



Proposed Changes to Livewell Service - Consultation

SUMMARY

- 1.1 Despite the £109m savings already achieved between 2013/14 and 2018/19, the Council still has a £9.6m gap in its budget for 2019/20. A number of proposals have been, and continue to be, developed to meet this gap to ensure that the Council meets its responsibility to set a balanced revenue and capital budget for 2019/20.
- 1.2 This paper sets out the Council's savings proposals in relation to its lifestyle, behaviour change and public health prevention offer and associated public consultation.
- 1.3 Since 2015, the Public Health Grant has reduced annually in real-terms by 4.7% and will continue to do so until 2020. In 2019/20 the Public Health Grant allocation to the Council will reduce by £509k.
- 1.4 Livewell is the Council's lifestyle, behaviour change and Public Health prevention offer. At a current cost of £1m per year, it delivers: smoking cessation; community Health Checks; weight management for adults and children; physical activity interventions; cardiac rehab; and lifestyle interventions for individuals with learning disabilities. Over 3000 individuals a year access the interventions delivered by Livewell.
- 1.5 To support the Council in meeting its responsibility to set a balanced revenue and capital budget for 2019/20 it is proposed that the spend on Livewell is reduced by £400k in 2019/20.
- 1.6 The proposed changes will impact both on Livewell's scale, with fewer clients able to access the service as well as a reduction in the range of interventions offered.
- 1.7 Council Cabinet approved the start of appropriate consultation processes and public consultation on a number of proposals, including Livewell, opened week commencing 5 November. The consultation will be open for 12 weeks and will close at the end of January 2019.
- 1.8 On closure of the consultation, responses will be analysed and reported. This will inform the final budget proposals that will be submitted to Council Cabinet for approval on 13 February 2019.
- 1.9 If approved, the proposed changes would take place in the financial year 2019/20.

RECOMMENDATION

- 2.1 To note the current proposal to reduce spend on Livewell provision to support the Council in achieving its responsibility to set a balanced budget for 2019/20.
- 2.2 To ask that members of the Health and Wellbeing Board (HWB) participate in the current consultation and promote the public consultation to relevant key partners and stakeholders.

REASONS FOR RECOMMENDATION

- 3.1 To support the HWB in meeting its responsibility to encourage integrated working – through promoting an ethos of integration and partnership in the planning, commissioning and delivery of services to improve and protect the health and wellbeing of the population of Derby and reduce health inequalities.
- 3.2 To ensure the proposals outlined are duly and appropriately considered and consulted to ensure that the Council meets its duty to consult and that decision-making is effectively supported and robust.

SUPPORTING INFORMATION

- 4.1 The Council has saved £109m between 2013/14 and 2018/19. A report to Council Cabinet in July 2018 reported that, despite the significant savings already achieved, we have a potential gap of £22.8m across the 2019/20 – 2022/23 period.
- 4.2 Positive progress has been made, the previously identified July position of £22.8m has been revised with pressures; savings and funding forecasts updated to give an overall gap of £19.2m of which £9.6m of savings have been identified leaving a £9.6m gap at this stage.
- 4.3 A number of proposals have been, and continue to be, developed to meet this gap. This is an extremely challenging process which will require some very difficult decisions to be made.
- 4.4 These decisions must be made to ensure that the Council meets its responsibility to set a balanced revenue and capital budget for 2019/20 by March 2019.
- 4.5 This paper sets out the Council's savings proposals in relation to its lifestyle, behaviour change and public health prevention offer and associated public consultation.
- 4.6 Livewell is the Council's lifestyle, behaviour change and Public Health prevention offer. At a current cost of £1m per year, it delivers: smoking cessation; community Health Checks; weight management for adults and children; physical activity

interventions; cardiac rehab; and lifestyle interventions for individuals with learning disabilities. Over 3000 individuals a year access the interventions delivered by Livewell – and it is considered an award winning national model of excellence in its field. Further information on Livewell, its services and outcomes can be found in the recently published [Livewell Annual Report 2017/18](#) and [Evaluation of the Active Schools Programme](#).

