



**Derbyshire Healthcare**  
NHS Foundation Trust



**Derby and Derbyshire**  
Clinical Commissioning Group

## **Improving mental health inpatient facilities in Derby**

### **Paper presented by:**

Andy Harrison, Senior Responsible Officer, Acute Care Capital Programme  
Derbyshire Healthcare NHS Foundation Trust

Helen Dillistone, Executive Director of Corporate Strategy and Delivery  
NHS Derby and Derbyshire Clinical Commissioning Group

### **Introduction**

In January 2021 we met to engage in early conversations about changes to local inpatient (hospital based) mental health services. We discussed our collective plans to improve the local facilities we currently have available, through national funding that had been identified to ensure that the services provided locally are able to meet national requirements

These developments continue to be an exciting opportunity to transform the facilities we currently have available in the city, bringing local mental health inpatient services in line with national expectations and the services that are already provided across most other areas in the UK.

Since the meeting in January 2021 we have received confirmation of the level of investment being allocated to Derbyshire to make these improvements. £80m has been identified, to be split equally between a development in Derby and another in Chesterfield, for which we have to seek national approval.

This funding, whilst significant, offers slightly less investment for the Derby development than initially intended and we have therefore had to reconfigure our plans to ensure we can achieve the same positive outcomes for local people, whilst remaining in line with the funding allocated.

This paper outlines the updated plans, which have now received initial support from NHS England and Improvement. At a national level the expectation is that these changes are made quickly, to improve privacy and dignity and the overall patient experience of people receiving inpatient care for their acute mental health needs. It is therefore important that we continue to work at pace to implement the changes required and gain approval to access the funds whilst they are available.

### **A recap on the case for change**

Acute mental health services in Derby and Derbyshire are provided by Derbyshire Healthcare NHS Foundation Trust. At present the Trust has two acute inpatient services for adults of working age: the Radbourne Unit in Derby (based on the Royal Derby Hospital site) and the Hartington Unit in Chesterfield (based on the

Chesterfield Royal Hospital site). Both units provide care from dormitory style facilities, with approximately four beds within a bay.

In recent years the Trust has identified that the current estate from which acute mental health services are provided at both sites does not comply with current regulatory and legislative requirements. In their visits to the Trust the CQC (Care Quality Commission) has also given the Trust actions to improve its estate. Given the significant level of investment required, these changes cannot be funded by the local health care system. Therefore this substantial national investment must be taken forwards to ensure national requirements are met across our services in Derbyshire.

**National policy outlines the following ‘must do’ improvements:**

- Mental health wards should be built to consist of single rooms, each with an en-suite bathroom where possible
- No one should need to travel outside of their local area to receive acute mental health care.

Derby and Derbyshire is one of a very small number of local areas who cannot currently meet the national requirements outlined above – hence the need for national investment was identified with NHS England and Improvement.

**Current inpatient mental health services in Derby and Derbyshire**

The Radbourne Unit in Derby comprises 90 acute inpatient beds across four 20 bedded wards for men and women, plus a 10 bed Enhanced Care Ward (ECW) which provides a slightly higher level of clinical support. This is necessary as there is no Psychiatric Intensive Care Unit (PICU) in the county, to support local people with the most acute mental health needs.

Similarly the Hartington Unit in Chesterfield currently offers 52 acute mental health inpatient beds for adults, with no separate ECW provision. Both facilities support people from Derby and Derbyshire, based on their proximity to the nearest unit, alongside availability of a suitable vacant bed.

Over recent years the Trust has sought professional external advice about whether the current facilities at the Hartington and Radbourne Units can be redeveloped in order to meet national requirements. The conclusion is that it is not possible to re-provide all of the beds needed in single bedrooms with access to en-suite bathrooms in the existing sites, as this would require significantly larger premises than those available at the current two Units.

With the current arrangements, people who need a greater level of support than can be offered at the Radbourne or Hartington Unit have to travel outside of the area to access an appropriate PICU bed. Whilst every effort is made to identify a place as close to home as possible, given the demand for these places, people can sometime have to travel a substantial distance. This is clearly not ideal for the patient or the

important contact and support that can often be found in regular interaction and visits from family and friends.

### **Future plans**

Now the funding of £40m has been allocated for each development, the proposals for how we intend to deliver these improvements to local services have been adapted and updated as follows:

#### **Development at Kingsway Hospital**

- A new 54 bedded male facility, across three wards

#### **Development at the Chesterfield Royal Hospital site**

- A new 54 bedded facility with single rooms, across three wards, with flexibility to support men, women and non-binary patients on the Chesterfield Royal Hospital site (this will replace the Hartington Unit, currently based on the same site).

