

# Alcohol Harm Reduction in Derby

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# Strategy

A multi-agency approach to reducing the harms caused by alcohol in Derby

- I. Improving information
- II. Treatment in line with Models of Care
- III. Reducing crime and disorder
- IV. Working with the industry

# Tiered Treatment

1. Awareness, education & screening from all services (Primary Care)
2. Brief Interventions from dedicated service
3. Specialist treatment
4. Specialist inpatient treatment

# Current Position in Derby

1. A&E, some GP's, Homeless services, etc
2. New PCT Brief Interventions Service  
Addaction (group work)  
Young Addaction (Tier 3 also)
3. The Elms (MHT)
4. Gastroenterology &  
Residential Rehab

# Key Developments

- Strategy and Action Plan
- Alcohol networks
- Screening process
- Commissioning services
- Referral pathways
- Needs assessment
- Treatment system model
- Securing further resources

# Half full or half empty?

## ALCOHOL UNITS



1 MEASURE OF SPIRITS:  
1 UNIT (PUB MEASURE)



GLASS OF WINE:  
1 UNIT (125ML PUB MEASURE)



HALF PINT OF NORMAL  
STRENGTH LAGER:  
1 UNIT (PUB MEASURE)



1 ALCOPOP:  
AVERAGE 1.6 UNITS

It can be difficult to estimate units of alcohol when drinking at home as measures may be more generous