



ADULT SERVICES AND HEALTH COMMISSION 7 July 2008

Report of the Director of Corporate and Adult Services

Mental Health Day Service Provision

RECOMMENDATION

- 1.1 To consider and comment on the project to compile a specification for future mental health day services in partnership with the Derby PCT, service users, carers and the mental health self advocacy group. The revised specification will be the subject of a tender process for the provision of these services.

SUPPORTING INFORMATION

2.1 Background

- 2.1.1 The delivery and provision of day services for people with a mental health problem in Derby has been subject to continual change over the past decade. Currently day services are provided separately by Derbyshire Mind and Derbyshire Mental Health Trust (DMHT) via its Social Inclusion, Rehab and Recovery Team (SIRRT) part funded by DCC social care. The Derbyshire Mind service is based at Cavendish in an old Co-op building and the DMHT service operates from 63 Duffield road.
- 2.1.2 The review of mental health day services and Department of Health (DH) guidance on the same "From Segregation to Integration" identified the need for significant developments in mental health day services in order to:
 - Promote Recovery
 - Focus on community participation
 - Reduce social isolation
 - Provide opportunities for people with mental health problems to provide each other with support and run their own service
 - Maximise choice and self determination
 - Meet the needs of diverse groups
 - Ensure that services are accessible to people who are more seriously disabled by their mental health problems
 - Involve users and carers
 - Increase diversity of provision
 - Improve cross sector working

- 2.1.3 This has been a catalyst for change as the current service is narrow and focussed on a small section of the mental ill health community.
- 2.1.4 The MIND service has 111 members and operates on a drop in principle. The service offers information, advice and support to its members and is available seven days per week for 45 hours. During a two week period in March 2008 41 people accessed the service.
- 2.1.5 The service operating from Duffield road by DMHT operates Mon-Fri office hours in the main. There is an evening group on Tuesdays and Thursdays until 8pm. There are approximately 130 people known to SIRRT. In addition, there is a psychotherapy group and a cognitive therapy group. The numbers attending these two groups is approximately 60 for both groups. Access to these services is only via internal referral from DMHT.
- 2.1.6 The above services have been building based and feedback from service users has suggested that outcomes described in paragraph 2.1.2 have not been universally achieved.
- 2.1.7 The work on the specification to reflect the above new requirements is near completion. This has involved significant service user, commissioner and professional consultation and input on what they want to see provided in Derby in the form of mental ill health day services.
- 2.1.8 During the composition of the revised service specification DMHT have communicated in November 2007 with the project group that they are withdrawing their interest in providing the newly specified service. They cited the fact that the new broader preventative service was not part of their core business model. However, they will continue to work with any new provider in order to join up specialist mental health provision with the new day service to form a seamless service pathway.

2.2 Eligibility Criteria

- 2.2.1 The new service specification describes the eligibility criteria for the service as being *“for Adults who have a diagnosed mental illness or dual diagnosis and people who believe they need support in improving their well being through social engagement”*. These criteria are intentionally broad as this ensures an inclusive approach. The emphasis for all people accessing the service will be on identifying a care or wellness recovery plan detailing what steps the person wishes to take to forward their wellness to recover, and what elements are appropriate within the day service to assist with this (or for signposting and help to access support elsewhere).
- 2.2.2 The service will not provide a clinical or treatment service and is not a social crisis resolution service.
- 2.2.3 The above is in line with the DH eligibility criteria guidance on commissioning day services for people with mental health problems detailed in their document *“From segregation to inclusion”*.

2.3 Referral and Care Pathway

- 2.3.1 Referrals will be accepted from GPs, specialist mental health services and people can refer themselves, as currently self referral is not currently available. The service will respond to a wide range of need and will provide a preventative service (including those people who may be referred to the Early Intervention Service) as well as those already supported by specialist mental health services.
- 2.3.2 The new service will work alongside existing specialist mental health services to support service users. It will also be a resource to mainstream services such as Employment Advisers, Adult Education and Leisure to support and advise them on ensuring their service is sensitive to the needs of people with a mental health problem.
- 2.3.3 There is an expectation that the community support workers in the Community Mental Health Teams will continue to provide individualised support for people on enhanced CPA. The new day service can support this but it will be important to ensure their role is clearly defined.

2.4 What the Service shall Provide

- 2.4.1 Historically most activities have been specific buildings based but there is a commitment towards the increased use of mainstream community provision. The service specification states: *there should be a spectrum of services ... Buildings should be considered a community resource, open to other community services supported or funded by the council or PCT... other community organisations providing mainstream activities should also be welcomed, providing their activities are effectively open to people with mental health difficulties, and this adds value to the overall service available"*
- 2.4.2 This will be achieved through a range of creative opportunities and practical advice related to the person's aspirations as part of their recovery. Opportunities shall include support with enrolment on courses, arts and therapies, health and fitness, computer support, life skills and employment advice.

2.5 Outcomes

- 2.5.1 The outcomes the new service will be expected to deliver include:
- No of vulnerable and socially excluded people with mental health problems helped in to employment
 - No of vulnerable and socially excluded people with mental health in settled accommodation
 - Number of people with mental ill health helped to live at home.
 - No of individualised Recovery Plans
 - An increase in the number of service users engaged in mainstream activities

- Year on year increase in service user led and run services
- Increased satisfaction with the service.

2.5.2 We shall also monitor the new service against recovery outcomes for individuals as follows:

- **Primary Outcomes:** Accessing mainstream services, for example, employment, education, volunteering, arts & culture, sport & exercise, neighbourhood & faith communities.
- **Intermediate Outcomes:** Associated with increased confidence, for example, hope, enjoyment, motivation
- **Associated Outcomes:** Health improvements, for example, weight management, smoking / alcohol cessation/reduction, exercise.

2.6 Timeframes

2.6.1 The new service specification will be completed in July 2008. Following this there will be a period of public consultation on the specification. The timeframe of the consultation is yet to be confirmed.

2.6.2 Following consultation the revised specification will go out to the open market for competitive tender.

2.6.3 The timeframe for the new service to commence is from April of 2009.

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IMPLICATIONS

Financial

1. It is envisaged the funding for the service shall be found from existing provision. However, this will only become clear post tender stage. The current identified funding allocated to the service is £289k per annum.

Legal

2. TUPE arrangements may apply to some staff.

Personnel

3. There are 4 people in the SIRRT, 3 employed by DCC 1 by the mental health trust that would be affected by the service re-provision. TUPE arrangements may apply. These individuals would receive appropriate advice, support and redeployment if opportunities arise. In addition, there are 8 part time staff and 1 full time member of staff employed by MIND who provide the service in Cavendish. TUPE arrangements could also apply to this group of staff if MIND is not the successful bidder and the conditions for TUPE are met by the new service.

Equalities impact

4. Effective scrutiny benefits all Derby people.

Corporate Priorities

5. This report links with Council's priority to help us all to be healthy and independent and raises the quality of social care, improves health and well being of local communities.