

## 3.2. Benefits Criteria Assessment

## ITEM 9d

To support the CCBU OMT in arriving at a decision of the preferred option, a decision matrix was developed based on ability of each option to deliver against key criteria. Those criteria are that the option:

1. Supports the efficient and effective management of waiting lists to ensure patients receive and initial assessment within 6 weeks and that treatment commences within a further 6 weeks
2. Supports the delivery of equal access to specialist psychological therapies for all residents of Derbyshire regardless of location.
3. Supports reducing the variations in quality of psychological Therapies over the whole of Derbyshire
4. Supports a multi modal, multidisciplinary and full care pathway approach to targeting those individuals with the greatest need, through a joint clinical assessment service (single point of entry).
5. Delivers a central hub that develops and supports a multi-modal training strategy for psychological therapies and that undertakes regular routine audit and research.
6. Supports the involvement of service users in the delivery and monitoring of services and reduces the number of complaints into the Trust from Service Users, Members of Parliament and Local Council Elected Members.
7. Supports psychological therapies being locally owned and well integrated into mental health services with a high level of 'psychological literacy' within the Organisation
8. Supports the clear definition of which disorders are best managed by which service along with supporting the development of a tiered approach to the delivery of psychological therapies.
9. Supports a well defined leadership and operational management structure.
10. Supports the Trusts development into a Foundation Trust by ensuring delivery of the Trust Vision (Integrated Business Plan fig. 2.2.2) Trust overall Strategic Aim(Integrated Business Plan page 19) and Strategic Goals (Integrated Business Plan fig. 2.2.3)
11. Supports delivery of the Trusts key financial targets.

Each criterion was then assigned a weighting based on the relative importance of each criteria. 0 being minimal importance, 1 low importance, 2 medium importances, 3 high importances.

Each option was then rated against each criterion the rating was based on the following 0 – 10 scale:

- 0 equates to 'does not support the criteria at all'
- 2 equates to 'moderately supports the achievement of the criteria'
- 4 equates to fully supports achievement of the criteria'

To achieve the final decision matrix score the rating was multiplied by the weighting. All the scores were added to give a final total. If more than one option scored the same final score then the highest weighting criteria could be examined to support a decision.

Please see below for the decision matrix:



Target Area	Reference, key target etc	Weight	Option 1		Option 2		Option 3		Option 4	
			Rating	Weighted scale	Rating	Weighted scale	Rating	Weighted scale	Rating	Weighted scale
Supports the efficient and effective management of waiting lists to ensure patients receive and initial assessment within 6 weeks and that treatment commences within a further 6 weeks	<ul style="list-style-type: none"> <li>• <u>NHS review of Psychological Therapy Services 1996</u></li> <li>• <u>LIT requirements</u></li> <li>• <u>Creating a Patient Led NHS (DoH 2005)</u></li> <li>• <u>Framework for Markers of best Practice (Organising and Delivering Psychological Therapies – DoH 2004</u></li> <li>• <u>Standards for Better Health – Domain 5 C19</u></li> <li>• <u>NHS Operating Framework 07/08 (DoH 2006)</u></li> <li>• <u>Commissioning a Brighter Future – Improving access to Psychological</u></li> </ul>	3	1	3	2	6	3	9	2	6

	<u>Therapies (DOH May2007)</u> <ul style="list-style-type: none"> <li>• <u>Improving access to Psychological Therapies (DOH May 2007)</u></li> <li>• <u>Policy Implementation Guidance for CMHT's</u></li> <li>• <u>Trust Review of Psychotherapy Services 2001 and 2003</u></li> <li>• <u>Trust Review of waiting times 2003</u></li> <li>• <u>Monitor 'Trust Diagnostic' report and level 2 action plan</u></li> <li>• <u>Integrated Business Plan</u></li> </ul>									
Supports the delivery of equal access to specialist psychological therapies for all residents of Derbyshire regardless of location.	<ul style="list-style-type: none"> <li>• <u>NHS Operating Framework 07/08 (DoH 2006)</u></li> <li>• <u>The NHS Improvement Plan 2004</u></li> <li>• <u>The NHS five years on 2005</u></li> </ul>	3	0	0	2	2	3	9	2	6



