



DERBY CITY COUNCIL

Council Cabinet
14th December 2010

Report of the Strategic Director of Adults,
Health and Housing

ITEM 12

Council Day Services for Older People

SUMMARY

- 1.1 The following report positions the long-term future of Council-run day care as an “enablement” service, helping older people who have lost confidence and skills to recover. This will involve a structured and time limited programme that linked older people with support available in their neighbourhoods on completion of the programme. This approach will bring more autonomy and dignity for individuals as well as giving value for money to the Council.
- 1.2 The report shows the Council's two day centres for older people, at Morleston Street and Whittaker Road, are under-occupied and are likely to become more so as older people and their family carers begin to benefit from the increased flexibility, choice and control of Personal Budgets.
- 1.3 The report recognises the importance of some of the Council's existing day care at these centres in meeting the respite needs of carers and in particular supporting older people with dementia. Proposals are designed to ensure this support remains available, but also adapts to changing needs and expectations.

RECOMMENDATIONS

- 2.1 To accept the need to change the Council's day service model so that the focus is upon enabling older people to regain as much independence as possible.
- 2.2 To continue using Personal Budgets to support older people in developing individually tailored day services for themselves and their local communities.
- 2.3 To consider further options appraisal for Morleston Street and Whitaker Road Day Centres at Council Cabinet on 15th February 2011.

REASONS FOR RECOMMENDATIONS

- 3.1 It is sensible for Council provision to move towards a time-limited "enablement" approach and away from long-term day care services over time. This is for two reasons:
 - Enablement services are not in competition with independent sector services and are therefore more secure in the future context of Personal Budgets.

- Enablement services are explicitly focused on prevention: supporting older people at point of crisis both to regain independence and to access other community services. This approach avoids unnecessary use of Council-funded long-term care, especially care home placements and maximises the value for money of retained Council provision.

3.2 Personal Budgets give older people more choice and control over the services that they receive. In the case of day services, this means the opportunity for older people and their carers, supported by the Council, to develop tailored support closer to where they live.

SUPPORTING INFORMATION

4.0 Current needs supported by Day Centres

- 4.1 Some existing day centre attendees have comparatively low levels of need, comparable to the needs met by luncheon clubs provided by the voluntary and community sector in Derby.
- 4.2 Other service users attend at least in part because this provides valuable respite to their carers. This particularly applies to service users living with dementia. There is a risk that more people would need to move into care homes if this type of provision was not available.
- 4.3 However, there is an argument that this service should not be provided by the Council in the long-term. Council costs are often higher than other providers and there is a high risk that, once individuals have more spending power because of the roll-out of Personal Budgets, a Council day centre will become uncompetitive.
- 4.4 In the short to medium term the risk is low because there are currently few alternatives to Council day care for older people with higher needs. Therefore for at least a transitional period the Council needs to continue to directly support this group.

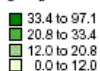
5.0 Location of Day Centres

- 5.1 Whitaker Road Day Centre is situated in Abbey Ward, on a dedicated site close to the Burton Road.
- 5.2 Morleston Street Day Centre is located in Arboretum ward, opposite the London Road Community Hospital and adjacent to Arboretum House, a Council-run care home for older people. The care home report considered by Cabinet on 23rd November explained that Arboretum House is unlikely to have a long-term future.
- 5.3 The map overleaf shows approximate locations. It can be seen that the sites are relatively close to one another, and cannot be said to serve distinct areas of the city. Many older people have to make significant journeys to attend the centres.

Older People (Aged 65 Years Plus)
Within Derby, 2001



Percentage Aged 65 Years Plus



(Source: Census 2001, KS02)

Whitaker Road

Morleston Street

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6.0 Focus

- 6.1 Whitaker Road Day Centre includes 60 places per week provided for older people living with dementia. This provision is in a side-room called the Chatsworth Unit. The remainder of the centre has a generic focus on older people although a number of these service users also have dementia symptoms. 6 service users (just over 6% of the total) are not from a white British background, with 2 Italian service users as the largest community represented and only one person from a non-white background.
- 6.2 Morleston Street Day Centre does not have a dedicated dementia focus although (as overleaf) a significant proportion of service users have symptoms of dementia. 17 service users at Morleston Street (19% of the total) are from minority ethnic groups, with 8 Indian service users as the largest community represented, and no other community having more than two members.

