Time started -6.00pmTime finished -8.53pm

## ADULT SERVICES AND HEALTH COMMISSION 19 JANUARY 2009

Present: Councillor Hussain (Chair) Councillors Baxter, Keane, Marshall, Nath, Tuplin, Turner and Winter

In attendance: Councillor Skelton

#### 62/08 Apologies for Absence

There were no apologies for absence.

#### 63/08 Late Items Introduced by the Chair

There were no late items.

#### 64/08 Declarations of Interest

There were no declarations of interest.

#### 65/08 Minutes

The minutes of the meeting held on 17 November 2008 were received as a correct record and signed by the Chair.

#### 66/08 Call-in

There were no items.

#### Items for Discussion

#### 67/08 Update on the Commission's Work Programme

The Commission considered a report from the Director of Corporate and Adult Social Services on Update on the Commission's Work Programme.

#### Resolved

- 1. To approve the Commission's report on the Review of Mental Health Services Budget Overspend.
- 2. To agree the terms of reference of the Handy Person's Scheme.

#### 68/08 Unit Cost of Residential Care Home

The Commission considered a report from the Chair of Adult Services and Health Commission on Unit Cost of Residential Care Home. There are currently eight residential care homes in the City managed by the Council which between them offer various types of provision including long term and short term stay. Council provision is generally considered to be more secure and offer good value for money even though we have a higher proportion of our residents in the independent sector. Vacancy in our care homes fluctuate due to some people moving into high dependency settings or reaching end of their natural lives and their places filled by new occupants.

Members concern was if the beds in the home were empty this could potentially cause a loss of income and cause the unit cost of the bed to increase.

The Director of Corporate and Adult Services reported that the authority was due to publish the Residential Home Strategy, a review of care homes in the city and that this would provide more detail for all members regarding all of the care homes.

## Resolved that report be noted and further detail be provided from the Residential Home Strategy.

### 69/08 Budget Scrutiny

The Commission considered a report from the Director of Corporate and Adult Services on Budget Scrutiny. In 2007 / 8 Adult Social Care overspent by £2.8m, this occurred despite actions taken in year to control the financial pressure and significant in year savings totalling around £2.5m. The year ended with an overspend of £2.8m. The budget position was subject to detailed scrutiny by the Commission in October 2007 and Members indicated that they wished to maintain services at least at existing levels. The budget subsequently prepared and agreed for 08/09, 09/10 and 10/11 was therefore based on maintaining existing levels of services. In so doing it allowed for an expected 6% growth in home care activity. It also anticipated the need for increased investment in dementia services linked both to demographic change and the expected National Dementia Strategy. Members raised concerns about the perceived reduction of approximately £4m in this year's Adult Social Services budget and seek clarification on this position. The Chair explained that he had carried out initial research and found that when comparing proposals for this year's budget with that approved by the Council in March 2008 he noticed a significant difference between the two. The Summary Revenue Budget 2008/2009 for Adult Services presented at the 19 February 2008 Council Cabinet meeting and subsequently agreed by the Council approved a budget of £54.471m for Adult Services whilst this year's proposal is £52.956m a reduction of £1.515m. The proposal to increase the Council Tax by 4.9% equates an overall increase in the Council's revenue budget of 4.4%. If this was applied across the board to all services, the Adult Services budget should increase by £2.4m to £56.87m and not be reduced to £52.956m. Furthermore the re-introduction of home care charges should derive a further £2m in 2009/10. These two sources should have led to an increase in the base budget and not a reduction as has been the case for this year.

#### Resolved that the Commission seek clarification on the perceived reduction in the budget and seek full transparency in how the budget is put together.

#### 70/08 Mainstream Health Services for People with Learning Disabilities

The Commission received a presentation from Jackie Fleeman, Derbyshire Mental Health Services Trust on Healthcare of Adults with Learning Disabilities. It was reported that nationally people with learning difficulties have worse health than the general population and that an independent inquiry into access to healthcare for people with learning disabilities had been set up by the Secretary of Sate to focus on the action needed.

The Commission were informed that Derbyshire County Council's Healthier Communities Improvement and Scrutiny Committee were due to meet in late January and had been asked to support the work of the Derbyshire Learning Disability Partnership Board. This included setting up a review and looking into the experience of people with learning disabilities using healthcare services. It was expected that the review will be completed by April 2009.

