

## **Health and wellbeing commissioning strategy for children, young people and families**

### **SUMMARY**

- 1.1 This report provides a summary of the key children, young people and family priorities which have been developed from the Health and Well-being Strategy – everyone's business, the NHS Outcomes Framework (2013/14) and the Derby Children and Young People's Plan (2012/13). These strategic commissioning intentions have been developed in discussions with key commissioners across the health economy in Derby.
- 1.2 Discussions have taken place with commissioners across the health economy including with South Derbyshire Clinical Commissioning Group, Children's Services and Public Health. This has resulted in considerable support for an integrated commissioning approach to delivering better health outcomes. This 'whole-systems' approach acknowledged that patients do not see distinctions between services, want ease of access and early help.
- 1.3 This paper has been written at the request of the Children and Young People's Partnership and the Health and Wellbeing Board.
- 1.4 The report recommends that this set of commissioning priorities form the basis of the commissioning programme for the next two financial years.
- 1.5 Consultation will take place with key providers, on this set of commissioning priorities, during early March.

### **RECOMMENDATIONS**

- 2.1 To note the development of these priorities across commissioners and the development of this integrated commissioning approach.
- 2.2 To support these priorities and the development of a programme of work supporting this integrated approach.

### **REASONS FOR RECOMMENDATIONS**

- 3.1 This is a developing dialogue across the City Council and Health Commissioners. It is essential that we agree key commissioning priorities in

order to improve outcomes and service delivery. Further work needs to be completed to consult with key service providers on commissioning priorities.

- 3.2 At this stage it is essential to consult with the Health and Wellbeing Board on this strategic approach. This report is brought to the Health and Wellbeing Board to seek their views and ensure the partnership is involved in the development of these priorities.

## **SUPPORTING INFORMATION**

- 4.1 Derby has a strong foundation for partnership working. Derby is well placed following the recent Ofsted inspection to build upon the solid foundation of partnership working and early help. There is considerable support to build upon this foundation through an integrated commissioning approach.

The current financial climate is going to place increasing pressure on services in terms of demand, the need to improve quality and outcomes. Closer working is going to be one way to manage these pressures going forward.

- 4.2 The Derby Children and Young People's Plan (2012 to 2013) identified improving children's health and well-being as a priority. It identified three key areas:

- More children living healthier lifestyles
- Fewer hospital admissions for children and young people for intentional and unintentional injury
- Lower levels of childhood obesity.

- 4.3 The Health and Wellbeing strategy – everyone's business identified four outcomes in the Derby Plan:

- More people living longer in better health
- Better health at work
- Better mental health and wellbeing
- More choice and influence over services

- 4.4 The NHS Outcomes Framework (2012/13) creates a priority around the need to develop further integration, improve quality and outcomes. The CCG has prioritised the need to develop integrated care pathway for example for older people. The NHS Outcomes Framework (2013/14) enhances this focus on integrated care by stressing the importance of improving people's experience of integrated care.

The NHS Outcomes framework (2013/14) identifies five outcome domains:

Outcome 1	Preventing people from dying prematurely;
Outcome 2	Enhancing quality of life for

Outcome 3	people with long-term conditions; Helping people to recover from episodes of ill health or following injury;
Outcome 4	Ensuring that people have a positive experience of care; and
Outcome 5	Treating and caring for people in a safe environment; and protecting them from avoidable harm.

The NHS Outcomes Framework sits alongside similar frameworks for public health and social care. The frameworks have been aligned to encourage collaboration and integration.

#### 4.5 Analysis of these strategic reports has identified a number of cross-cutting principles which will apply across all commissioning intentions. They are;

- Early help, prevention and early intervention is essential to offer early support and reduce demand for services.
- Integration is recognised as a key enabler to improve outcomes and quality of care. The Derby approach will be through the development of integrated care pathways leading to integrated commissioning.
- The Derby model will be through understanding different levels of need and services as described by universal, targeted and specialist services.
- Schools are an essential focus for this approach at the universal and targeted level of service delivery and commissioning.
- Users/patients need to be actively involved, have a positive experience of healthcare and influence in commissioning.
- We aim to reduce inequalities and narrow the gap in health and well-being and Children's outcomes through this approach.
- We will be relentless in our focus upon and drive to improve outcomes.
- Improving the quality and delivery of safe care, parenting in a safe environment and protect children and young people from avoidable harm.
- To ensure commissioning focus upon value for money and cost effective interventions.
- On-going work will take place to analysis data and performance across the health economy and to inform the commissioning programme.
- To ensure the needs of children, young people and families are met through other Derby-wide initiatives including in the development healthy lifestyle

programmes.

