Derby City Partnership NHS Derby City Gender and sexuality diversity forum

Sexual health and teenage pregnancy

Sheila McFarlane Commissioner for teenage pregnancy

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Policy context

Previously

Teenage Pregnancy

• Reduction of unplanned under 18 conceptions and improved support for teenage parents and their children

Sexual health and HIV

Reduce the transmission, prevalence, stigma of HIV and STIs. Improve health and social care for people with HIV

The Future ...

Early intervention, child poverty, improve public health, reduce health inequalities, GP commissioning





Evidence: rise in STIs

Two thirds of new STI diagnoses were in women under 25. (2009)

In men in the East Midlands, over half of new STI diagnoses were in under 25s (2008)

Nationally in 2009

- Peak age for an STI in women is 19 -20 years, men 20 23 years.
- Of all the 15-24 year olds diagnosed with an STI one in ten will become re-infected within a year.





















Commissioned provision by PCT/LA

- Contraception and Sexual Health Services including outreach provision in colleges and the community
- Boys and Young Men's Service
- Derbyshire Friend Derbyshire Positive
- Young people specific sexual health clinics
- Enhanced sexual health service Derby University
 PSHE Curriculum support Relationship, Sex & Education (RSE) Key stage 3, 4, 16+, (being refreshed foundation Key stage 1, 2)
- Delay training
- Derby City Sexual Health Guide
- Increasing access to LARC
- Condom distribution Scheme
- GUM Clinics

Outcomes for young people

- Young people are more confident in
 forming healthy relationships, including sexual relationships
 - making informed decisions
 - asking questions delaying early sexual activity till they are ready
- Young people know where they can get help
- Improved communication between young people and parents and carers
- Young people have easier access to relationship and sexual health advice and services Reduction in unplanned pregnancy/STIs
- Young people are safe

Challenges

- Increasing skills, confidence and knowledge e.g. asking the right questions (frontline staff)
- Identifying and addressing unmet needs
- · Working within financial restraints
- Diverse and changing population
- · Current structural changes within services

