Health and Wellbeing Board 27 July 2023

Present:

Statutory Members Chair: Councillor Martin (Chair), Sue Cowlishaw (Derby Healthwatch), Richard Wright Vice Chair (Chair of ICB), Andy Smith (Strategic Director of Peoples Services) Alison Wynn (Assistant Director of Public Health) representing Robyn Dewis, Director of Public Health

Elected members: Councillors Ashby and Care

Appointees of other organisations: Denise Baker, (University of Derby), Paul Brookhouse (Derby Poverty Commission), Chris Clayton (CEO Derby & Derbyshire ICB), Lucy Cocker (Derbyshire Community Healthcare Services), Gino Distefano (Director of Strategy Derby Hospitals NHS Foundation Trust), Ian Fullagar, (Head of Strategic Housing, City Development and Growth DCC, rep for Health, Housing & Homelessness Board), Perveez Sadiq (Director Adult Social Care Services), Rachel North (Director of Communities & Place), Clive Stanbrook (Derbyshire Fire & Rescue Service)

Non board members in attendance: DCC, Stuart Batchelor (Active Partner Trust), Gurmail Nizzer (Director of Commissioning and Delivery DCC), Margaret Gildea (ICB) Owen Swift (Participation Pathway Manager DCC).

01/23 Apologies for Absence

Apologies were received from: Cllr Lonsdale, Amjad Ashraf (Community Action Derby), Emma Aldred (Derbyshire Constabulary), Stephen Bateman (CEO Derbyshire Healthcare United), Robyn Dewis, Director of Public Health, Michael Kay (Head of Environment Protection, Housing Standards, Licensing and Emergency Planning DCC), Clare Mehrbani (Director of Housing Services Derby Homes), Stephen Posey (CEX Derby Hospitals NHS Trust)

02/23 Late Items

There were none.

03/23 Declarations of Interest

There were none.

04/23 Minutes of the meeting held on 16 March 2023

The minutes of the meeting on 16 March 2023 were noted and agreed.

05/22 Joined Up Care Derbyshire Update

5a Derby & Derbyshire Integrated Care Strategy

The Board received a report from the Director of Public Health, Derby. The report gave an update on progress of the Integrated Care Strategy.

The officer reported that Integrated Care Partnerships (ICPs) have a statutory responsibility to prepare an Integrated Care Strategy. The purpose of the strategy was to set out how the Local Authority, NHS, Healthwatch, and voluntary, community and social enterprise (VCSE) sector organisations would work together to improve the health of Derby and Derbyshire citizens and further the transforming change needed to tackle system-level health and care challenges.

The key areas of focus of the strategy were; Start Well, Stay Well, Age Well and Die Well.

The officer reported that on the 26th June 2023 the VCSE sector organised and led a partnership event to launch the Memorandum of Understanding (MoU), which provided the opportunity for 200 plus attendees to feed in questions and suggestions in sessions focused around Start Well, Stay Well and Age/Die Well. The outputs were being collated and would provide a source of information for each of the partnership groups leading on the development of plans.

The lack of fully aligned capacity with knowledge and skills to deliver against the ambitions was a potential barrier to implementation. The leaders for the three areas were working through these challgenges; some of the issues and opportunities were highlighted:

The challenge of **supporting service improvement and change management resources** where needed and enabling staff to work across organisations

There was a **strong local community and voluntary sector** which promoted "listening" to the communities and hearing about personal experiences enabling co-production of services and solutions

There was an opportunity to make the most of established **providers of prevention interventions** to increase the benefits they offer to communities.

The HWB commented on the report, observations included recognition of the value of input from the private and voluntary sector. The officer confirmed that the VCSE perspective was already involved; the feedback from the event on 26 June 2023 was really helpful. The suggestion of workshops and joint meetings of the HWB would be useful. The role of the public sector was to be an anchor institution, rooted in place and thinking about how to work best with the community, also trying to engage private businesses across the city.

Another officer described the complicated and complex improvements being developed which needed at least six months of mapping to avoid duplication; there was a need to have clarity on the roles of the different organisations involved. The mapping would be done and then brought back to the HWB for review.

