



Derby City Council

**HEALTH AND WELLBEING BOARD
13 November 2014**

ITEM 12

Joint Report of the Strategic Director of Adults
Health and Housing & the Chief Operating
Officer of Southern Derbyshire CCG.

Borderline Personality Disorder Provision

SUMMARY

- 1.1 A number of Members of the Health and Wellbeing Board have been approached by a local campaign group seeking improved services for people with Borderline Personality Disorder. As a consequence, Members have asked for a brief report on the current provision. This is set out below.

RECOMMENDATION

- 2.1 To note the current range and level of services for people with Borderline Personality Disorder.

REASON FOR RECOMMENDATION

- 3.1 Members of the Health and Well-being Board requested a note on services for this cohort of people.

SUPPORTING INFORMATION

Note on treatment for Borderline Personality Disorder

- 4.1 Commissioners have recently received an enquiry about the scope and range of support for people with Borderline Personality Disorder and Members have asked for clarity regarding provision for Derby residents.
- 4.2 Hardwick CCG is the lead commissioner for mental health services and commissions services on behalf of Derby residents with mental health support needs. Hardwick CCG has confirmed there has been no change in the contractual or funding arrangements for this group of people.
- 4.3 The range of treatment options can vary depending on the needs of the individual and in the last couple of years health commissioners have invested in a step down ward, Melbourne House, situated at the Kingsway site in Derby. This is a female unit for

women presenting with more complex needs. There has also been increased investment in in-patient acute beds to meet the rising needs of people in crisis coupled with specific services in reaching into Custody suites, prisons and courts that work with significant numbers of people with a personality disorder. In addition recent investment in street triage attempts to divert those people who don't need immediate mental health care away from urgent care facilities.

It should be noted that individuals suffering from complex trauma or borderline personality disorder must have full access to a range of needs based interventions as many presentations to services are for other reasons such as drug or alcohol misuse, low mood, repeated physical manifestations and criminal justice presentations. To this end DHCFT have embarked on a programme to skill all staff in techniques for working with personality issues. In addition the use of the Knowledge Understanding Framework (KUF) as a pan organisational attitudinal training programme has had very positive feedback from both staff of different organisations and people who use the service.

- 4.4 Derbyshire NHS Foundation trust is currently commissioned to provide a range of psychological therapies and supportive interventions for people presenting with Borderline Personality Disorder which meet the criteria for Tier 4 services. It has individual and group Dialectical Behaviour Therapy programmes currently running in Derby city and in the county which are accessed through the Community recovery teams as well as a range of specific group interventions aimed at supporting coping with emotions and skills top up training There are currently two people waiting for the full DBT programme.
- 4.5 Self-defeating behaviour (including self-harm via cutting , burning or overdose) is commonly one of the presenting difficulties experienced by individuals who are offered this form of therapy. DHcFT also provide both short and longer term psychodynamic psychotherapy in Derby city for those people who wish to address the cause of the complex trauma . In addition it also provides a day care programme of psychotherapy.
- 4.6 In addition to the specialist services above, the Community recovery Teams also provide interventions for individuals with Borderline Personality Disorder through a multi-disciplinary team in the form of Care Programme Approach (co-ordinating and joining up care), psychological interventions and outpatient interventions.
- 4.7 Access to any of the above interventions from primary care is initially usually through Pathfinder services and this often includes short term focussed follow up prior to longer term involvement from the recovery team and/ or specialist psychological therapies as appropriate.

It is vital to ensure that people with a personality disorder are supported to increase their personal resilience and so links with the voluntary sector and local City groups are essential to do this. Derby City has many voluntary sector Organisations that support people with a personality disorder in this way.

- 4.8 People with relatively stable personality difficulties who need help with mild to moderate symptoms of anxiety or depression can access primary care Improving

Access to Psychological Therapies (IAPT) through Talking mental Health Derbyshire

DHcFT are currently in the process of co-producing with people who use our services a revised complex trauma pathway that will combine emerging best practice with current available local resources.

OTHER OPTIONS CONSIDERED

5.1 Not applicable

This report has been approved by the following officers:

Legal officer Financial officer Human Resources officer Estates/Property officer Service Director(s) Other(s)	Steve Trenchard, Andy Layzell, Andy Gregory, Ifti Majid
For more information contact: Background papers: List of appendices:	Cath Roff 01332 643550 cath.roff@derby.gov.uk None Appendix 1 – Implications

IMPLICATIONS

Financial and Value for Money

1.1 None

Legal

2.1 None

Personnel

3.1 None

IT

4.1 None

Equalities Impact

5.1 None

Health and Safety

6.1 None

Environmental Sustainability

7.1 None

Property and Asset Management

8.1 None

Risk Management

9.1 None

Corporate objectives and priorities for change

10.1 Mental health is a priority with the Health and Wellbeing strategy.