7.0 Occupancy profile

7.1 Table One: Day centre occupancy

Day service	Morleston Street	Whitaker Road
Capacity (places / week)	225	225
Dementia or respite needs	90 (42 people)	137 (82 people)
Social needs	68 (47 people)	38 (26 people)
Total occupied places	158 (89 people)	175 (108 people)
Average days per person	1.8	1.6

Data in Table One was obtained by asking day centre staff to highlight whether each service user had a significant need in relation to dementia, and whether each service user attended the centre at least partly to provide respite for a carer. This is obviously not a definitive judgement, but provides a good guide about the people who use the service from staff who know them well.

- 7.2 Overall Morleston Street is running at 70% occupancy and Whitaker Road (including the Chatsworth dementia unit) at 78% occupancy. It should also be noted that Morleston Street users attend slightly more days per week than Whitaker Road users on average. This variation is a result of different custom and practice at each centre rather than any difference in service user needs.
- 7.3 In total, 227 day sessions per week are provided for people with dementia or respite needs across Morleston Street and Whitaker Road, only marginally above the capacity of a single centre.
- 7.4 Table One also indicates that 43% of places at Morleston Street and 17% of occupied places at Whitaker Road are filled by older people who attend primarily for social reasons rather than for dementia or respite needs. People in this category can alternatively be supported via Personal Budgets (spent individually on support or pooled with others in a similar situation) or via other community resources such as luncheon and social clubs which are located in neighbourhoods around the city, lessening transport time and costs.
- 7.5 Both Whitaker Road and Morleston Street also run 5 “satellite centres”, operating for one day per week from the common rooms of Derby Homes sheltered housing schemes. This service supports 36 people in total who tend to have relatively low levels of need, not linked to any respite or dementia issues.
- 7.6 Research undertaken in December 2008 indicates that people attending Council day centres for dementia or respite care travel further on average than people attending for primarily social reasons. Older people needing social engagement are more likely to look for this in their local communities. This, along with the increasing availability of Personal Budgets, explains why the “traditional” day centre model is less likely to be successful in the future.

OTHER OPTIONS CONSIDERED

- 8.1 Doing nothing will not provide value for money to the Council, and will also inhibit the development of personalised services that are more accessible to older people.

This report has been approved by the following officers:

Legal officer Financial officer Human Resources officer Service Director(s) Other(s)	Stuart Leslie David Enticott Liz Moore Sally Curtis
For more information contact: Background papers: List of appendices:	Name 01332 255853 e-mail phil.holmes@derby.gov.uk None Appendix 1 – Implications

IMPLICATIONS

Financial

- 1.1 Morleston Street Day centre costs £419k to run - of which £261k relates to staff and £23k to premises, and £100k to transport .
- 1.2 Whitaker Road Day Centre costs £464k to run – of which £245k relates to staff and £20k to premises, and £163k to transport.
- 1.3 Further financial modelling is required on the implications for changing the day centre approach. This analysis will be provided in the options appraisal on Morleston Street and Whitaker Road Day Centres that is planned for February Cabinet.

Legal

- 2.1 There are no legal implications at this stage, but this area will need to be more fully explored at options appraisal.

Personnel

- 3.1 There are no Personnel implications at this stage, but this area will need to be more fully explored at options appraisal.

Equalities Impact

- 4.1 Although current day centres support black and minority ethnic service users on a broadly representative basis when compared to Derby's population profile of older people, some groups are more represented than others and it is also arguable that a day centre setting does not lend itself to meeting diverse needs.
- 4.2 The proposals of this report support equality by moving towards a more personalised approach to meeting day needs, located in appropriate settings close to local communities.

Health and Safety

- 5.1 No adverse health and safety implications are linked to the proposals of this report.

Carbon commitment

- 6.1 The proposals of this report ought to support the Council's carbon commitment by supporting older people to access local facilities and opportunities rather than compelling them to use dedicated transport to access day centres that will often be

remote from where they live.

Value for money

- 7.1 This report offers value for money by positioning Council-run day services with a focus on reducing future dependency by using an Enablement approach.

Corporate objectives and priorities for change

- 8.1 HC1: To increase choice and control to support independence.
HC2: To increase the range and quality of regulated and non-regulated adults social care services
- 8.2 COD2: To deliver value for money across all services