quality of psychological Therapies over the whole of Derbyshire	<u>for Psychological Therapies (2006)</u>  <u>Developing the Annual Health Check March 2007</u>  <u>Patient surveys 2004 – 2006</u>  <u>Trust Integrated Business Plan</u>  <u>Monitor Compliance Framework 2007</u>  <u>Monitor Performance and Service Quality Framework 2006</u>	2	1	2	2	4	3	6	2	4
Supports a multi modal, multidisciplinary and full care pathway approach to targeting those individuals with the greatest need, through a joint clinical assessment service (single point of entry).	<u>Derbyshire Service Model for Psychological Therapies (2006)</u>  <u>Organising and Delivering Psychological Therapies (D.O.H. – July 2004)</u>  <u>The Race Equality Scheme 2006</u>	3	2	6	2	6	3	9	3	9



services and reduces the number of complaints into the Trust from Service Users, Members of Parliament and Local Council Elected Members.	<u>Therapies (2006)</u>  <u>Organising and Delivering Psychological Therapies (D.O.H. – July 2004)</u>  <u>Treatment Choice in Psychological Therapies and Counselling (D.O.H. – Feb. 2001)</u>  <u>Standards for Better Health</u>  <u>Trust Service User Involvement Policy and Strategy 2007</u>  <u>Trust Complaints Data</u>	2	1	2	2	4	2	4	2	4
Supports psychological therapies being locally owned and well integrated into mental health services with a high level of 'psychological literacy' within the Organisation	<u>Derbyshire Service Model for Psychological Therapies (2006)</u> <u>Organising and Delivering Psychological Therapies (D.O.H. – July 2004)</u>  <u>Trust Review of Psychotherapy Services</u>	3	1	3	2	6	4	12	4	12



	<u>2001 and 2003</u>  <u>Our Health ,Our Care, Our Say White Paper DOH 2006</u>									
Supports the clear definition of which disorders are best managed by which service along with supporting the development of a tiered approach to the delivery of psychological therapies.	<u>Derbyshire Service Model for Psychological Therapies (2006)</u>  <u>Organising and Delivering Psychological Therapies (D.O.H. – July 2004)</u>  <u>Treatment Choice in Psychological Therapies and Counselling (D.O.H. – Feb. 2001)</u>  <u>Depression: management of Depression in Primary and Secondary Care. National Clinical Practice Guideline Number23. NICE</u>	2	2	4	3	6	3	9	3	9
Supports a well defined leadership and operational management structure.	<u>Organising and Delivering Psychological Therapies (D.O.H. – July 2004)</u>  <u>Trust Review of</u>	2	1	2	3	6	3	6	3	6

	<u>Psychotherapy Services 2001 and 2003</u>									
Supports the Trusts development into a Foundation Trust by ensuring delivery of the Trust Vision Trust overall Strategic Aim and Strategic Goals	<u>Integrated Business Plan fig. 2.2.2</u> <u>Integrated Business Plan page 19</u> <u>Integrated Business Plan fig. 2.2.3</u> <u>FT Diagnostic report and action plan</u>	3	1	3	2	6	3	9	3	9
Supports delivery of the Trusts key financial targets.	<u>Creating a Patient led NHS 2005</u> <u>Annual Health Check Use for Resources</u> <u>Developing the Annual Health Check 2007</u> <u>ALE report</u> <u>Trusts financial plan</u> <u>Trusts cost improvement plan</u>	3	2	6	3	9	4	12	3	12
<b>Total score</b>				<b>35</b>		<b>59</b>		<b>101</b>		<b>93</b>