In addition to seeking support for the national funding for these two schemes, the Trust will also be seeking support from the Joined Up Care Derbyshire system for local capital funding for:

#### **Development at the Radbourne Unit (on the Royal Derby Hospital site)**

- Refurbishment of the existing Radbourne Unit in Derby to provide 34 female single rooms, across two wards, and complete eradication of dormitory wards.

#### **Development at Kingsway Hospital**

- Up to eight new beds in an 'acute plus' facility for women
- A new PICU (Psychiatric Intensive Care Unit) for 14 men.

No beds would be lost in this development. It is an overwhelmingly positive move, to ensure local people have access to the best possible facilities. This development would meet national legislative requirements and provide purpose-built facilities for local people, improving privacy and dignity and the overall patient experience.

In terms of bed numbers, the remodelling offers the following:

	<b>Current adult acute beds</b>	<b>New adult acute beds</b>	<b>Total beds</b>
Derby	90	88	142
Chesterfield	52	54	
	<b>Current 'acute plus' beds</b>	<b>New acute plus beds</b>	
Derby	0	8	8

Chesterfield	0	0	
	<b>Current PICU beds</b>	<b>New PICU beds</b>	
Derby	0	14	14
Chesterfield	0	0	

It is anticipated that the units in Derby and Chesterfield will continue to work collaboratively to support patients from the north and south of the county to ensure access to the closest and most appropriate facility for their individual needs.

Audrey House (a ten bed rehabilitation facility at Kingsway Hospital) is likely to be used as an interim decant facility to facilitate the rest of the programme. Audrey House is not currently being used for clinical purposes due to less beds being needed to meet the demand for inpatient rehabilitation services. It is also a potential site for the new female 'acute plus' facility, offering up to eight beds.

Further scoping needs to be undertaken before we can confirm this potential opportunity and we would like to discuss this further in a future meeting of the Adults and Health Scrutiny Board, when this detail becomes available.

### **Increasing mental health services at Kingsway Hospital**

Derbyshire Healthcare provides a range of inpatient services for older adults, forensic patients and bedded rehabilitation services. The vast majority of these services are currently provided from Kingsway Hospital in Derby, as a specialist centre for mental health services.

Kingsway Hospital is one mile away from the Radbourne Unit in Derby – less than four minutes by car and many people often walk between the two sites. The site benefits from green space and a number of wider facilities for patients and their families including free car parking, a restaurant and a multi-faith chapel. An area has been identified at the side of the Kingsway Hospital site that could accommodate a new adult inpatient facility and an adjacent PICU.

This is the only possible site that has been identified and would provide a number of benefits:

- Consolidation of mental health inpatient services on one site that is already use for specialist mental health care
- Opportunity to co-locate the new PICU with the acute facility – this aids potential 'step up step down' between the different services on the site
- Bringing specialist mental health care staff and clinicians closer together.

Derbyshire Healthcare plans the development of a 14 bedded PICU on the Kingsway Hospital site, to meet the additional legislation regarding out of area placements. It is anticipated that this build will take place alongside the acute inpatient facility, and the PICU plans will require the support of all partner organisations in 'Joined Up Care Derbyshire', Derbyshire's Integrated Care System, to access the local capital funding available.

## **Our ongoing engagement approach**

As discussed when we met in January, we need to move at speed to make sure we do not lose this opportunity for local people. The provision of central funding is linked to expenditure spend by Spring 2024 – making it very tight to achieve such a development within this time period. Now we have confirmation of the funding allocation we need to continue to implement the plans we have in place to develop these new services within the necessary timescales.

This is an overwhelmingly positive development which will greatly enhance the acute mental health care currently providing in Derby and Derbyshire. There is no change in service scope and there will be no loss of service – instead, local people will benefit from additional mental health service being offered locally and through modern, fit for purpose accommodation. The travel sensitivity has also been addressed by the closeness of Kingsway Hospital to the Radbourne Unit.

We have continued to engage with our service user forum, EQUAL in respect of the development, to ensure it is shaped by people with lived experience of mental health services. Recently we have held a dedicated session where the architectural plans have been shared with service users, carers and wider partners, to further discuss and shape the development

We intend to continue to work alongside current and former patients, their carers' and service user representatives to shape the development, making sure the new facilities being developed meet their needs and preferences.

As discussed in January, we appreciate the Adults and Health Scrutiny Board support for these ambitious plans and the proposed programme of engagement which will run alongside the development, in place of an initial single option public consultation. We are confident this will be increasingly meaningful for people who use our services now and in the future.

We shall also engage with wider internal and external stakeholders, including an opportunity for members of the public and wider interested parties to share their views through a survey which will be open this summer (suggested dates Monday 19 July – Monday 30 August). We are also committed to ongoing liaison with the Adults and Health Scrutiny Board throughout this process.

**Example images show what our new facilities could look like**

Similar mental health developments have taken place in other parts of the country and we have sought advice on how these units have been developed.

