

Appendix 3 Final Grant Funding Outcomes

Grant funded services will assist vulnerable and disadvantaged people to improve their health and wellbeing and manage risks to their independence. These risks may arise from one or a combination of factors, for example, physical and mental health issues, unhealthy lifestyle, a fall, financial problems, being a victim of crime, bereavement, isolation or a breakdown in the network of support they receive from friends, family and their community.

We want to support services that consider both the needs of individual service users and their capacity to assist themselves. Interventions provided by grant funded services must build on an individual's skills, knowledge, relationships and ability to support themselves and to develop their own ways to ensure their health, wellbeing and retaining independence.

Grant funded services must demonstrate they meet one or more of the following priorities:

1 Priority for Prevention

Services will:

- Maximise service users ability to live independent lives without being dependent on health and social care services for support
- Support service users to access community based NHS and care services to minimise planned and unplanned admissions to hospitals and care homes
- Support service users to identify, plan for and manage risks so that they can :
 - Reduce the risk of a health or other crisis that would affect their ability to be independent, and/or
 - Recover from a crisis and/or
 - Manage a long term health condition

2 Person Centred Support for Independence

Services will:

- Support people to help themselves to develop healthier lifestyles by accessing information, support, education and access to other services within the community
- Be person centred and organised around the needs of individual service users
- Be designed together with the users of services and their carers

3 Building on Individual and Community Assets

Services will:

- Support individuals to establish and develop supportive networks within their friends, family and community – where they can receive support and provide support to others
- Support voluntary sector groups to develop networks and joint working to improve their effectiveness, sustainability and ability to support the local community

- Support the development of 'recovery and wellbeing' networks that support people with a mental health problem to gain the skills and confidence they need to overcome their illness
- Support service users to develop their own ways to improve their health and wellbeing – building on skills, interests, abilities of their service users and the relationships that support them