



Report sponsor: Gurmail Nizzer, Director of
Integrated Commissioning (CYP)
Report author: Katie Evans, Children in Care
Commissioning and Placements Manager

Update report on Emotional Health and Wellbeing Service - 'The Keep'

Purpose

1.1 Children in Care Council Summary:

As part of the support that Derby City Council offers for our Children in Care, we have a service that offers support to our children and young people to ensure that they have a safe place to talk to people who can offer different types of support, conversations, groups and therapy.

1.2 This service is known as 'The Keep' and delivered by Derby City Council.

1.3 The Keep is currently being delivered under an 'Interim Offer' which has been in place since 1 July 2019 and contracted since October 2019. This means the Derby City Council service is supported with other emotional health and wellbeing related services, funded by NHS Derby and Derbyshire Clinical Commissioning Group.

1.4 From August to October 2019, Derby City Council, Derbyshire County Council and NHS Derby and Derbyshire CCG consulted on a new service. A joint service specification was drafted and a new service was procured for Derby City.

1.5 In January 2020, Action for Children were provisionally awarded the contract which was due to start 1 May 2020, although this has been delayed to 1 September due to COVID-19. This new service means everything is managed by one provider.

Recommendation

2.1 To note the contents of the report.

Reason

3.1 For the Corporate Parenting Committee to understand the work undertaken by 'The Keep' to meet the emotional, health and wellbeing needs of Derby City's children in care, as well as acknowledging the new service currently being mobilised.

Supporting information

- 4.1 The key service outcome of the current Emotional Health and Wellbeing Offer is to improve the emotional health and wellbeing of our children and young people, to contribute to an overall improvement in health outcomes and to help build resilience in children and their carers.

The service provides emotional health and wellbeing support to the following groups:

- Children in the care of Derby City Council
- Children placed in children's homes or foster care by Derby City Council
- Children who have been adopted through Derby City Council or Adoption East Midlands;
- Children who are placed under a Special Guardianship Order where the LA has been involved;
- Children in care who are living with parents/family;
- Children in care placed within the Derby by other local authorities. (The provider must charge the placing local authority for this service and be able to demonstrate that this does not impact on their capacity to address the needs of children in the care of Derby or Derbyshire local authorities).

- 4.2 The service is currently being delivered under an 'Interim Offer' which has been in place since 1 July 2019. This is funded by Derby City Council and supported with other wrap around services funded by NHS Derby and Derbyshire Clinical Commissioning Group. The interim offer has demonstrated that a combined service is required as wrap around services have been unable to deliver the services required. It was expected that the new service, delivered by Action for Children would be in place from 1 May 2020, but has been delayed to 1 September 2020 due to COVID.

The current service

- 4.3 The service has received a total of 38 new referrals between 1st January and 30 June 2020, with 34 cases accepted during this time, demonstrating a good 'reach' to children in care.
- 4.4 Referrals that are not accepted are signposted to more appropriate services based on individual need, in some cases through an initial consultation being held which can include the young person, social care and foster carers/Children's Homes keyworker.
- 4.5 The largest proportions of referrals were received for young people between the ages of 5 – 10 years and for those aged 11 – 15 years.
- 4.6 The majority of referrals received are from social services, with referrals also received from GP's, named nurse, education and the voluntary sector.

Services from 1 September 2020

- 4.7 From the 1 September 2020, the key service outcome will continue to focus on improving the emotional health and wellbeing of our children and young people, to contribute to an overall improvement in health outcomes and to help build resilience in children and their carers. The service will continue to provide services to groups listed in point 4.1.
- 4.8 The following outcomes, for children and young people, will be delivered as part of the new service mobilised from 1 September 2020:
- Supporting placement stability and permanence;
 - Reducing the number of children in care who have to live out of the area in residential homes or Tier 4 hospital, in order to access those trauma informed specialist services in order to keep them safe;
 - Ensuring Children in Care with enduring mental health problems are well supported in transition to adulthood;
 - Reducing the number of Children in Care who step up from family-based care into residential care;
 - Ensuring more carers report that they are able to better manage and appropriately support the needs of the CYP in their care, where issues of mental health and emotional wellbeing impact on the child/young person's functioning;
 - Improving knowledge and skills of other professionals working with these children to better understand and support Children in Care to positively manage the impact of poor mental health and promote optimum health and development of all Children in Care;
 - Supporting and sustaining relationships to build resilience in children and their carers;
 - Promoting security through supporting the development of secure attachments;
 - Reducing the emotional and mental health inequalities between looked after children and their peers;
 - Supporting professionals to reduce risk or manage risk of young people with harmful sexual behaviour;
 - Ensuring barriers to accessing health services are identified and addressed to make them more accessible to Children in Care;
 - Improving knowledge of carers and children and young people of local services that maybe effective in supporting children's emotional and mental health.
- 4.9 The outcomes will be delivered through the following five core service areas:
- Holistic Advice and Support for Families, Carers and Professionals
 - Consultation
 - Assessment and Intervention
 - Specific Service Requirements (Harmful Sexualised Behaviour)
 - Training

- 4.10 From September 2020 the service shall be measured against a number of key performance indicators. These include measures related to:
- Numbers of children in care placed out of area and unplanned moves
 - Improvements in emotional health and wellbeing at the end of the intervention
 - Reported confidence of families/carers/professionals with supporting CIC with emotional health and wellbeing needs and quality of the service received
 - Trajectory plans being in place in relation to outcomes
 - Numbers of young people that disengage and not reengage with services.

Public/stakeholder engagement

- 5.1 Engagement has taken place with the Children in Care Council during 2019 to discuss the service, with positive feedback from the children and young people.
- 5.2 Consultation has also taken place with social workers, The Keep and NHS Derby and Derbyshire Clinical Commissioning Group during the review of the service to determine where outcomes were being met.

Other options

- 6.1 None noted.

Financial and value for money issues

- 7.1 The new service is funded by Derby City Council and NHS Derby and Derbyshire Clinical Commissioning Group.

Legal implications

- 8.1 None noted as part of this report.

Other significant implications

- 9.1 None noted.

This report has been approved by the following people:

Role	Name	Date of sign-off
Legal		
Finance		
Service Director	Andrew Kaiser, Head of Specialist Services	
Report sponsor	Gurmail Nizzer, Director, Integrated Commissioning	09/07/2020
Other	Lisa Melrose, Head of Commissioning, Children and Young People	09/07/2020