4.6 The Joint Strategic Needs Assessment (2011) identified the following priorities for children, young people:

- Mental health especially conduct and emotional disorders.
- The health needs of Children in Care
- Reducing Obesity
- Reducing Teenage Pregnancy
- Reducing health inequalities across the City
- A Best Start for children
- Reducing harm and safeguarding children and young people.

4.7 An analysis of current data has been completed across key health indicators. It identifies a number of key needs as outlined below:

- Best start in life including the healthy child programme and healthy eating and ensuring children are ready for school.
- Positive health lifestyles for young people including healthy eating, smoking, substance misuse, sexual health and teenage pregnancy.
- Individual needs including emotional health and wellbeing, mental health, long term conditions and disability.
- Narrowing the gap in health including for key vulnerable families and children in care.

4.8 As a result of national and local strategies, the JSNA, the more recent data analysis and discussions with Commissioners there are eight key commissioning priorities that emerge for Derby City and South Derbyshire CCG.

#### **Commissioning Intention 1**

To commission an integrated care pathway across services for 0-5 year olds including the healthy child programme.

#### **Commissioning Intention 2**

To consolidate the integrated Disability Service in response to the current SEN white paper.

#### **Commissioning Intention 3**

To commission an integrated care pathway for behaviour including all services for behaviour, emotional, mental health and wellbeing.

#### **Commissioning Intention 4**

To further improve the health outcomes for Children in Care

### **Commissioning Intention 5**

To improve the transition arrangements from children to adult services.

### **Commissioning Intention 6**

To reduce harm associated with key risk-taking behaviour by young people through positive healthy lifestyles.

### **Commissioning Intention 7**

i) To reduce the demand for hospital planned and unplanned care for long term conditions, lower respiratory tract infections and not usual required emergency admissions.

ii) To reduce the time spent in hospital for children and young people with long-term conditions.

### **Commissioning intention 8**

To commission the use of Priority Families and Think Family strategies across services.

- 4.9 It is important to note that the Transformation of Community Services (TCS) in 2010 put in place contracts that come to an end over the next two years. As a consequence the integrated commissioning strategy has to enable the re-commissioning of these services. This re-commissioning programme will enable integrated approaches to be put in place which improve outcomes, offer a higher quality of provision and give a better user/patient experience. This new programme will be called 'Derby 2015 – integrated commissioning programme for Children, young people and family health services' (ICP).

### **Next Steps**

- 4.10
- The Health and Wellbeing Board has mandated the creation of an Integrated Commissioning group to oversee this work.
  - A more detailed integrated commissioning programme plan will be put in place with timescales and deliverables.
  - Joint capacity will be developed across South Derbyshire CCG, the City Council, including Public Health, to deliver this programme.
  - Quarterly reports will be produced outlining progress to the Health and Wellbeing Board.

**This report has been approved by the following officers:**

<b>Legal officer</b>	N/A
<b>Financial officer</b>	N/A
<b>Human Resources officer</b>	N/A
<b>Service Director(s)</b>	Frank McGhee, Director of Commissioning
<b>Other(s)</b>	N/A

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<b>Background papers:</b> <b>List of appendices:</b>	Appendix 1 – Implications Appendix 2 - Data-pack on health needs

## Appendix 1

### IMPLICATIONS

#### Financial

- 1.1 There are no immediate financial implications. As the programme moves forward there are likely to be implications in terms of identification of efficiencies.

#### Legal

- 2.1 There may be implications in terms of the use of section 75 agreements or potential changes in financial arrangements.

#### Personnel

- 3.1 The only immediate implication is the recruitment of two funded post to support this programme of commissioning.

#### Equalities Impact

- 4.1 There are no immediate equality implications.

#### Health and Safety

- 5.1 There are no immediate health and safety issues.