A Board member suggested that some areas would need more funding and queried the decision making process. The officer explained the work was insight led, there were also statutory requirements to be undertaken and pressure from regulators. A councillor was concerned that there would be complex cross sector grievance processes and suggested that "enabling resource needs support to shift from focusing on organisational priorities **to focusing on geographies and integration**" and should also include "**outcomes**".

The officer thanked the Board for their comments and explained that the report was to inform the HWB of the Integrated Care Strategy and enable them to contribute to its effective implementation to ensure alignment and joint effort on shared priorities.

The Board agreed to note the report

5b Update from the Integrated Care Board (ICB)

The Board received a report the Chief Executive Officer NHS Derby and Derbyshire ICB. The report provided the HWB with an update on current priorities of NHS Derby & Derbyshire ICB and broader policy matters affecting the NHS.

The officer highlighted the current priorities of the NHS:

The NHS had been working on the first version of **the NHS Joint Forward Plan** which had been published on 30th June 2023. The Joint Forward Plan (The Derby and Derbyshire NHS' Five Year Plan), was a statutory requirement of ICBs and describes a medium term plan for the delivery of Joined Up Care Derbyshire (JUCD) strategic aims and priorities alongside other strategic priorities for the NHS. The HWB contributed to its creation and will be asked to contribute again when the plan was refreshed, the alignment between it and other partnerships plans.

The NHS system in Derbyshire had submitted a **balanced Financial Plan for the 2023/24 year**. The Plan required the delivery of £136.1m of in-year efficiencies and these have been phased based on an increasing rate of deliver as the year goes on. It was expected that ongoing industrial action will impact on the position.

The NHS Workforce Plan sets out an expansion in training, changes to ways of working, and improvements to culture that will increase the NHS permanent workforce over 15 years. There will also be an expansion in the number of new roles, like physician and nursing associates.

The GP Access Recovery Plan published on 9 May 2023 sets out NHS England's commitments to providing solutions to early morning difficulties for patients getting GP appointments and making it easier for patients to access primary care.

NHS England has published new guidance on its Annual Assessment of ICBs.

The ICB Board new appointments were detailed.

The HWB congratulated the NHS on its 75th Birthday and also noted and welcomed the new ICB Board appointees. The HWB asked for an update on NHS@75 which aimed to help

shape the future NHS. The officer explained it was a survey circulated across the NHS and partners seeking views on past successes, what worked well now, and what should be the future focus. All colleagues needed to be clear on the view to work for prevention and how to change in line with care needs now. A Board Member asked what retention was like in the current NHS workforce, do we retain local nurses? The officer explained that retention was a challenging and varied according to specialism. The Board member was invited to join meetings of an ICB Committee looking at retention and development of staff.

The officer asked the HWB to note the report and changes in NHS locally.

The Board agreed to note the report.

06/23 Update on Move More Derby, the physical activity plan for Derby

The Board received a report and presentation from the Director of Public Health which gave an update to the HWB on the refresh of Move More Derby's Physical Activity & Sport Strategy which was due to end in 2023.

The officer reported that the refresh of Move More Derby would re-energise local local ambitions around physical activity, after the impact of the Pandemic, and would prioritise moving over traditional sport and exercise. It would provide an opportunity to work together across Derby to deliver joint goals and a compatible approach for physical activity.

In Derby during 2021/22, 29.3% of adults did less than 30 minutes of activity per week. Derby currently has significantly higher levels of inactivity than the national average of 25.8%. For children during 2021/22 the average was 48.8% who do not achieve the recommended 60 minutes per day.

The Move More Derby Plan was a designed to deliver against the HWB outcome indicators to "improve participation in physical activity" and to "Improve the number of children and adults who are a healthy weight; Improve mental health & emotional wellbeing; and Improve air quality".

The development of Move More Derby and its whole-systems approach led to the development and delivery of place-based approaches and locality working. The approach did not use individual intervention to tackle behaviour but used environmental and social factors together, such as giving people access to high quality green space where they could be active.

