.

The project is to develop a Street Champions programme in the Stockbrook area to equip, enable and empower local residents to take responsibility for issues in their street and in their area and to be actively involved in solving local problems. 20 people will be recruited and be given training and information to make them a point of call for residents in their vicinity to report problems and issues to. Each Street Champion will attend a monthly meeting and link with other local groups, neighbourhood watches and residents action groups and will have all the information on how to report issues extra. There has been local consultation that has supported the need for this type of project. The project meets the aims of Small change by contributing to safer and stronger communities.

Stockbrook St and Abbey St

Awarded: £2,992.00

St James Infant School

The project is an arts based project linking up two organisations that overlook Arboretum Park, the infants school and Arboretum House, a residential home for the elderly people. There would be arts based workshops at both locations to encourage participants to represent their views of the park in pictorial format from both a young and older perspective of the environmental and social changes within the park. The two groups will link together to share pictures and ideas to help to encourage intergenerational integration within the community. The project will conclude with a 2-week exhibition of art work in the Park. The project offers opportunities for both young and older people. The activities at school will take place out of school time.

Normanton Regeneration Area

Awarded: £2,950.00

Open Doors Forum

The project is to pilot a monthly soup kitchen run by volunteers based at the All Nations For Christ church on Walbrook Road in Normanton. The main beneficiaries would be homeless, low income, disadvantaged people in the area and will provide opportunities for a meal and a chat and enable them to feel more part of the community and signpost to other services for help. Volunteers will receive training in first aid, health and safety and fire prevention.

Normanton Regeneration Area

Awarded: £2,000.00

Dean Street Methodist church

The Church runs a coffee morning and luncheon club for elderly people within the community and has recently experienced an increase in membership. The project is

to replace and improve the equipment they use in order to continue to provide the service and to provide opportunities for additional people to be involved. The project contributes to the aims of Small Change by providing opportunities to improve the quality of life for older people.

Stockbrook St and Abbey St

Awarded: £1,730.00

Sinfin Technology Club

The project is to offer a community electrical safety project focusing on education with a qualified tutor, testing and practical demonstrations. Local and national research has led the group to identify a need for this type of project to reduce the number of accidents resulting from faulty and unsafe domestic electrical equipment. The project would be to offer a training course run by a qualified tutor targeted at local people and then offer an appliance testing service for the local community on a donation only basis in particular aimed at elderly, single parents and other economically disadvantaged people within the community.

New and Old Sinfin

Awarded: £2,735.00

Breastfeeding Mums Group

The project is to develop the group's services by providing additional equipment for the group to further support women attending the group with their children and help the group to promote their services and encourage more women to become involved. The project contributes to the aims of Small Change by providing support for women to breastfeed which has health benefits for both mothers and children.

Normanton Regeneration Area

Awarded: £1,005.00

Hadhari Project

The project is to establish a resource base for the Derby African Caribbean Mental Health Association (DACHMA) project in Normanton primarily by providing basic refurbishment and equipment for the centre to provide a facility for local people with mental health needs to access training, education and recreation services. The project will offer basic skills training in subjects like cooking and CV writing and offer a safe environment in which to socialise. The group also plans to deliver workshops in the community on mental health issues. The project meets the aims of Small Change by providing services to support people with mental health needs.

Normanton Rd and Pear Tree

Awarded: £2,977.00

Sahahra

The group provides a culturally appropriate day centre service for elderly people from the Pakistani community in Derby, many of whom have poor health or disability. The project is to run a program of alternative and complementary therapies for the elderly people that attend the centre to improve their health and well-being. The need for the project was identified during a recent health eating event held at the centre where taster sessions in complementary therapies were held with positive feedback.

Normanton Regeneration Area

Awarded: £2,977.00

Derby African Association

The project is to hold a arts and cultural event aimed at the Black Community in Normanton to celebrate the achievements of Black people in Black history month.

The event aims to bring together people from the growing number of African communities in Derby and share history and culture amongst the older and younger people in the communities. The event is to be held at the Ukrainian Social Club in Normanton and will include, storytelling, poetry, artists performances and displays of artifacts. The project meets the aims of Small Change by contributing to increased community cohesion between cultures and generations within the Black community in Derby.