- 4.7 Livewell is currently funded through the Public Health Ring-fenced Grant received by the Council to deliver its public health responsibilities. Since 2015, the Public Health Grant has reduced annually in real-terms by 4.7% and will continue to do so until 2020. In 2019/20 the Public Health Grant allocation to the Council will reduce by £509k.
- 4.8 With the exception of Health Checks, the services delivered by Livewell are non-statutory.
- 4.9 There had been a standing proposal since 2016/17 in the Medium Term Financial Plan (MTFP) of the Council to withdraw funding from Livewell at the end of March 2018. Following last year's budget consultation, it was agreed that the level of provision and funding should be continued at a value of £1m to maintain the service in 2018/19.
- 4.10 The Medium Term Financial Plan 2019/20 - 2022/23 – Update presented to Council Cabinet on 24 October set out the proposed initial savings plans which includes a proposal to reduce the Council's spend on Livewell by £400k. At this meeting, Cabinet approved the start of appropriate consultation processes, including collective consultation, to deliver these savings and the preparation of an Equality Impact Assessment of the impact of a decision to deliver these savings.
- 4.11 Public consultation on a number of proposals, including Livewell, opened week commencing 5 November. The consultation will be open for 12 weeks and will close at the end of January 2019. Details of the consultation and how to participate can be accessed at www.derby.gov.uk/yourcityyoursay or by calling 01332 640000 to request a questionnaire.
- 4.12 The changes proposed impact both on Livewell's scale, with fewer clients able to access the service as well as a reduction in the range of interventions offered by Livewell. Within the current proposal, the following services are proposed to end in 2019/20:
- Active Supporters (Men's Health)
 - Cardiac Rehabilitation Phase 4
 - GP Out of Hours delivery
 - Council staff Wellbeing MOT and Workwell Programme.
 - Tier 3 bariatric surgery pathway (element of adult weight management provision).
 - Respiratory ward clinic (element of smoking cessation provision).
 - Support for Mental Health Nicotine Replacement Therapy costs (element of smoking cessation provision).

The remodelled service will, however, continue to deliver the following 'core' delivery:

- Weight management interventions will remain (a reduction in clients from 750 to 500). Body Mass Index (BMI) criteria remains at 30.
- Child weight management remains (5-17yrs) – number of children reduced from 150 to 75.
- Smoking cessation – remains, but reduction in number of 4 week quits from 1250 to 600 (maintaining Nicotine Replacement Therapy (NRT) offer).
- NHS health checks (community) remain – number reduced from 1000 to 500.

As well as the following specialist services:

- Active Schools remains (reduction of 6 schools to 3).
- Liveability (LD) weight management remains.

Whilst provision of these services will continue, the scale of delivery is proposed to reduce.

The Consultation about the future of People's Services in Derby – Consultation Document (Appendix 2) attached sets out in further detail Livewell's current services and what they deliver as well as detail of the proposed changes to the service in 2019/20.

- 4.13 A reduction in staff, venues, opening hours (including call centre) and focussing resources primarily in areas of deprivation will have an impact on accessibility to the service with many people having to travel further and also a reduction in choice.
- 4.14 It is unlikely that the reduced service be able to meet the full demand of the population and as a result is likely to create longer waiting times. There is also the possibility of the service periodically becoming full requiring temporary closure to new clients.
- 4.15 To mitigate the risks of reduced provision, the service will target those at highest risk and would benefit most from the service.
- 4.16 To fully understand the risks and potential impact of the proposals as well as support for the proposals, all key stakeholders are being consulted with as part of the consultation process. The implications of the proposals will have varying implications for different stakeholders. To ensure these implications are appropriately considered, a communication plan is in place to ensure key stakeholders are appropriately consult consulted. Appendix 3 outlines the stakeholders included within the communication plan. The People's Services Savings Proposals Consultation questionnaire is attached (Appendix 4) for information.
- 4.17 In summary, the consultation asks the public and key stakeholders to consider:
- Whether they agree with the proposal to refocus the Livewell service.
 - Whether they agree with each of the proposed changes to the Livewell service.
 - Their views on who the proposed changes will affect.
 - Any other ideas or alternative suggestions about how these services can be delivered differently in the future.
 - Whether they have any other comments or concerns about the proposal.

- 4.18 On closure of the consultation, responses will be analysed and collated. The findings of which will inform the final budget proposals that will be submitted to Council Cabinet for approval on 13 February 2019.
- 4.19 Members of the Health and Wellbeing Board are asked to participate in the current consultation on the proposed changes to the Livewell service currently open to support the Council in considered and robust decision-making and ensure compliance with its statutory obligations in respect of consultation.

OTHER OPTIONS CONSIDERED

- 5.1 The ending of all Council funding of Livewell was considered as it is primarily a non-statutory provision. This option was not supported given:
- the need evident within the local population;
 - the likely impact on health and care provision;
 - the risk to the Council's ability to meet its duty to improve the health of the local population and reduce health inequalities.
- 5.2 Consideration was also given to reducing the funding of Livewell to a value of £300k. On review, it was considered that no meaningful prevention offer for the city could be delivered at this value, and that the Council would be unable to meet its statutory prevention targets i.e. statutory NHS Health Checks (of which Livewell is a key contributor). Funding of £600k per annum is considered the minimum 'critical' mass to ensure a meaningful delivery offer.
- 5.3 The concept of Livewell partially sustaining itself through a sold service/commercialisation model has also been explored. At its current size – and definitely if further capacity is removed – the economies of scope and scale are insufficient to make this a viable option at this point in time.

