

INTEGRATED CARE PARTNERSHIP
18 October 2023

ITEM 05

Report sponsor: Andy Smith, Strategic Director of People Services, Derby City Council and Co-Chair of CYP Delivery Board.

Report author: Nicola Smith, Assistant Director Children's Strategic Commissioning and Deputy Chair of CYP Delivery Board, NHS Derby and Derbyshire ICB.

Integrated Care Strategy: Start Well

Purpose

Start Well is a key priority within the Integrated Care Strategy. The purpose of this report is to:

- 1.1 Provide an overview of Start Well, what it is, what we are aiming to achieve, why it is important and how it will be measured.
- 1.2 Present our approach.
- 1.3 Present progress to date and barriers / challenges.

Recommendations

- 2.1 To acknowledge the importance of 'getting it right' for children.
- 2.2 To acknowledge other priorities exist in the system.
- 2.3 To support the release of resource through efficiencies in system governance and assurance processes.
- 2.4 To acknowledge pace of delivery is impacted by resource available.

Reasons

- 3.1 This is aligned to the Integrated Care Strategy Delivery.

Supporting information

- 4.1 As previously reported, the Integrated Care Strategy has three areas of focus:
- **Start Well** - To improve outcomes and reduce inequalities in health, social, emotional, and physical development of children in the early years (0-5) via school readiness.
 - **Stay Well** - To improve prevention and early intervention of the 3 main clinical causes of ill health and early death in the JUCD population - circulatory disease, respiratory disease and cancer.
 - **Age/ Die Well** - To enable older people to live healthy, independent lives at their normal place of residence for as long as possible. Integrated and strength-based services will prioritise health and wellbeing, help people in a crisis to remain at home where possible, and maximize a return to independence following escalations.
- 4.2 The outcome that Start Well is aiming to achieve is that:
- ‘Women have a healthy pregnancy, children are born safe and well into a nurturing and secure relationship with care givers, with good nutrition, access to health care, social care and education. Children thrive and develop positive and healthy relationships’.*
- Delivery of the Start Well outcome is overseen by Joined Up Care Derbyshire’s (JUCD) Children and Young People’s Delivery Board.
- 4.3 Start Well is focusing on improving school readiness as an outcome indicator of starting well. School readiness is a measure of how prepared a child is to succeed in school; cognitively, socially and emotionally.
- 4.4 Investing in quality early care and education is one of the most cost-effective measures that can be taken, with every £1 invested saving taxpayers up to £13 in future costs (Centre for Research in Early Childhood, 2013).
- 4.5 Early years development is impacted by a range of modifiable factors:
- Related to the family (maternal mental health, homelessness, family income and parental education)
 - The child (low birth weight, health status and immunisation rates)
 - Services (quality and availability of funded early education) among many others.
- 4.6 A systematic approach will be taken to identify where key improvement opportunities exist to improve school readiness. Delivery will be via Place and will be co-produced with system partners and families.
- 4.7 Successful implementation of the Start Well ambition is dependent on several enabling factors:

- Change management and leadership capacity
- Analytical capacity – to understand need, plan, do and review progress
- Local insight i.e., place-based knowledge, networks and influence, includes public, private and Voluntary Community and Social Enterprise (VCSE) sector
- Service improvement and delivery capacity located within relevant organisations and teams.

There are currently capacity gaps across all of these factors which is limiting progress.

Public/stakeholder engagement

- 5.1 We are supported by ICB Engagement colleagues, a public briefing and discussion session has been undertaken.

Other options

- 6.1 N/A

Financial and value for money issues

- 7.1 Resource to support the programme is a challenge, no value for money issues identified.

Legal implications

- 8.1 N/A

Climate implications

- 9.1 None identified to date but may be identified as the programme plans develop.

Socio-Economic implications

- 10.1 In the long term this change will deliver significant impacts if we can impact social behaviour through the factors identified through School Readiness, we can impact economic activity in Derby and Derbyshire.

Other significant implications

- 11.1 We can positively impact outcomes in childhood and later life across education, social skills and health needs.

This report has been approved by the following people:

| Role | Name | Date of sign-off |
|----------------------------|--|-------------------------|
| Legal | | |
| Finance | | |
| Service Director(s) | | |
| Report sponsor | Andy Smith, Strategic Director of People Services, Derby City Council/ Co-Chair of CYP Delivery Board | 10/10/2023 |
| Other(s) | | |

| | |
|----------------------------|------|
| Background papers: | None |
| List of appendices: | None |