Normanton Regeneration Area

Awarded: £2,440.00

Step by Step- Domestic Violence Survivors Group

The project is to run a 12 week self defence class for its members. The course will provide a focus for women to attend the group and get involved in community activity and increase the confidence of women to protect themselves and their children.

Normanton Regeneration Area

Awarded: £2,989.00

Zlota Jesien (Golden Autumn Trust)- outings

The group is for elderly, mainly Polish people to meet once a month for social and cultural activities. The project is to provide two cultural outings for the elderly people who attend the group. The aim of the trip is to increase local historical awareness of the group and increase quality of life for older people by providing a stimulating and interesting experience.

Normanton Regeneration Area

Awarded: £1,640.00

Normanton Regeneration Area

Derby Parenting and Family Group

The group is based in Sinfen and provides education, training and support to parents and families in Derby. The project is to engage with families in the Sinfen area who have issues around domestic violence. The project will provide two 12 week training programmes which aim to empower women to make changes in their lives to keep themselves and their children safe from domestic violence and abuse. The project will also signpost to a referral programme for male perpetrators of violence to be given the support they need to change their behavior.

New and Old Sinfen

Awarded: £1,060.00

The Community Toy Chest Toy Library

The Toy library is based at First Steps on Cockayne Street and lends toys to local families at minimal cost. The group also provides activities aimed mainly at pre-school children and promotes family play. The project is to produce a booklet containing advice, information and ideas for play aimed at local families and written by local families. The booklets will cover a wide range of ideas including activities to do at home with children, good places to visit and safety advice. The booklet will also serve to publicise the play sessions and get information out to parents who would not normally attend. The parents involved will gain skills in desktop publishing and increased confidence. The project meets the aims of Small Change by promoting positive activities for children and increase local people's involvement in community activity increasing skills that could improve their employability.

Osmaston and Allenton

Awarded: £2,950.00

Sevak Group

The project is to increase the health of this elderly Asian womens' group by providing a 20 week programme of healthy lifestyle and well-being course. The women will learn how by making small changes to their lifestyle they can increase their health and quality of life. A tutor will provide advice on diet and exercise, there will be a 20 week yoga programme and a 10 week sensory relaxation programme. The project does contribute to the aims of Small Change by contributing to healthier communities and improved quality of life for older people.

Normanton Rd and Pear Tree

Awarded: £2,650.00

Association of Ukrainians in GB (Derby Branch)

The project is to celebrate the 15th anniversary of Ukrainian Independence. The celebration is an opportunity for the first generation of Ukrainians living in Derby (many in 70's and 80's) to celebrate this important milestone with other younger members of the community and with other minority ethnic communities based mainly in the Normanton area of the City. The project meets the aims of Small Change by aiming to strengthen community cohesion.

Normanton Regeneration Area

Awarded: £2,000.00

Activities Information Media Education in Sinfin

The project is to build on the initial pilot of the community newsletter by purchasing equipment to sustain production of the newsletter. The initial newsletter project has led to increased take-up of services, attendance at events and training. The group will develop the newsletter further by introducing a young people's section and young people will receive training to enable them to contribute. The longer term aim of the newsletter is to make it more self-sustaining by raising income through advertising and through distribution of other publications in the area.

New and Old Sinfin

Awarded: £2670.00

Derbyshire Positive Support

The group is a registered charity that provides emotional and practical support to individuals, their families and carers infected or affected by HIV and AIDS. The project is to improve the accessibility of the premises in Normanton to provide easier access for people with mobility problems to access the drop in facility, therapy sessions and blood clinic. Alteration to the building would provide a separate access for young people to enter the building to receive sexual health advice and education and increase confidentiality. The project meets the aims of Small Change by contributing to promotion of healthier lifestyles and increasing access to a community facility.

Normanton Regeneration Area

Awarded: £3,000.00

Pear Tree Arts

The project will run a 7 week drama club for children aged 6 to 12 years providing sessions and using professional artists to deliver the sessions. The club will focus on stories associated with winter celebrations across different cultures, parents and

children will help to choose the subjects and share experiences. The children and young people will learn how to analyse stories, write scripts, create characters, direct and create short scenes, this will culminate in an showcase at the community arts space at Pear Tree School and publicised to the community as a whole.

