

INTEGRATED CARE PARTNERSHIP
07 February 2024

ITEM 09

Report sponsor: Jayne Needham, Director of Strategy, Partnerships and Population Health, Derbyshire Community Health Services NHS (DCHS)

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Stay Well - Update Report

Purpose

- 1.1 To provide the Integrated Care Partnership (ICP) with an update on progress made on the Stay Well Key Area of Focus (KAOF) of the Integrated Care Strategy since the last meeting of the ICP.

Recommendation

- 2.1 To note the contents of the report for the information of the ICP.

Reason

- 3.1 To provide assurance to the ICP that progress is being made on the implementation of the Derby and Derbyshire Integrated Care Strategy, in particular the Stay Well KAOF.

Supporting information

4.1 Stay Well is a one of three Key Areas of Focus of the Derby and Derbyshire Integrated Care Strategy, with the other two being Start Well and Age/Die Well.

4.2 The aim of the Stay Well KAOF is:

'To improve prevention and early intervention of the 3 main clinical causes of ill health and early death in the JUCD population - circulatory disease, respiratory disease and cancer'.

Together, these cause two out of three of all early deaths in Derby / Derbyshire and cause more than half of the gap in life expectancy between our most and least affluent areas.

4.3 A range of activity has been taken forward to progress the Stay Well KAOF, a summary of the work-to-date is provided below:

- Progressed via the Population Health Management (PHM) Steering Group
- Adopted a driver diagram (Appendix 1) approach to identify key modifiable risk factors
- Agreed to focus on smoking initially and to trial a Sprint approach,
 - Single biggest cause of ill health
 - No additional resource but all could commit short-term to focus on one driver
 - Simplified the problem and enabled turning the strategy into action
- Time-out session held at the end October 2023, with representation from across the system, to:
 1. bring partners together, ensure a shared understanding and awareness of the Stay Well KAOF
 2. Enable system to digest data and intelligence on the smoking driver, and establish a pool of action(s) each partner could take to support the KAOF
- Actions prioritised by the PHM Steering Group
- Sprint now live, capturing lessons learned throughout and evaluation scheduled at the end of Sprint 1
- Structures are light touch: Sprint Coordination Group, plus three sub-groups (Communications, Strategy, Delivery).

4.4 The purpose and work of the Stay Well KAOF is being shared within the system (for example, the Planned Care Delivery Board) to raise awareness across the wider system, share learning and maximise opportunities for alignment and shared effort.

- 4.5 The Sprint Coordination Group and its three sub-groups - Communications, Strategy and Delivery - and continue to take work forward in relation to smoking (identified as a key risk factor) with a planned exit to a sustainable programme of work to the JUCD Tobacco Control Strategy Group (TCSG) at the end of February 2024. The TCSG had its inaugural meeting in January and has wide representation, and the Sprint is closely linked in.
- 4.6 An evaluation of the smoking cessation Sprint will be concluded in February and a summary will be provided to the ICP at a future meeting for lessons to embed regarding the approach taken to integrated working.
- 4.7 Key achievements of the Sprint to-date are:
- Established a strong Communications Group which is developing processes for community and partner engagement. The agreed success of this approach to integrated working means that this group will continue post this first Sprint.
 - The Strategy Group has made recommendations for:
 - a system-wide approach to vaping
 - provision of a comprehensive position on current investment levels into smoking cessation across all partners
 - Progressed the S251 approach to support ongoing Population Health Management (PHM) work which is IG compliant
 - Delivered an update session to the planned care delivery board on the Stay Well KAOF.
 - The Delivery Group has developed stronger partnerships to challenge current working practices and to understand what actions need to be prioritised to support colleagues to include conversations on, and referrals in to, smoking cessation services as part of routine service provision. Quality conversations and health literacy support is aligned to this work.
- 4.7 As the first Sprint on smoking cessation comes to an end, the PHM Steering Group is now considering its next priority focus and will be reported, once agreed, at a future ICP.
- 4.8 In addition to the above, the PHM Steering Group is considering the proposed objectives of the NHS Joint Forward Plan as part of the current planning process. This is to particularly consider and ensure that objectives relating to Stay Well priorities are embedded within system planning.

Public/stakeholder engagement

- 5.1 A strong Communications Group, established as part of the smoking Cessation Sprint approach, is developing processes for community and partner engagement. This group has been felt to be highly successful and important and will therefore continue beyond the initial Sprint.

Other options

6.1 None considered.

Financial and value for money issues

7.1 None directly arising from this report.

Legal implications

8.1 None directly arising from this report.

Climate implications

9.1 None directly arising from this report.

Socio-Economic implications

10.1 None directly arising from this report.

Other significant implications

11.1 None directly arising from this report.

This report has been approved by the following people:

Role	Name	Date of sign-off
Legal Finance Service Director(s) Report sponsor	Jayne Needham, Director of Strategy, Partnerships and Population Health, Derbyshire Community Health Services NHS	30.01.2023
Other(s)		

Background papers: List of appendices:	Appendix 1 - Driver Diagram
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Appendix 1 - Driver diagram showing causes of death and risk factors

