

Health briefing

Area Panel 2

January 2005

Welcome to our first Health briefing

Central and Greater Derby Primary Care Trusts (PCTs) work together to improve the health of people across the city, and make sure the health services they need are available. Their job is to:

- work out what is needed to improve local people's health
- provide some services themselves – such as community services including clinics, district nurses, children's services and health visitors
- buy some services from others – such as larger hospitals and specialist treatments.

The PCTs will be providing a local Health Briefing for each Area Panel meeting. If you have any questions you can either direct them through the Area Panel manager, Bill Reed on 01332 258501 or contact us direct: Debbie Jackson, Associate Director, Central and Greater Derby PCTs, Derwent Court, Stuart Street, Derby DE1 2FZ

In this issue you'll find details of:

- Choosing Health white paper
- Stop smoking services
- Alvaston and Boulton Resource Centre

Choosing Health

The Department of Health has now published its white paper on public health, aimed at making healthier choices easier. Media coverage has focused on the issue of smoking in public places, but the white paper also covers a wide range of health

issues. There is also a focus on helping disadvantaged people to make healthier choices. 'Choosing Health' sets out some key priorities for action:

- Reducing the numbers of people who smoke
- Reducing obesity and improving diet and nutrition
- Increasing exercise
- Encouraging and supporting sensible drinking
- Improving sexual health
- Improving mental health.

The full white paper and an executive summary are available at www.dh.gov.uk under publications.

Stop Smoking

The PCTs can offer help and support to people who want to stop smoking through the Fresh Start service. You can contact them on 01332 758729

Alvaston and Boulton Resource Centre

It is anticipated that a new resource centre will provide a base for a surgery, a new base for existing services currently located at the Boulton Clinic and space for a wide range of other health, social care and related services such as:

- Outpatients
- Coronary heart disease clinics
- Blood tests

- Chronic disease management such as diabetes, asthma and high blood pressure
- Physiotherapy and occupational therapy
- Chiropody
- Dental services
- Family planning services.

Information zones are also proposed whereby local residents will be able to access the Internet for health information.

The site identified for the development is on Coleman Street, Alvaston and will allow a purpose built, modern facility to be created. Design work for this scheme has been undertaken and full planning permission has been received. It is thought that construction will commence on site in summer 2005 in order for facilities to be in operation by late 2006.