The Commission requested that the once the review had been completed by Derbyshire County Council a report of the findings be presented to the Commission.

#### Resolved to note the presentation.

### 71/08 Provider Services – Direction of Travel

The Commission received a presentation from the Prem Singh, Director of the PCT on the Future of NHS Derby City Provider Services. Detail was provided to the Commission on the progress to date and the way forward. It was noted that the Psychological Therapies public consultation was currently out to tender and that the planned market testing for alcohol services public consultation was planned for February to May 2009.

Members requested that the PCT continue to work with the Commission and that a progress report be provided to the Commission in 6 months time.

#### Resolved to note the presentation and receive a further report in 6 months.

#### 72/08 Dementia Care and Support Services

The Commission considered a report from the Director of Corporate and Adult Services on Dementia Care and Support Services. The number of people living with dementia was increasing as the population ages. It was estimated that, at the present time, 2,800 people in Derby are experiencing dementia and this will rise year on year (39% rise expected by 2025). Dementia affects many and varied aspects of a person's physical and mental health and well-being, and that of their family. In particular older people who care for their husband / wife with dementia will often be placed under considerable physical and emotional pressure.

The Commission noted that they fully support the development of the strategy for dementia care and commended the production of the report to start the process. It was reported that the development of dementia care services was shown as a budget pressure of £250,000 for 2009/10 in the budget proposals.

#### Resolved

- 1. That the Commission note progress to date in the local development of dementia services and comment on investment priorities.
- 2. That the Commission fully support and commend the development of a Derby Dementia Care and Support Strategy, jointly with NHS colleagues and the likely increased investment in dementia care and support services during 2009 – 12.

#### 73/08 Carers' Support Services

The Commission considered a report from the Director of Corporate and Adult Services on Carers' Support Services. The level of support offered to family /

friends who provide informal care for others is critical in enabling people to continue to live at home, and enjoy the best possible quality of life. Informal carers (family, friends) provide care willingly because of their relationship to the cared for person, but often need support themselves to enable them to continue to do so. It was estimated that around 7,500 adults in Derby provide 20 hours per week or more of care / support to a friend or relative. Without this support it was highly likely that significant additional local authority funded services would be required. It was estimated that a further 15,300 adults in Derby provide care to family or friends for up to 20 hours per week. Research suggests that caring for another person for 20 hours per week has a significant impact on the quality of life and health / well-being of the carer. Local Authorities and NHS organisations should therefore ensure support is available to the carer.

## Resolved that the Commission support the development of a Carers Strategy 2009 – 2012.

### **Exclusion of Press and Public**

To consider a resolution to exclude the press and public during consideration of the following items

"that under Section 100(A) of the Local Government Act 1972, the press and public be excluded from the meeting during discussion of the following items on the grounds that they involve the likely disclosure of exempt information as defined in paragraph 7 of Part 1 of Schedule 12A of the Act and that the public interest in maintaining the exemption outweighs the public interest in disclosing the information"

# 74/08 Progress Report on Mental Health Case and Action Plan Implementation

The Commission received a progress report on a mental health case and the action plan that had been implemented.

#### Resolved to note the report.

#### 75/08 East Midlands Joint Health Overview and Scrutiny Committee

The Commission received a report on the Joint East Midlands Health Scrutiny Committee Protocols. It was reported that where a local NHS body consults more than one overview and scrutiny committee pursuant to regulation 4 of the Regulations on any proposal it has under consideration for a substantial development of the health service or a substantial variation in the provision of such service, the local authorities of those overview and scrutiny committees shall appoint a joint overview and scrutiny committee for the purposes of the consultation.

## Resolved to agree the protocols for the Joint East Midlands Health Scrutiny Committee.

### 76/08 Health Briefings

Resolved to note the briefings provided for information to the Commission.

## **Retrospective Scrutiny**

#### 77/08 Identify Items for Retrospective Scrutiny

There were no items identified.

## **Council Cabinet Forward Plan**

#### 78/08 Council Cabinet Forward Plan

There were no items identified.

79/08 Responses of the Council Cabinet / Health Bodies to reports of the Commission

There were no items.

# 80/08 Matters referred to the Commission by Council Cabinet

There were no items.

MINUTES END