

# Health briefing

Area Panel 2

March 2005

## Welcome to the PCT Health briefing

Central and Greater Derby Primary Care Trusts (PCTs) work together to improve the health of people across the city, and make sure the health services they need are available. Their job is to:

- work out what is needed to improve local people's health
- provide some services themselves – such as community services including clinics, district nurses, children's services and health visitors
- buy some services from others – such as larger hospitals and specialist treatments.

The PCTs will be providing a local Health Briefing for each Area Panel meeting. If you have any questions you can either direct them through the Area Panel manager, Bill Reed on 01332 258501 or contact us direct:

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In this issue you'll find details of:

- Local pharmacy support for stopping smoking
- Alvaston and Boulton Centre
- Village Street/Austin development

## Local Pharmacist Supports Stopping Smoking

Community pharmacists across Southern Derbyshire are now able to provide free advice, support and access to nicotine replacement therapy for people wanting to quit smoking.

Sixty-five pharmacies have received training from the local Fresh Start service, which is funded by the Primary Care Trusts across Southern Derbyshire. This training allows the pharmacies to offer the stop smoking scheme. Lock Pharmacy, Chellaston Road, Shelton Lock and Cohen's Chemist, Stenson Road are two of those involved.

Community pharmacy staff can offer behavioural support to smokers who want to quit. A weekly support service is offered over eight weeks using consulting areas in their shops to maintain privacy. As well as preparing smokers for their quit day, they will also be able to offer ongoing support and advice throughout the quit attempt to help people through difficult situations. In addition, staff will also be using carbon monoxide monitors. As with all Fresh Start services, NRT is available and will cost no more than a prescription for a week's supply.

## Alvaston and Boulton Resource Centre

Work is continuing to develop a new resource centre which will provide a base for a surgery, a new base for existing services currently located at the Boulton Clinic and space for a wide range of other health, social care and related services such as:

- Outpatients
- Coronary heart disease clinics
- Blood tests
- Chronic disease management such as diabetes, asthma and high blood pressure
- Physiotherapy and occupational therapy
- Chiropody
- Dental services
- Family planning services.

The PCTs are currently drawing up plans to further involve the local community in these developments – watch this space for details.

### **Village Street/Austin development**

On the border of Area 2 a new centre is also being developed. The full range of services currently available at the Village Street surgery will be re-provided and a wider range of community services will be offered. These include:

- Physiotherapy treatments
- Dental services
- Near patient testing e.g. Blood tests, heart traces
- Minor treatment facilities
- Ophthalmology
- Meeting facilities for staff and patient groups

The PCTs are holding an open event on 6<sup>th</sup> April for the local community to find out more and have a say about the proposals. Drop in to St Giles' Church Hall on Browning Street any time between 1.00 and 3.00 in the afternoon or

between 5.00 and 7.00 in the evening of the 6<sup>th</sup>.

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Link Director:  
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