

Topic Review: Obesity in Derby**Background**

At its meeting on 5 July 2022 the Adults and Health Scrutiny Review Board discussed their topic review choice for the municipal year 2021/22. After a debate, the Board chose to look at 'Obesity in Derby'

The Review

Members wished to consider how the Board could contribute to ensuring that residents in Derby are encouraged to live health lifestyles in order to avoid obesity. Members also wished to consider how the Board could contribute to ensuring that residents in Derby are supported in losing weight and changing lifestyle habits where they are already obese. The focus of the topic review would be 'what has the Council done to ensure that residents of Derby are supported in preventing obesity and reversing obesity.'

Aims and Objectives of the Review

The Board had 2 aims for the review

Aims of the review

1. To consider how the Board could ensure that the Council is working to ensure that residents of Derby avoid becoming obese.
2. To establish whether the Council has been successful in supporting obese residents to lose weight and live healthier lifestyles.

The objectives of the review

1. To establish if and how the Board were able to ensure that residents are receiving the right support.
2. To establish if and how any errors have previously been made providing support.
3. To identify if any errors could be addressed through the Derby City Council Childhood Obesity Strategy 2020-30.
4. To make recommendations to the Council Cabinet.

Proposed methodology

The Board will consider written and oral information in gathering evidence for the review.

Witnesses

It is suggested that the Board considers evidence from the following witnesses

- Lead officers from Public Health
- NHS officers

What evidence do we need to gather?

- **Policies and Strategies**
 - Derby City Council Childhood Obesity Strategy 2020-30
- **Other information**
 - Any relevant legislation
 - Case studies on obesity
 - Examples of when support systems have failed and of measures that have been put in place to ensure that this does not happen again

Timing and Timescales for the Review

The timescales for the review below are approximate.

4 October 2022	To consider and agree the scoping report.
October 2022 / January 2023	To gather the evidence and write the report.
31 January 2023	Consider draft report.
18 April 2023	Agree recommendations and report to go to Council Cabinet. Agree to delegate sign off recommendations to chair/vice chair of the Board.
Date TBC	Recommendations and final report to go to Council Cabinet.