Improving health in Derby City

Presentation to the Adult Health and Scrutiny Committee on the role of Florence Nightingale Community Hospital (FNCH), 30 November 2021

Becky Harrington & Duncan Bedford, UHDB

Derby City system collaboration

- Group established October 2020

Membership:

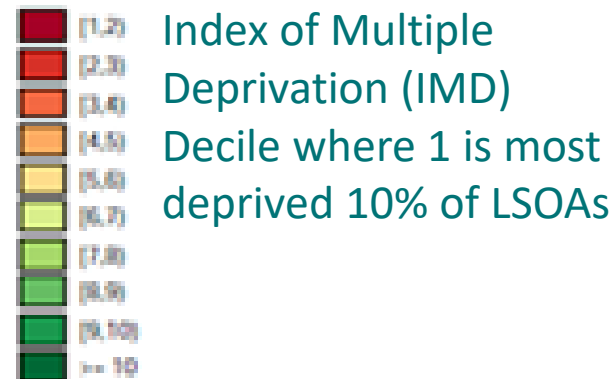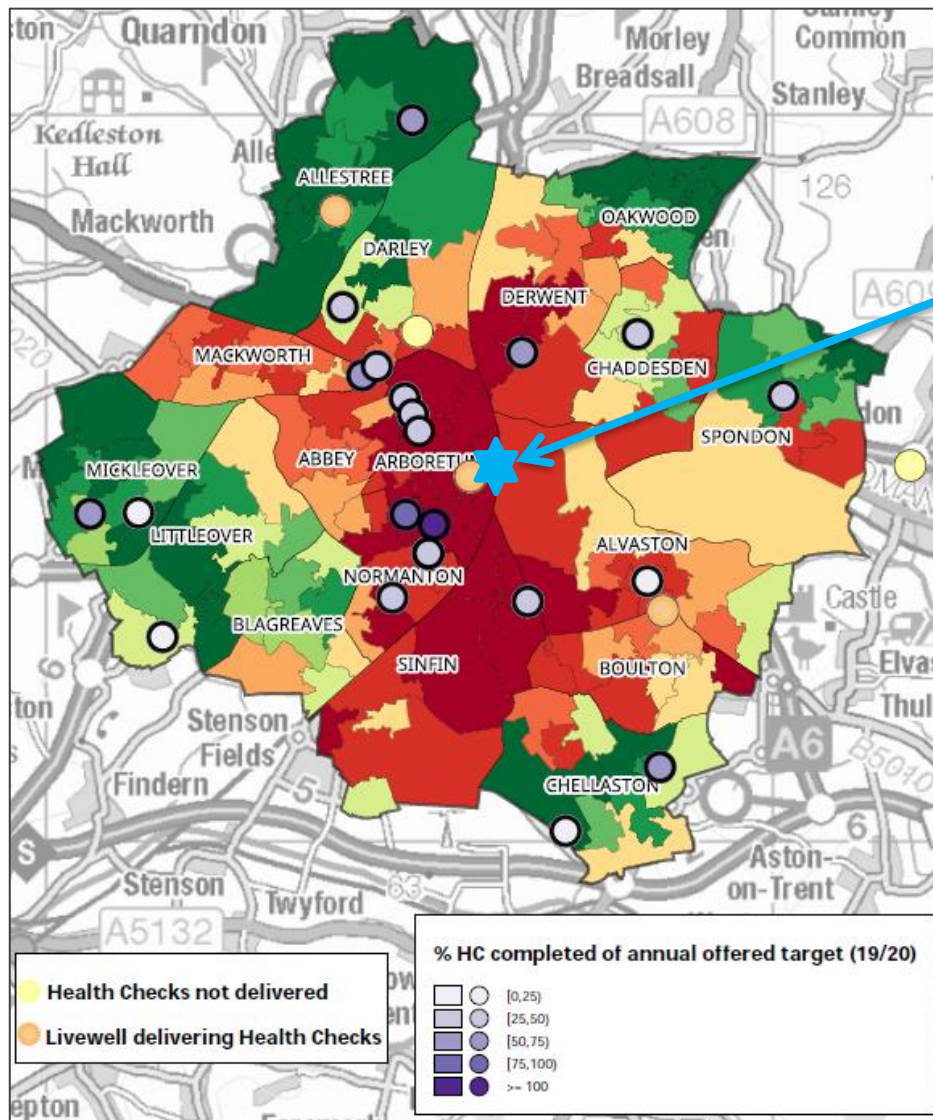| City Primary Care Networks (PCNs)	Derbyshire Community Health Services (DCHS)
Derby City Council – Public Health & Social Care	Derbyshire Healthcare NHS Foundation Trust (DHCFT)
Voluntary sector	Derby and Derbyshire CCG
University Hospitals of Derby and Burton (UHDB)	Local Estates Forum (LEF)

