

# Health briefing

Area Panel Four

February/March 2007

## Welcome to our Health Briefing

Derby City Primary Care Trust works to improve the health of people across the city and make sure the health services they need are available. Our job is to:

- work out what is needed to improve local people's health
- provide some services ourselves – such as community services including clinics, district nurses, children's services and health visitors
- buy some services from others – such as larger hospitals and specialist treatments.

## In this issue

- A vision for health in Derby
- The b-active conference
- Health Promoting Schools Awards
- PCT Health Panel

## A vision for health in Derby

Derby City Primary Care Trust is developing a long-term plan for improving health and health services in Derby. This plan will look at the work we need to do over the next five to ten years.

To stay in touch with progress and have your say, visit our website at

[www.derbycitypct.nhs.uk](http://www.derbycitypct.nhs.uk) or join the health Panel (see details below).

## The b-active conference

The b-active conference was held in January for people whose work involves promoting the health and well-being of children.

Researches carried out last year showed that 57% of Derby children aged five to 16 do not take enough exercise to stay healthy. The conference, organised by Derby City Council and Derby City Primary Care Trust, enabled those attending to learn how they can help to develop children's physical activity levels within their various services. Some of the 9,000 children who took part in the research and their parents also attended the conference.

Getting more children to take seven hours of physical activity each week is one of Derby City Partnership's 12 targets in its Local Public Service Agreement. Under this agreement, the Partnership is aiming to meet higher performance targets than would otherwise be possible, by March 2008. If it is successful, it will be rewarded with extra Government money

## Health Promoting Schools Awards

An awards ceremony for the healthiest schools in Derby was held in December. As part of the Health Promoting Schools programme, 32 local primary, infant, secondary and special schools have achieved New Healthy School Status which has involved meeting high standards in four areas:

- Personal, social and health education, including drug education and sex and relationship education
- Health eating
- Physical activity
- Emotional health and wellbeing

The Derby City Health Promoting Schools programme, which is nationally considered an excellent scheme, is a partnership between Derby City PCT and Derby City Council.

## Health Panel

Derby City PCT's Health Panel is made up of people who are registered with GPs in Derby city and have an interest in health and healthcare issues.

The Health Panel will provide you with regular opportunities to get involved. All members receive informative newsletters, opinion questionnaires and invitations to local health events. You can also decide if you would like to be invited to:

- take part in issue-based meetings or focus groups
- comment on PCT publications before they are printed
- join a committee or steering group around a specific issue.

To find out more of to join the Health Panel please contact S Robey on 01332 224000 ext 6484 or visit [www.derbycitypct.nhs.uk](http://www.derbycitypct.nhs.uk) and click on 'Having Your Say'

Area Panels are welcome to contact the PCT with questions, or to invite a representative from the PCT to speak at an Area Panel meeting of there is a particular subject of interest to the Panel.

If you have any questions you can either direct them through the Area Panel Manager – Richard Smail on 01332 258505 or contact us direct:

Debbie Jackson  
Associate Director of Communications & Involvement  
Derby City PCT  
Derwent Court  
Stuart Street  
Derby  
DE1 2FZ

Tel 01332 224000, ext 6360  
Email [debbie.jackson@derbycitypct.nhs.uk](mailto:debbie.jackson@derbycitypct.nhs.uk)