Normanton Regeneration Area

Awarded: £2,150.00

Number One Community Project

The project is to renovate the kitchen facilities at the centre in order for the group to cater for its expanding numbers of users. The group needs to be able to cater for up to 50 people at a time, including provision of meals for a homeless group, snacks and meals for children's groups. The centre is developing new services to support different sections of the community including Asian women, Polish migrant workers, isolated elderly people and healthy eating sessions for young people.

Normanton Regeneration Area

Awarded: £3,000.00

Asian Advisory Service

The project is to provide weekly workshops for isolated single mothers to build confidence, assertiveness, knowledge of local services and opportunities with the aim of reducing unemployment and increasing independence. The workshops will provide practical help in writing CV's, job applications interview techniques. The group have links with local employers to provide employment placements for the women.

Normanton Regeneration Area

Awarded: £2,270.00

First Steps Eating Disorder Group

The project is to hold a public forum in a venue in Normanton or Osmaston focusing on topics of concern relating to eating disorders. The forum will be promoted through schools, youth advisors GP's, CVS, hospitals and mental health teams in addition to local media. The group hope the event will help to remove some of the barriers facing people with these disorders to access work and training. The project will also fund specialist training for volunteers.

Normanton Regeneration Area

Awarded: £3,000.00

PATCH (Play at the Community House)

The project is to purchase equipment and resources and equipment to support new after-school sessions and Nightingale Infant and junior schools. PATCH are working in partnership with schools to provide extended schools opportunities. The session will focus on physical activity and healthy eating sessions, opportunities to play in a safe environment, meeting children's educational, emotional and social needs. The group will develop a children's council so that children can participate in planning activities.

Osmaston and Allenton

Awarded: £1,948.00

Mirindu Development Group

The project is to organise a seminar to tackle issues affecting members of the Black community and asylum seekers. The project will also provide training workshops to improve self-esteem, confidence of local people and cultural heritage activities to improve community spirit.

Normanton Regeneration Area

Awarded: £3000.00

St Martins School Association- Breakfast Club

The project is to set a new breakfast club in the school. The project will provide a free breakfast for all the children attending the school, all of whom have special needs.

The aim is to provide breakfast for children who do not get breakfast at home ensuring a nutritious start to the day. Many of the children have a very early start using the school transport system and a recent questionnaire indicated a high demand for this type of service. The club will also provide a chance for children to interact before school with activities to stimulate them including games and exercise.

Alvaston and Boulton

Awarded: £576.00

St Martins School Association- Older peoples Lunches

The project is to set up a luncheon club for older people from the local area. The school would invite older people into school for lunch to meet the pupils and staff. The project would aim to provide a weekly healthy lunch for local people with an opportunity for social interacting between different generations and reduce isolation of older people living locally. The aim is that this type of activity will strengthen the links between the school and the local community and may lead to further activities and skills sharing opportunities.

Alvaston and Boulton

Awarded: £819.00

Austin Neighbourhood Base

The project is to develop a debt management project and to provide a new counselling service for people suffering from domestic violence. The existing debt management project started in September as a pilot and has experienced increase in clients over this time, hence the need to extend the service. The service is provided by Derby City Mission and provides detailed help with money problems including contacting bailiffs, sorting out bills and providing weekly food parcels for those in need.

Austin Estate

Awarded: £3,000.00

Inspire

The group started in 2005 as a self help group for women survivors of sexual abuse in childhood. The group supports women to live a more active and healthier lifestyle. The project is to develop the group's activities to include group counseling sessions to include emotional therapy, cognitive, relaxation techniques. Speakers on issues such as self harm. The group plan to set up a library of books and DVD on relevant issues to build self confidence of the group members. The group also plan training for its committee.

Normanton Regeneration Area

Awarded: £2,500.00

Brigden Avenue Allotments Association

The group has recently reformed with a new committee and are trying to regenerate the allotment site which has become overgrown and unused.

The project is to clear and additional part of the site, add security fencing and gate to entrance. The group hope to have some help from the probation service in this task. The group have had enquiries from local people and a school group about taking on

a plot and hope that when the land is cleared and the additional security in place this will deter dumping of rubbish on the site. The project meets the aims of SC by improving the local environment and enabling more local people to take part in healthy community activity.