Purpose:

- At the start to increase utilisation of the FNCH site
- Now part of the strategic vision to deliver Place based population health improvement in Derby City

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FNCH location relative to City wards

Florence Nightingale Community Hospital

Index of Multiple Deprivation (IMD) Decile where 1 is most deprived 10% of LSOAs

% HC completed of annual offered target (19/20)

● Health Checks not delivered
● Livewell delivering Health Checks
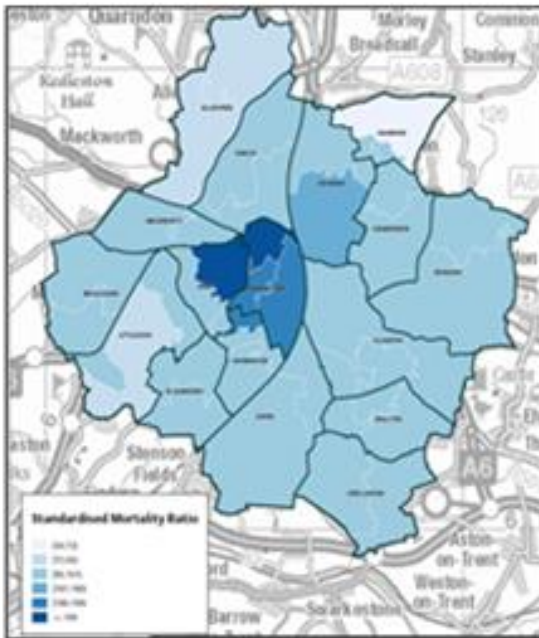
[0,25)
[25,50)
[50,75)
[75,100)
>= 100

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Derby City Population Health

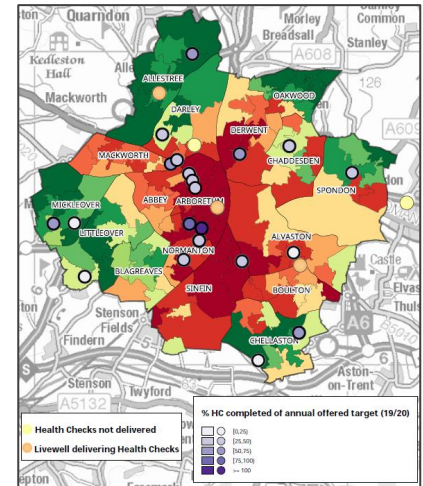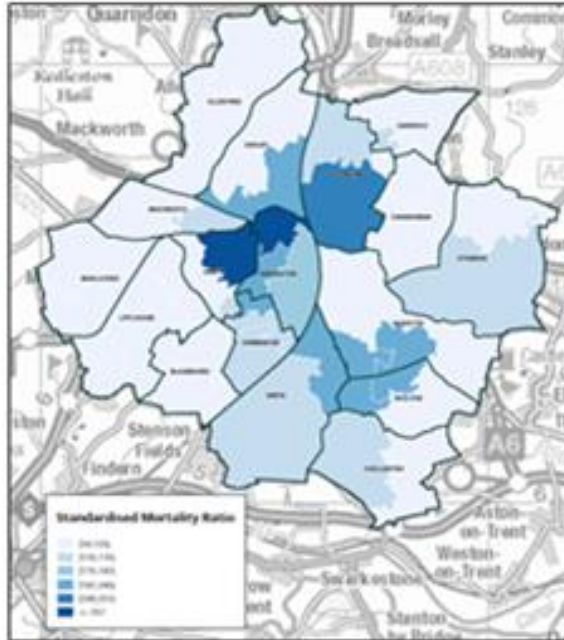We can see geographical correlation between maps showing health outcomes and maps showing indicators of deprivation:

Derby City Population Health

Correlation between disease and lifestyle habits

Correlation between disease and lifestyle habits

Smoking Prevalence
QOF - 2019/20
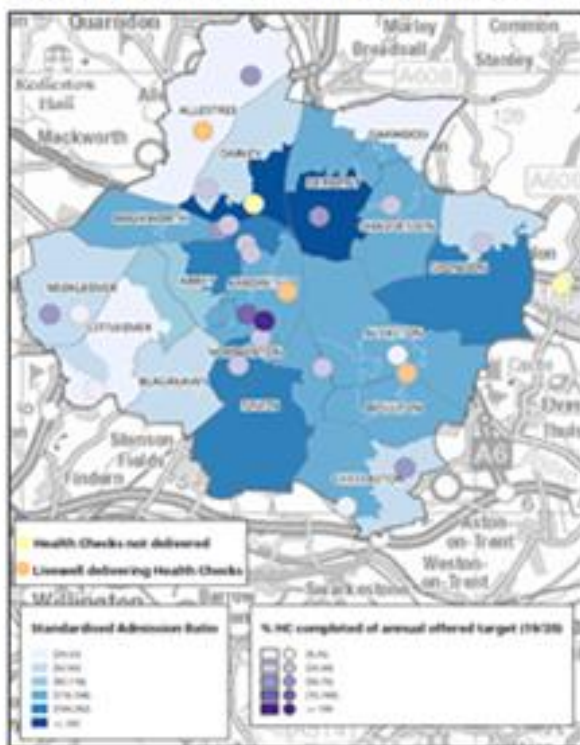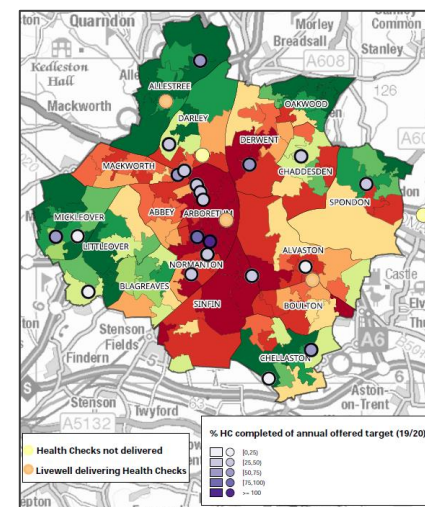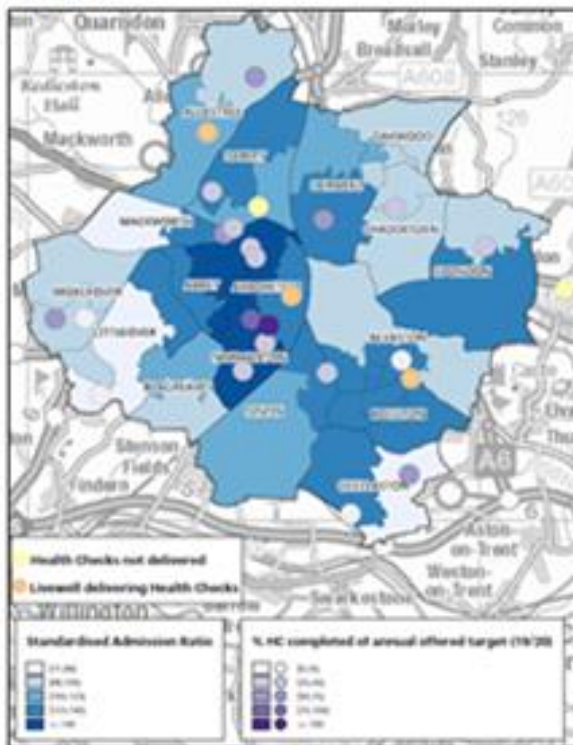