There are five priority areas in the plan:

- **Communities** create and promote access to opportunities and programmes across multiple settings to help people of all ages and abilities to engage in regular physical activity.
- **Environments** creating and maintaining accessible, safe, and inclusive places and environments for physical activity.
- **Partnerships** work collaboratively across organisation and community boundaries

with local sports and physical activity organisations, health providers, community organisations, promoting joined up activity to support local residents to access physical and mental health benefits of a healthy lifestyle.

- **People** focus on enabling local and accessible opportunities for everyone to be active, particularly supporting older and disabled people and people with long term health conditions.
- **Sport and Leisure** ensure residents have access to local high quality indoor and outdoor sport and leisure facilities

The Board welcomed the report and presentation. They asked if the project would involve private provision. The officer explained the aim was to connect capability, capacity, and assets to bring people together to benefit the health and wellbeing of people in local communties, creating HWB Hubs rather than just sports centres. A committee member gave positive feedback on experience of a similar scheme provided in a different city. The officer highlighted that the way of working was more integrated with information sharing between partnership organisations.

The Board suggested that the preferred option of governance arrangement was not articulated in the report and the authors were asked to amend the report accordingly. However, they did agree both recommendations.

The Board agreed:

- 1. To proceed with the preferred option for the govenance arrangement for the Move More Derby delivery plan as the plan to deliver against the priority population outcome indicators of the Derby Health & Wellbeing Board and Joined Up Care Derbyshire.
- 2. To approve the proposed priority themes for the Move More Derby delivery plan of Communities Environment Partnerships People and Sport & Leisure.

07/23 Better Care Fund Update

The Board received a report from the Strategic Director of People Services which provided the HWB with the proposed plan for the Derby Integration and Better Care Fund (BCF) for 2023-25.

The officer reported that this was a well established fund in the city. It was one of the government's national vehicles to drive health and social care integration. There were 2 core objectives, which were to enable people to stay well, safe and independent at home for longer, and to provide people with the right care and the right place and right time. The NHS and local authorities work together to achieve these objectives. The BCF requires Integrated Care Boards and local government to agree the Better Care Plan and create a pooled budget to support integration between health and social care.

There are a number of national conditions that must be satisfied for the BCF plans to be assured by DHSC. The assurance process was ongoing. The national conditions for the BCF in 2023 to 2025 are:

- There was a jointly agreed plan between health and social care commissioners, signed off by the HWB
- The plan implements BCF Objectives 1 and 2
- The plan demonstrates maintenance of the NHS's contribution to the BCF and investment in the NHS commissioned out of hospital services.

Appendix 1 to the report gives a summary of the "Planning Submission" which was submitted to the Department of Health and Social Care (DHSC) in June 2023, and Appendix 2 provides a copy of the "Narrative Plan" which was also submitted. In Appendix 1 the new Performance Metrics were detailed, they would be used to define the performance of the BCF and included Discharges, Hospital Admissions, Falls and Re-ablement.

Board Members made the following comments and guestions. They asked about communications and information and if there were communication gaps. The officer confirmed that getting information and understanding out to people about where to access services, was challenging. They have a statutory duty to provide information and advice which was discharged through a variety of means, including information websites. GP Surgeries and Libraries and Local Area Co-ordinators (LAC). A Board Member explained that older people might need more help as they cannot use technology. An officer explained that the BCF was a major pooled budget between NHS and Local Authorities; this would be the vehicle used to deliver the Integrated Care Strategy. It involved communication as well as providing services. There was a complicated care landscape, perhaps the BCF for next year should place more emphasis on communications. Another Board member suggested providing a crib sheet of vital services and how to reach them for the Voluntary and Faith Services. The pressures on the housing area were highlighted. It was explained that there was not sufficient funding to cover all issues but the housing area could be considered in the review. The officer explained that BCF funding was heavily prescribed about what services are allowable, but there was a definite commitment to a review with the caveat that government prescribed services must be undertaken. A Board member felt the BCF was a good vehicle, the report aligns well to age well/die well. The BCF approach was endorsed. The officer accepted all the views and recommendations suggested and would welcome further discussion.