Osmaston and Allenton

Awarded: £1,775.00

Shelton Infants School PTA

The project is to start a breakfast club at the school targeted at vulnerable children and their families within Neighbourhood Renewal areas of the City. The club will be run by the school's Learning Mentor and the club will provide opportunities for a healthy breakfast before school and support for children from the mentor. The project meets the aims of Small Change by providing positive activities for children and opportunities to improve health and wellbeing.

Osmaston and Allenton

Awarded: £1,002.00

Persian Cultural Association

The project is to develop the services of the group by

1. Creating a community library of books in a range of languages and production of a community newsletter.
2. Developing a community website for refugees and asylum seekers to promote the services of the group and help its members to access information.
3. Creation of leaflets, posters and reports to publicise the services of the group.
4. Run a series of arts and cultural workshops to share the positive aspects of the Persian speaking community with the wider community of Derby.

The project will create new volunteering opportunities for the community in particular for young people to be involved in the services of the group.

Normanton Regeneration Area

Awarded: £2,550.00

Davenport Road Church

The church hall serves the local community and is used for a wide range of community activities including 2 youth groups, parent and toddler group, 2 women's groups and a men's group. Social activities and holiday club.

The project is to provide resurfacing and marking out of outdoor court for basket ball and netball for use by young people's groups and replacement of the snooker table which is no longer repairable. The project would increase the range of activities and facilities for people, especially young people and older people in the local area.

Osmaston and Allenton

Awarded: £3,000.00

Aasra project

The group was established in Oct 2005 to provide support needs for elderly Asian people in Derby. They provide services of low level care in a safe environment and aim to reduce isolation for both carers and service users.

The project is to pilot a series of health related activities for the elderly people that attend the group. The activities will need to be held in a new venue which will incur additional room hire costs. The activities will include a visit from a nurse, yoga classes, back and body massage. If the activities are successful the group hope to apply for future funding from other sources to sustain the activities. The project meets the aims of Small Change by providing healthy activities for older people.

Normanton Regeneration Area

Awarded: £4,050.00

Padley

The group is a registered charity that has existed since 1985 to work with people who are homeless, experiencing mental health problems and people living with a physical or learning disability. They provide therapeutic arts and crafts activities at a development centre in Normanton.

The project is to develop an unused area of the Centre in Normanton to enable it to be used as a multipurpose room. The new room will allow the group to develop additional activities including music and movement and an after hours club facility. The new activities will be aimed at people with learning/physical disability/mental health problems and aim to improve their health and wellbeing. Beneficiaries will work towards a qualification and will be helped to increase their self esteem. The project meets the aims of Small Change by providing opportunities to improve health and gain qualifications.

Normanton Regeneration Area

Awarded: £5,000.00

Mackworth Estate Community Association-crime prevention group

The group was established in 2003 to manage a community centre and recreation ground in Mackworth Estate. The crime prevention group is a sub group of the organisation.

The project is to provide security equipment for the homes of particularly vulnerable people on the Mackworth estate including older people, women living alone, disabled people and people whose homes due to their location or type are more vulnerable to burglary. The project has the support of the local police who will distribute the equipment to those in need and it will also be available for distribution at community events and public meetings. The aim is to reduce crime and the fear of crime on the estate and fits the aims of Small Change Safer and Stronger communities.

Mackworth Estate

Awarded: £868.00

Derby Furniture Project

The organisation is a registered charity that has existed since 1987 to collect furniture, white goods, bedding and clothing that is donated and pass it on to people in need that have been referred for help. The organisation provides training and work experience for unemployed people volunteers to increase their employability and skills.

The project is a pilot scheme to develop further the training elements of the work that that group does. The project will allow the group to provide one to one training and support for work placements for people recovering from alcohol and drug misuse or those who have been out of the job market for a long time.

Stockbrook St and Abbey St

Awarded: £4,802.00

Mackworth Rainbows

Rainbows is part of the UK Guiding movement aimed at girls aged 5 to 7 years, they have been established in Mackworth since 1996 and meet once a week at Mackworth Methodist Church.

The project is to develop the music and singing skills of the children involved in the group to finish with an entertainment night for the parents and other members of the community. The sessions will introduce new activities to the children and may

encourage them to take up a musical instrument. The project meets the aims of Small Change by providing positive activities for young people.

Mackworth Estate

Awarded: £149.00

Derbyshire Chinese Welfare Association

The group is a registered charity that has existed since 1983 to provide support, advice and services for the Chinese community in Derby.