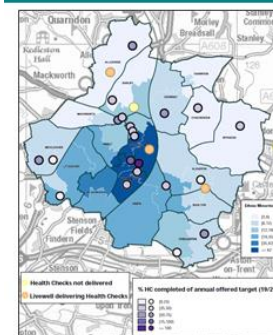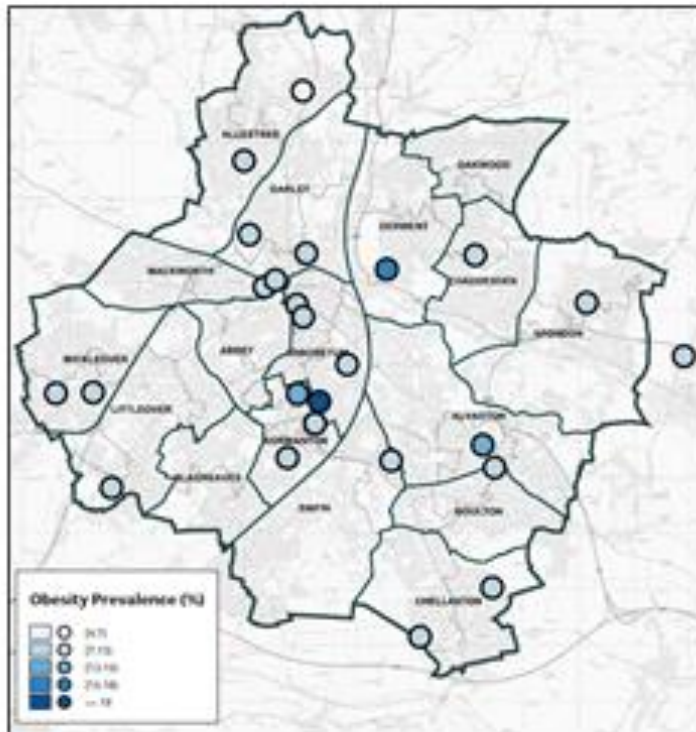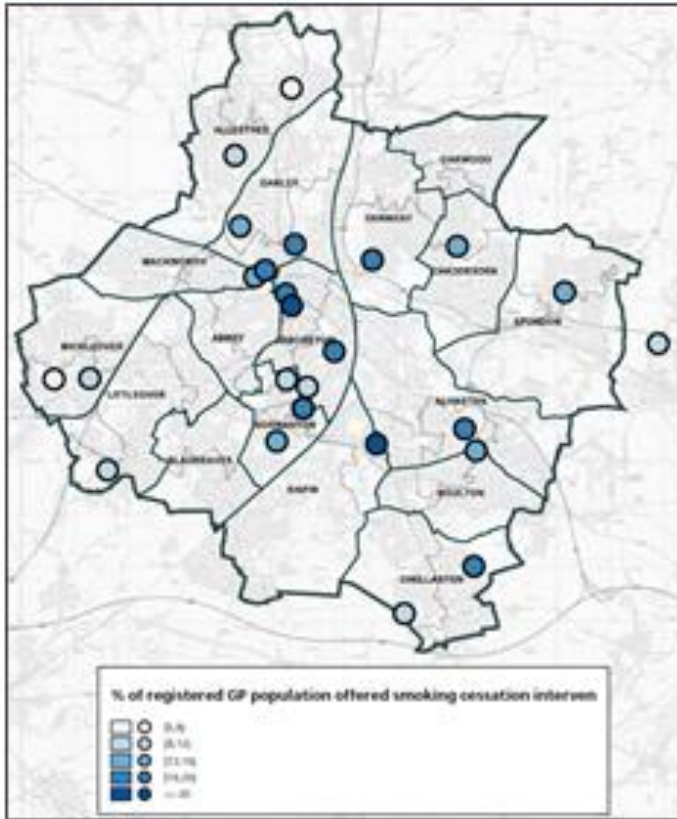
Hypertension Prevalence
QOF - 2019/20
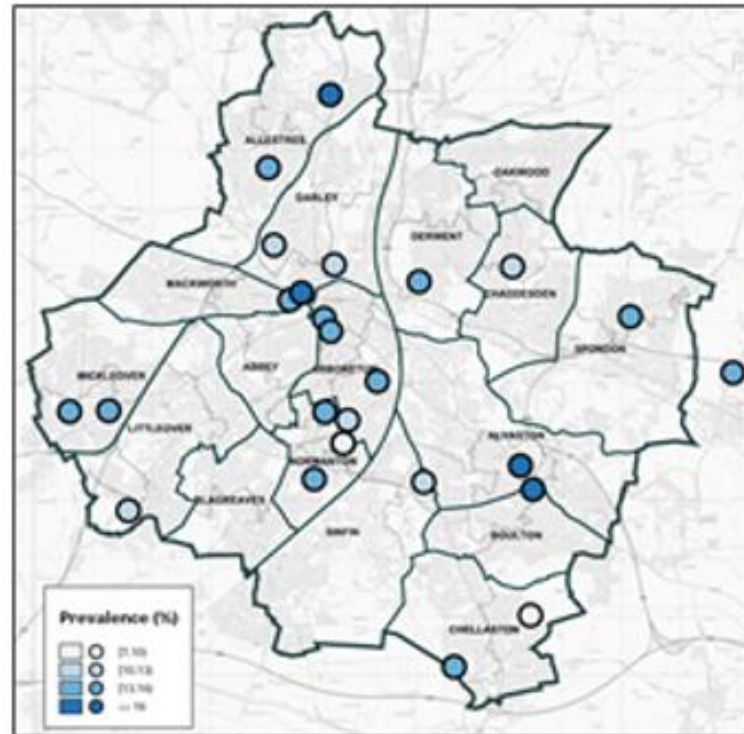
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JUCD population health priorities

