

Tackling Childhood Obesity in Derby

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Derby City Council

Agenda

- **Recap of Scrutiny discussion
December 2020**
- **Data update**
- **Next Steps in implementing the
Childhood Obesity Strategy**



Scrutiny December 2020

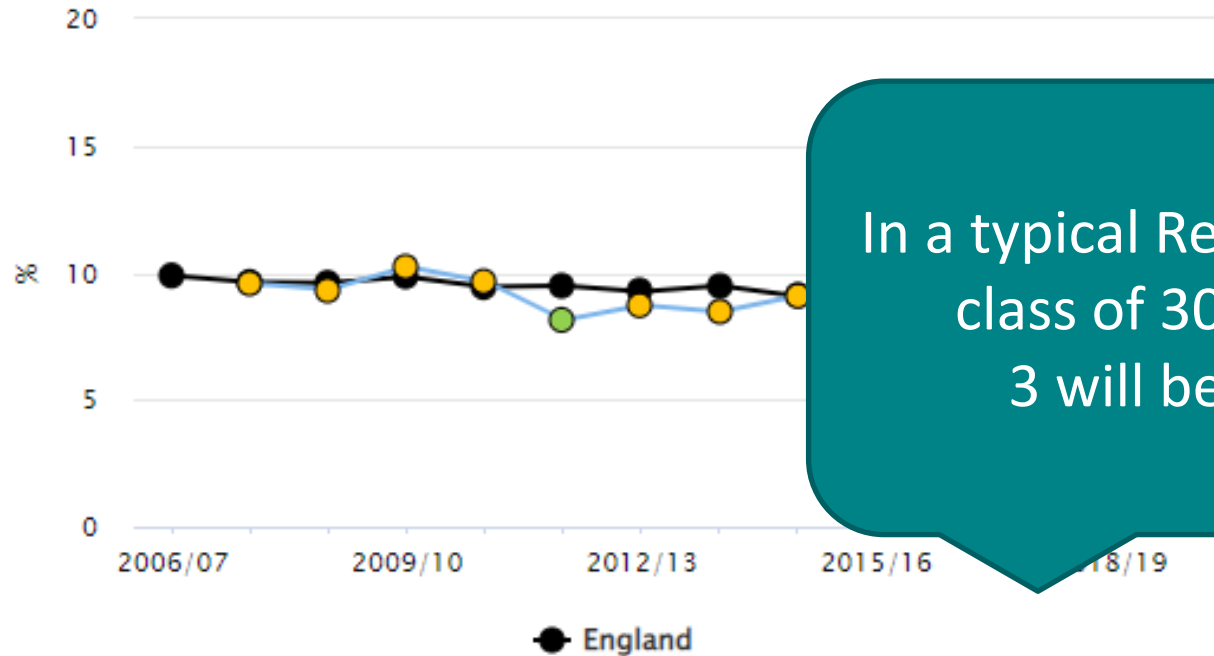
- Overview of the Childhood Obesity Strategy
- Impact of COVID-19 pandemic and response
- Limitations in data



Childhood Obesity Data update

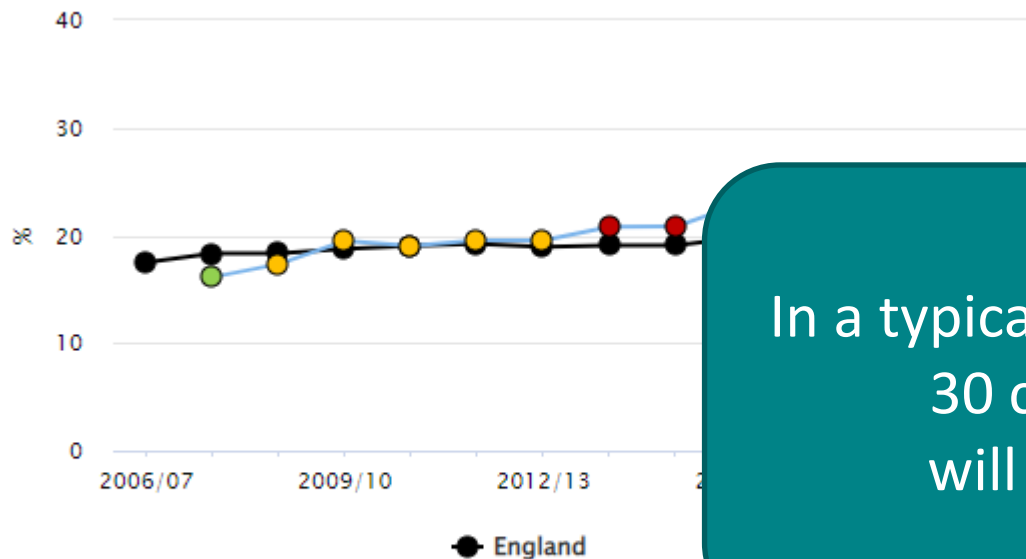


Prevalence of obesity (including severe obesity in YR)



In a typical Reception year class of 30 children
3 will be obese

Prevalence of obesity in Y6



In a typical Year 6 class of 30 children 7 will be obese

Updated position

- In 19/20 approximately 70% YR and 95% Y6 measured
- Guidance for 20/21 stated that we measure approx. 20% of eligible children
- This was not a representative sample and we cannot draw conclusions on the City position
- We assume that the level of obesity is the same or more than the previous year, given anecdotal feedback from children, families and services
- We are weighing and measuring the full cohort of children in 2021/22, this is underway.



Childhood Obesity Strategy 2020-2030



Strategy focus



Strategy objectives

- 1) Derby and Derbyshire develop **clear pathways and signposting to enable children who are already overweight or obese to access joined-up and long-term support**. This includes ensuring that there are **robust systems in place to identify children** who are overweight or obese and a commissioned service is available which provides effective support, in a multidisciplinary approach, to children and families.
- 2) Derby and Derbyshire develop **preventative approaches** for current and future generations and **a whole systems approach** to obesity which coordinates existing efforts, reveals gaps in provision and supports the efficient use of limited resources.



Action plan 2021-2023

Multi-agency partnership group re-established and meeting at least quarterly

Oversight from Joined Up Care Derbyshire Board

Agreed as a system level outcome at JUCD and Health and Wellbeing Board

Dedicated public health manager capacity (funded by the CCG, working across City and County)

Objective 1 – support for children who are already overweight or obese

- Expansion of weight management services
- Improved pathways between school nursing, weight management, primary care, secondary care
- Safeguarding policy in draft

Objective 2 – whole systems approach to prevention

- Developing a community of practice
- Developing the role of schools
- Developing role and capacity of community assets e.g. Food for Thought Alliance, Sustainable Food City
- Infant Feeding initiatives



Summary

- Obesity remains a system challenge
- Strengths in multi-agency working, high level of commitment
- Shared ownership and accountability for improving outcomes





Questions and discussion



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Thankyou



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