The project is to run a series of healthy eating workshops targeted at older, and middle-aged people and women. The workshops will increase awareness of the benefits of healthy eating, cooking and lifestyle. In addition an information drop-in point will be established at the centre to provide ongoing information on healthy eating and lifestyles. The need for the project comes from information that the group have on the health of older members of the community and the high incidence of hypertension, high cholesterol and diabetes and the that the majority of the older community are living on low incomes. The project meets the aims of Small Change by providing activities to improve the health of the community and improve the quality of life of older people.

Stockbrook St and Abbey St

Awarded: £3,920.00

Alvaston and Boulton Old People's Welfare

The group is a registered charity established in 1955 to provide social and activity sessions for older and disabled people. The group also rents out its centre to other community groups, including young people's groups.

The project is to refurbish the kitchen at the centre. This will provide new facilities to enable the group to provide healthy meals/snacks for members attending social and activity sessions and better facilities for wider community use by other groups using the centre. The group will also promote healthy eating and provide one healthy meal a week to its older and disabled people's group. Other groups attending the centre will be able to undertake healthy eating activities. The grant will provide a contribution towards the refurbishment of the centre.

Alvaston and Boulton

Awarded: £5,000.00

Guru Nanak Istri Sabna Women's Group

The group has been established since 2004 to reduce the isolation and increase self esteem of older women, to preserve and share culture and to help integration into society.

The project is to run a session once a week for members in the Indian Community Centre, to provide activities to improve health such as yoga. The project meets the aims of Small Change by providing activities to improve the health and quality of life of older people.

Normanton Regeneration Area

Awarded: £1,620.00

Sahaly Women's Group

The group was established in 2000 as a self-help group to support Asian Elderly Women. The group aims to reduce isolation and raise awareness of health issues.

The project is to pay for healthy and activity based learning for the women who attend the group including yoga and swimming. The project meets the aims of Small Change by providing activities to improve the health and quality of life of older people.

Normanton Regeneration Area

Awarded: £1,040.00

Derbyshire Friend

The group has existed since 1993 to provide services to support and improve the health and wellbeing of lesbian, gay, bisexual and transgender people (LGBT) and support and advice to families and friends. The project is to develop a program of work targeted at the Normanton/Pearltree/Abbey and Stockbrook areas to meet the needs of LGBT from a Black and minority ethnic (BME) background. The project will include training and the development of a confidential culturally sensitive referral services. The group have developed the project in conjunction with Derby Millennium Network, Karma Nirvana and Derby Positive Support. The project is to employ a part-time development worker for 12 months to provide specialist outreach services and support the needs of service providers to be able to provide appropriate services for LGBT people from BME backgrounds.

Normanton Regeneration Area

Awarded: £4,934.00

Sherwin Football Club

The group is a football club that runs teams from junior to senior in local leagues. The group provides coaching in football skills, teamwork and tactics. The group also promotes health, wellbeing and runs a homework club.

The grant is to enable the club to continue to provide equipment and kits 2 new junior teams due to the demand from young people to take part in the club. The project meets the aims of Small Change by providing positive activities for young people and activities to improve health.

Normanton Regeneration Area

Awarded: £1,162.00

Number One Community Project-One stop shop

The group is a registered charity that has been established since 1995. The group provides community development education, training and employment services. The project is to expand the services of the One Stop Advice Shop by having a dedicated worker to support local people, many with low literacy skills to fill in forms, work search, compile CV's, create awareness of benefits and tax system. Additional work will include work shops and one to one sessions on confidence building, interview skills, job searching. The project will recruit additional volunteers with community language skills to further expand their services.

Normanton Regeneration Area

Awarded: £5,000.00

The Open Centre

The organisation has existed since 1981 to promote understanding and good relationships between people of different cultural and religious groups.

The project is to run an open day at the Centre to celebrate 25 years of success, enable the wider community to see the activities on offer at the centre, provide cultural foods and entertainment (dance, music), promote community cohesion and to link with other partner organisations to promote the work that they do. The day would provide an opportunity to promote good relationships and understanding between different cultural and religious groups in Derby and meet the Safer stronger aim of Small Change.