We can improve health outcomes by:

- Reducing smoking prevalence to below the national average;

- Reducing obesity and the numbers of people who are over weight;

- Increasing physical activity levels;

- Reducing the levels of harmful alcohol consumption;

- Reducing the number of children living in poverty.

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Florence Nightingale – an integrated City centre hub for improving health & reducing health inequality, preventing crisis, providing easy access diagnosis and treatment

Long term conditions outpatient clinics working jointly with Livewell

Primary/secondary care pathway and PCN ARS roles

Specialist treatment:
End of life IPs
Neuro rehab IPs
Specialist rehab OPs

One stop shop support to diagnosis and treatment: Community Diagnostics Hub Pharmacy

Other clinics – sexual health, secondary care, leg ulcers

Integrated health and social care team focused on preventing people reaching crisis point to avoid ending up in ED or Adult Social Care

Other options:
Primary care and out of hours services

Health improvement Livewell, voluntary sector, community on site projects Healthy food preparation and cooking, fruit and veg stall, gardening, physical and craft activities

Derbyshire

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In summary this will:

- Change FNCH from a place where only acute care is provided to a community asset that delivers health improvement for local people
- Make prevention part of the treatment for people with diagnosed disease and long term conditions, i.e. direct referral for smoking cessation, weight loss, physical activity, reduced alcohol consumption
- Make best use of the location in relation to communities with higher levels of deprivation and poorer health outcomes
- Expand the reach and impact of the multiple resources on site to support healthier lifestyles.

Which in turn will:

- Improve health outcomes for people in the City
- Reduce crisis use of social care and emergency NHS services
- Reduce the demand on primary and secondary health services.

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