The Board resolved to approve the proposed spend and performance objectives for the Better Care Fund for 2023-25 in line with the national expectations for the programme set by the Department of Health and Social Care (DHSC).

Items for Information

08/23 Recent Healthwatch Publications

The Board received two reports from the Chair of Healthwatch Derby. The reports purpose was to provide the HWB with an overview of the Healthwatch Derby Patient Advice and Liaison Service (PALS) experiences 2023 mini report and Healthwatch Medicine Order Line experience 2022

8a Patient Advice and Liaison Service (PALS)

The officer reported that the report was a snapshop of experiences based on a relatively small sample of people (20).

56% called to raise a complaint about a service provider
28% called for advice about a bad experience
50% used the telephone to contact PALs
33% used email to contact PALs
44% said that experienced difficulty contacting PALs
44% said they found it easy to contact PALs

The report was shared with PALs and the wider Health and Social Care system to raise awareness.

The situation regarding telephone contact had been resolved and no further issues had been reported. Staffing levels have been increased to support contacts.

Due to the size of the sample it was difficult to form conclusions, but a further survey was recommended.

Healthwatch Derby were thanked for the report

The Board noted the report.

8b Medicine Order Line Experiences 2022

The officer reported that the Medicine Order Line (MOL) was a way for patients to order repeat prescriptions over the phone. The aim of the project was to work with the MOL Team to find specific information to assist them to improve the way the service was run.

Overall the results were positive, the majority of people who used the service said they would recommend it to others. The staff were helpful and friendly and the speed of service was good.

Areas highlighted for improvement were:

- The length of time to get through to the service on the phone
- Increased staffing levels
- General communications
- Accessibility for the hard of hearing.

The survey was open between December and January 2022-23 and 87 responses were received. The report was being discussed and used for learning purposes with MOL; a follow up was planned for later this year.

The HWB thanked Healthwatch Derby for the report. MOL was an important service built over many years and was a success story in reducing waste of medicines. The report was commensurate with the ICB view of the service.

Healthwatch Derby should bring a follow up report to the HWB for a formal response.

The Board considered and noted the contents of the report.

09/23 Derby and Derbyshire NHS' Five Year Plan 2023/24 to 2027/28

The Board received a report of the Executive Director of Strategy and Planning which provided a summary overview of the Derby and Derbyshire NHS' Five Year Plan 2023/24 to 2027/28.

The officer explained that the summary overview and content of the Plan built upon a previous briefing shared with the Derby Health and Wellbeing Board. The HWB will be asked to contribute again when the Plan was refreshed in the Autumn. The alignment between this plan and other partnerships plans was noted.

The HWB received the initial Derby and Derbyshire NHS Five year Plan and would respond to the draft version of the updated plan in Autumn 2023 to the ICB and its partner trusts.

The Board noted the report and would respond to the draft version of the updated Derby and Derbyshire NHS' Five Year Plan in Autumn 2023

10/23 Update of the Derbyshire Health Protection Board

The Board received a report of the Director of Public Health which provided an update and overview of the key discussions and messages from the Derbyshire Health Protection Board.

The officer reported that the Derbyshire Health Protection Board met on the 23rd June 2023. The key points of note for information were highlighted for the HWB.

- An update to the Derby and Derbyshire Air Quality strategy was reviewed
- Work has begun to develop the Health and Protection Strategy
- An update was provided on the pathway for people with tuberculosis
- The planned delegation of Immunisation Services was discussed
- It was noted that a new provider for school aged immunisations would be in place from the Autumn Term
- A system-wide Infection Prevention and Control Implementation Group was being established.
- The Flu vaccination uptake for pre-school children was lower nationally and locally thant 2018/19. The Vaccination and Immunisation Delivery Board will focus on improving this alongside the MMR uptake.
- The spring COVID booster programme achieved around a 70% uptake so far.
- Work was underway to improve the MMR vaccine uptake across the City

The Board resolved to note the report.

Private Items

None were submitted.

MINUTES END