Normanton Regeneration Area

Awarded: £2,598.00

Derby First Forum

The group was established in 2006 to advocate on behalf of drug users in Derby City and engage with drug treatment service providers, organisations and partnerships to influence drug and crime strategies and to inspire drug misusers to change their lives.

The project is to enable the group, which is made up of Drug misusers and professionals to produce a DVD featuring the drug misusers explaining their life stories, experiences and with the help of drug treatment organisations how they have turned their lives around. A DVD is seen as a good way of communicating with drug users and in particular hard to reach groups such as sex workers, women and BME groups to dispel myths about drug treatments and services available, explain how to access and what to expect and what to do if they are not happy with the service they receive. The DVD would help to inform the wider community and drug users on how to reduce harm thorough safe needle disposal etc, how to recognise signs and symptoms of drug misuse and support services available for parents and carers.

Normanton Regeneration Area

Awarded: £5,000.00

Friends of Hardwick Primary School

The group have recently set up to improve the quality of life in the Normanton and Peartree area by working with the school and other schools in the local area.

The project is to provide ICT training for girls aged 10-15 year to gain confidence in ICT through a specially designed programme, ICT training for adults following the pacesetter programme which is a basic course that enables people to move on to more advanced training and computer based ESOL (English for speakers of other languages) training. Activity will be open to the community and has resulted from needs identified in a recent questionnaire. The project meets the aims of Small Change positive activities for young people and activities to increase the employability of adults.

Normanton Regeneration Area

Awarded: £5,000.00

Messy Tots

This group was established in 2005 to provide free messy play sessions for pre-school children. Including making and decorating objects, puppet and costume design, sticky stuff etc.

The project is to establish a messy tots session for the benefit of families on the Austin Estate. The group have worked with Sure-start to establish a need for the service and each weekly session will have a different theme exploring different creative activities for children and their carers. The project meets the aims of Small Change by providing positive activities for children that will help to benefit their development and introduce them to activities that are not available at home.

Austin Estate

Awarded: £4,600.00

Sporting Futures

The group is a registered charity that has existed since 1996. It aims to use sports as a way to engage with young people enabling them to build new skills, and self esteem. The group works closely with police, schools and youth service.

he project is to recruit 16 young people aged 16 to 19 and provide them with a recognised qualification in Sports Leadership (ILM level 1) and additional sports training qualifications. Tutors will work with the young people to help them gain the qualification and also build confidence and self esteem, helping them to look for

work, CV writing etc. Young people who will be targeted will be those not in any other learning or work opportunity and those who are risk of offending.

Breadsall Hilltop and North Chaddesden

Awarded: £3,220.00

Derby Women's Centre

Derby Women's Centre is a registered charity that has existed since 1978. It Provides a drop-in service for women including counselling by appointment, complementary therapies, support groups, advice and information, sign posting and self development.

The project is to provide a series of course to help to develop women's confidence and parenting skills. The courses will be run in partnership with other organisations including Read on Write Away. The parenting element will involve a variety of children's age groups, they will target new entrants to the UK, living in NRF areas, and will work closely with ESOL providers. Crèche and refreshments will be provided and an element of the training will encourage women to move towards paid employment. The project meets several of the aims of Small Change including providing women with the skills to become better parents and therefore an indirect benefit to children, some of the training will also improve women's employability.

Normanton Regeneration Area

Awarded: £5,000.00

Normanton Girls Club

The group has been established to provide sports, educational and recreational activities for disadvantaged females aged 8 to 25 years.

The group has recently secured funding for the boulder from the National Lottery Peoples Millions. The project is to purchase boulder mats to improve the safety and accessibility of the the new boulder. The project meets the aims of Small Change by supporting activities for young people.

Normanton Regeneration Area

Awarded: £550.00

Savan Group

This is a new group that aims to provide activities for women which will bring them together to share skills, experience and to reduce isolation and stress.

The project is to run health based nutritional sessions for women combined with dance activity with the aim of improving the health of the women involved. The group will meet at Pear Tree Junior School. The project meets the aims of Small Change by providing activities to improve health.

Normanton Regeneration Area

Awarded: £3,200.00

Suport Ltd

The group provide employment, benefits and training services to the residents of Sinfen.