This report has been approved by the following officers:

Legal officer Financial officer Human Resources officer Estates/Property officer Service Director(s) Other(s)	Alison Parkin, Head of Finance (Children and Young People) Liz Moore, Head of HR Cate Edwynn, Director of Public Health Andy Smith, Strategic Director of People Services Rob Smithers, Livewell Treatment Manager.
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	Robyn Dewis, Consultant in Public Health Medicine.
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For more information contact:	Alison Wynn, Assistant Director of Public Health, 01332 643106. Alison.wynn@derby.gov.uk
Background papers:	Livewell Annual Report (link: https://www.livewellderby.co.uk/sites/default/files/Livewell%20Annual%20Report%20Final%20v3.pdf) Evaluation of the Active Schools Programme (link: https://www.livewellderby.co.uk/sites/default/files/Active%20Schools%20Complete%20FULL.pdf)
List of appendices:	Appendix 1 – Implications. Appendix 2 - Consultation about the future of People’s Services in Derby – Consultation Document – see Item 11 Appendix 3 – Key Stakeholders –Outline Communications Plan Appendix 4 – People's Services Savings Proposals Consultation Questionnaire – see Item 11

IMPLICATIONS

Financial and Value for Money

- 1.1 Since 2015, the public health grant has reduced annually in real-terms by 4.7% and will continue to do so until 2020. There will be a reduction of £509k to the Public Health Grant received by the Council in 2019/20.
- 1.2 There is an unequivocal evidence base supporting investment in prevention activities and their significant return on investment. This is captured in detail within the 'STP prevention business case' where ROI ranges from £1:4 to £1:14 for interventions that include smoking cessation, physical activity, diabetes detection and social inclusion.

Legal

- 2.1 Lifestyle and behaviour change provision, such as delivery of smoking cessation services, are not a statutory duty of the Council. The Council does, however, have a duty to provide or make arrangements to provide NHS Health Checks for eligible people. Livewell currently delivers part (community-based) of this provision.
- 2.2 The Council, under the Health and Social Care Act 2012 has a duty to take appropriate steps to improve the health of the people who live in their areas.
- 2.3 The Health and Social Care Act 2012 established Health and Wellbeing Boards as statutory committees of all upper-tier local authorities to act as a forum for key leaders from the local health and care system to jointly work to:
 - improve the health and wellbeing of the people in their area;
 - reduce health inequalities; and,
 - promote the integration of services.
- 2.4 The Council has a statutory obligation in respect of consultation.

Personnel

- 3.1 Should the proposal outlined and currently being consulted on ultimately be agreed, it will require a reduction in staff employed to deliver Livewell interventions. This paper relates specifically to a public consultation. Staff are entitled and encouraged to participate in this consultation. Consultation with staff and Trades Union representatives on the proposal will also be carried out in line with the Council's Consultation, Restructuring and Redundancy Policy.

IT

- 4.1 There are no IT implications from this report.

Equalities Impact

- 5.1 Livewell currently provides services to a wide range of clients from across the city including those who are socially and/ or economically disadvantaged, vulnerable groups and those at high risk of poor health and health inequalities. A comprehensive Equalities Impact Assessment will be carried out to determine the impact of the proposed reduced provision.

Health and Safety

- 6.1 There are no Health and Safety concerns arising from this paper.

Environmental Sustainability

- 7.1 There are no Environmental Sustainability implications arising from this report.

Property and Asset Management

- 8.1 There are no Property and Asset implications arising from this report.

Risk Management and Safeguarding

- 9.1 Risks (primarily political, legal and reputational) have been considered as part of the process to-date, with the proposal identified aiming to mitigate these risks as far as possible and will continue to be assessed through the consultation and decision-making process.

There are no adult safeguarding issues identified within this report. There are safeguarding risks identified relating to a small, but rising number of children and young people who are morbidly obese in the city. There has been a recent child death attributable to obesity. Any risks relating to this as a result of the proposed reduction will be considered through consultation with relevant stakeholders and through the final decision-making process.

Corporate objectives and priorities for change

- 10.1 This report supports the Council Plan objectives that all people in Derby will enjoy good health and wellbeing via good quality services that meet local needs.