Your Life Your Choice

Consultation: Session 3 ~ 15 September 2014, YMCA Derby



The following people attended:
Brian Frisby, Neil Woodhead, Steve Barr,
Alasdair Kay, Raj Johal, Julia Jennings,
Graham Saxton, Jonathan Norton, Honor
Simpson, Janine Cherrington, Naomi
Hope, Adam Chilcott, Kirsty Everson,
Kathleen Smedley, Katy Pugh, Mel Austin,
Daniel Walmsley, Beth Maher, Sara
Bains, Sarah Paine, Amo Raju, Pete
Dempsey

A number of people sent their apologies.

Dan asked everyone to introduce themselves, say where they were from and if they had attended either of the previous two sessions

Janine led the first session to recap on the previous two gatherings and establish the group's shared purpose.

Working in pairs with someone they had not met previously, participants discussed what they brought to the group as an individual and then found commonalities with others by sharing their findings as a group of four.



The main part of the session was about agreeing what should be included in the PowerPoint presentation that will be used to take the conversation about the draft 'Your Life, Your Choice' strategy to other places. Participants had received the presentation beforehand to look at. On the day, people worked on tables of 4 or 5 to go through the draft presentation, talk about what they liked and what they thought needed to be different.



People wrote their feedback on paper copies of the slides and these were gathered up afterwards. Since the meeting, Brian, Janine and Naomi have improved the presentation by considering all the feedback given at the event.

Our questions to you?

- What do you think of the overall strategy?
- What do you think you could do to keep well and independent?
- How could we help with that?
- Do you know what is available locally?
- Would you prefer to get the support you need to live independently as close to home as possible?



The next session was about agreeing what questions should be used to get people's feedback about the draft 'Your Life, Your Choice' strategy. People had suggested some questions beforehand and the attendees were asked to look at them as a starting point.

Participants worked on tables of 4 or 5 to discuss the questions, thinking about the people who may be attending briefings in the community.

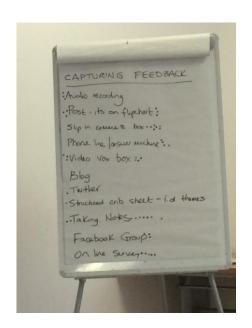
Groups wrote down their feedback and this was gathered up to take away and improve the questions.

Neil then led a session to decide where we can take the conversation about the 'Your Life, Your Choice' strategy.

Everyone filled in a 'Places I Go' picture for themselves. Next, on tables of 4 or 5, participants pulled these together into a list containing places, who could take the conversation to that place and what support they might need.

The lists were collected by Brian to inform the delivery plans once the presentation has been finally agreed.





Participants then worked on tables of 4 or 5 to think about ways in which feedback to the questions could be recorded when the conversations are taken to other places.

Each group discussed and decided upon their top three ideas, which were then written on a flipchart. Everyone was given three stickers and used these to 'vote' for the ideas they thought were the best. The results were:

Audio Recording (3); Post-its on Flipchart (6); Slips in Comments Box (7); Phoneline / Answer-machine (4); Video Vox-Box (7); Blog (0); Twitter (1); Structured themed sheet (1); Taking Notes (9); Facebook Group (3); On-line Survey (5)

Finally, we talked about the next steps. The group agreed that these should be:

- Feedback from participants would be used to improve the PowerPoint presentation and the questions to be asked about the strategy
- Feedback would also be used to establish the places where we will take the conversation and who will deliver the presentation
- The Council needs to be clear what the timescales are for the conversations and feedback
- The Council should arrange a session to support people in delivering the final presentation
- This group should meet again when the conversations have taken place, to bring all of the feedback together







After such a vibrant afternoon filled with discussions, we unfortunately ran out of time to think about what this group should be called.

Everyone was invited to go away and think about this individually and share their ideas at the next event.

Brian thanked everyone for attending the session and for contributing openly and positively to the discussions on how to move this project forward.

