

CYP TOPIC REVIEW Derby City

16-02-15

CLINICAL PSYCHOLOGY

Positive practice

The Board noted the increase in demand for services and a positive approach to managing waiting lists following new investment

Recommendations

1. Waiting lists are too long. The CYP Board would like the Clinical Psychology Service to come back to the Board at the end of the year to inform them how proposed changes in managing referrals (eg Autism) are working.
2. That the Clinical Psychology services consider ways to fast track Children in Care in collaboration with other services.
3. The service is more flexible and is outwardlooking approachie moreintegrated with other CYP services.
4. The service needs to be a strong player in a multi-agency approach. Co-working and Co-location with CAMHS teams should be explored.
5. It was felt that users/patients should be informed of where their progress is on the waiting list
6. A more consistent approach in schools is required

CAMHS

Positive practice

1. The Board welcomed the real progress in CAMHS approach to developing the service and working with Partners
2. The Board welcomed the use of parenting programmes
3. The Board noted positive practice of keeping in touch with clients whilst they are on the waiting list
4. The Board noted the positive impact of the CYP IAPT (improving access to psychological therapies) model in managing demand and cases for effectively

Challenges

1. The Board noted the need for early identification of families and earlier intervention who may require help in later life
2. The board noted that there were an increasing number of very complicated cases often involving Autism/Self Harm/Child sexual exploitation and the need for a strong multi-agency response
3. Limited access to tier 4 inpatient beds for Derby residents in a concern.

Recommendations

1. Consider the possibility of CAMHs psychiatrist being based in the hospital on a similar basis as the service for adults.
2. Councillors felt that a local alternative model is needed for Tier 4

PAEDIATRICIANS

Positive practice

1. The Board noted the extended range of skills within the team to fill the skills gap and improve cost effectiveness to assess ADHD

Challenges

1. The Board noted the increase in numbers of young women presenting with ASD and the need for early identification of young women at risk
2. The board noted comments of the positive impact of parenting programmes to support positive attachment and positive early child development

Recommendations

1. There should be consistent use of tools such as the Strength and Difficulties Questionnaire by School Nurses to assess underlying mental health of children before they are enrolled at the Pupil Referral Units as there were concerns about inappropriate referrals.
The Paediatrician's need to be better connected with initiatives such as priority families etc as there may be extra help available to support families. They should work with the Local authority to receive appropriate training.
2. The title of "mental health community nurse" should be changed to "Wellness Community nurse".

Local Authority

Although LA services were not part of the Topic review, the Board noted the areas for development below that would enhance the integration of service provision

Recommendations

1. There should be an ability in future for LA IT systems to link into NHS Systems to ensure effective information sharing.
2. The board requests a report on Parenting Programmes in the City past and present and may consider future recommendations about reinvestment in parent programmes in the City. Current gaps were noted.
3. The Board requests a report on top up hours for children with special educational needs

4. The board felt there needs to be training in schools to identify young women with autistic tendencies. – This was because young women were often being diagnosed later than boys and this was leaving them vulnerable to self harm and CSE.
5. Training should be given to identify children who are struggling with the transition from primary to secondary schools so that they can be offered appropriate support quickly to prevent an escalation of their needs.

Cross Cutting

Recommendations

1. The board noted that demand for services had significantly increased and that there was an increasing complexity of need in CYP presenting. They felt there should be a review to ensure that funding levels were correct and that any new funding was targeted at pinch points in the system
2. The Board felt that the Single Point of Access was having a positive impact in the way referrals were being managed and that this should be rolled out
3. Co-location and co working of services should be considered and services should continue to build and develop integrated services and close working relationships