The project is to run a healthy living day at the Centre for the community. The group would offer a variety of workshops and information sessions with a health related theme including massage and reflexology, stop smoking advice, diabetes and blood pressure checks and weight and diet advice. There will be various taster sessions in exercises including line dancing and dancercise. Healthy eating and cooking and advice will be on offer with foods to taste. The aim of the event will be to give local people the opportunity to look at their own heath and that of their families and provide samples of new activities to try that help to improve health and wellbeing.

New and Old Sinfín
Awarded: £2,385.00

Arabesque Women's Group

The group is a women's self-help group that aims to reduce isolation and exclusion for Arabic speaking women in Derby.

The project is to improve and facilitate greater use of English for group members in an informal local group setting. Women with children experience barriers to attending formal ESOL training and this project seeks to address this by providing informal training based around issues of childcare, parenting, cooking and crafts. The project would improve the groups English skills, confidence and knowledge of childcare and health issues.

Normanton Regeneration Area

Awarded: £3,950.00

Derbyshire Coalition for Inclusive Living

The group is a registered charity that has existed since 1985. It is made up of disabled people and aims to provide services to meet the needs of disabled people.

The group would like to develop its advice and information point at Alvaston library by increasing the frequency of the service and providing up to date resource materials.

They would achieve this by providing more support and travel costs to enable disabled volunteers to be able to attend the information point on a more regular basis. The group provides advice for disabled people on a wide range of issues including independent living, welfare and benefits and getting disabled people's view represented. The project meets the aims of Small Change by providing opportunities to improve health, wellbeing and quality of life for disabled and older people.

Alvaston and Boulton

Awarded: £2,065.00

Derby Disabled Friends

The group has existed since 2004 and provides a safe and friendly place for disabled people to meet, socialise and support each other.

The project is to provide transport to enable more isolated and housebound people to attend the group and provide speakers to help people to improve their confidence and health. The group will meet at two locations, Rolls Royce Pavilion on Moor lane and a room on Wilson Street.

Normanton Regeneration Area

Awarded: £3,000.00

Mews Motivators

The group is residents group established in 2005 to represent the interests of residents in the Crown Mews area in Abbey/Stockbrook Street area.

The project is to purchase and install secure bike racks in the car park area of Crown Mews. Currently residents are unable to keep cycles as they are a target for theft and vandalism. The group hopes that by providing secure storage for bikes residents will be encouraged to use bikes, adopt healthy lifestyles and the group will be able to organise cycling activities and bike trips. The project meets the aims of Small Change by reducing opportunities for crime and encouraging people to have facilities for exercise.

Stockbrook St and Abbey St

Awarded: £1,642.00

Derby West Indian Community association

The group is a registered has existed since 1962 provide services for the African Caribbean Community of Derby, including training activities, youth activities and social and cultural events.

The project is to build on the previous talent showcase event and to hold a once a week youth club with a monthly youth event to be organised by young people. The project meets the aims of Small Change by providing positive diversionary activities for young people.

Osmaston and Allenton

Awarded: £5,000.00

Preet Group

The group was established for women in 2003 to provide opportunities to meet, support each other, share skills, learn new skills and promote healthy lifestyles.

The project is provide opportunities for regular healthy walking in the countryside for the group. The project meets the aim of Small Change of improving health and wellbeing.

Normanton Regeneration Area

Awarded: £2,000.00

Leapfrog Summer Play scheme

The group is a registered charity that has existed since 1997 to run an inclusive summer play scheme during the school holidays for children with special needs who attend St Giles School. The scheme normally runs for one week in the summer holidays.

The project is to extend the play scheme this year to offer 2 weeks and split the age groups accommodated in each week. The play scheme aims to fit with the government 'Every Child Matters' framework and will include educational outings, healthy eating and physical activity. The project meets the aims of Small Change and provides opportunities for children to socialise with their peers during the holidays and make and maintain friendships.

Breadsall Hilltop and North Chaddesden

Awarded: £4,065.00

Bangladeshi Development Association

The project is to provide dual language family learning sessions to improve communication between parents and children and to increase participation in learning. Activities would include a weekly 2 hour learning session at Number One Community Centre on Sundays in Bangla and English and this would include story telling, creative arts and crafts and ICT to facilitate learning in a family environment. The project will provide positive activities for children and young people and help to increase communication and cohesion between generations.

Normanton Regeneration Area

Awarded: £1,930.00