

## **Public Consultation**

# Functional Mental Health Service for Older People in Derby

Proposed service move from London Road Community Hospital to Kingsway Hospital

Dates of consultation - Tbc

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#### Functional Mental Health Service for Older People in Derby

# Proposed service move from London Road Community Hospital to Kingsway Hospital

#### **Summary**

Derby and Derbyshire Clinical Commissioning Group (DDCCG) commission Derbyshire Healthcare NHS Foundation Trust (DHcFT) as a specialist provider of children's learning disability, substance misuse and mental health services – across community, inpatient and specialist settings in Derby and Derbyshire.

The Trust provides a range of inpatient or bedded services at hospitals throughout Derbyshire. In Derby this includes a wide range of services at Kingsway Hospital, a range of acute mental health services for adults at the Radbourne Unit on the Royal Derby Hospital site and a small number of services that are delivered at London Road Community Hospital. Inpatient care is also available in Chesterfield, through the Hartington Unit on the Chesterfield Royal Hospital site.

Inpatient services for older people in Derby are currently split across two sites:

- Kingsway Hospital which offers specialist inpatient Dementia care (also called *organic* mental illness)
- London Road Community Hospital which offers specialist inpatient care for people over 65 who have a *functional* mental illness (for example depression, schizophrenia, mood disorders, anxiety or wider mental health diagnosis other than dementia).

This consultation document outlines proposals to relocate the functional mental health care for older adults from the London Road Community Hospital to Kingsway Hospital.

This consultation documents outlines the reasons behind the proposed move and provides details on how you can share your views and comments on these proposals.

The public consultation will take place between (tbc) and it is based upon two key points:

1. This is a single option proposal based upon the fact that this is the only viable solution that offers the range of benefits outlined including single room provision. The "do nothing" option would result in the service staying in the current location and this would not achieve the improvements in service user experience which form the basis of this proposal.

 Given that this service is specific to a small number of current service users, their families, carers, partners and stakeholders and that the service itself will continue to be provided in the future from a different location, it is proposed that the consultation should be delivered intensively over a 60 day period

#### **Background**

The inpatient services for older people with functional mental health conditions are currently provided in facilities in the London Road Community Hospital, in Derby City Centre. These facilities have been adapted so that they can be used to provide mental health care and are leased from University Hospitals of Derby and Burton (UHDB) who own the London Road Community Hospital site.

The inpatient service for older people over 65 for organic mental illness (such as dementia) are provided in purpose built mental health facilities on the Kingsway Hospital site in Derby.

There are a number of people who will have both an organic and functional mental health diagnosis. These people could be supported through either service, depending on the nature of each individual's clinical needs.

#### How the service has changed over recent years

Before 2016, the service operated out of two wards (Ward 1 and Ward 2) at London Road Community Hospital. During 2016, investment was made to support a greater number of older people within their home environment. This is known to provide a better patient experience and reduce any confusion or disorientation that can be created when older people have a short stay in hospital. Due to the success of this development, the number of people who needed inpatient care on Ward 1 or Ward 2 started to reduce.

Given this, the service took the decision to stop using part of Ward 2 and temporarily move a number of clinical staff into the community to support older people with functional illness in their own homes or places they called home. The service is called the In-reach and Home Treatment Team (IRHTT). The new service is now able to support more and more people in their own homes to prevent admissions to hospital being required, through the offer of intensive support at times of crisis or changes in circumstances, linking in with other services in the community for older people.

The new service was so successful in reducing the number of admissions and the occupancy levels on the ward to the extent that in January 2017 the decision was made to temporarily close Ward 2 and move the rest of the ward-based staff team into the IRHTT.

#### The proposed service model

Ward 1 is based at London Road Community Hospital site in Derby. The ward is an 18-bedded, mixed-sex inpatient ward, which has the ability to increase to 20 beds when necessary. The ward has gender-specific sleeping areas with a mix of single and shared rooms, which all have en-suite facilities.

This consultation document outlines the proposal to relocated Ward 1 services to Tissington House, which is a modern facility based at Kingsway Hospital in Derby. Tissington House was previously used as an inpatient unit for older people with organic mental illness and it is currently vacant.

The availability of Tissington House provides a unique opportunity to relocate Ward 1 functional mental health services into bespoke, modern facilities within a therapeutic, green environment.

Should the proposals outlined in this document be approved, functional mental health services would be offered from 18 beds at Tissington House. Due to the unit's closer proximity to Cubley Court (which provides the Trust's organic or dementia services) and the ongoing development of the IRHTT, modelling indicates that it is feasible to deliver the service from 18 beds going forwards.





#### Process to date

Following the temporary closure of Ward 2 and the establishment of the IRHTT, DHcFT conducted an evaluation of the new IRHTT service, considering the impact it had on patient outcomes, the number of admissions avoided and its overall impact.

The evaluation showed the service was having a positive impact. The four Clinical Commissioning Groups (CCGs) in Derbyshire, which preceded NHS Derby and Derbyshire CCG, all received the evaluation in 2018 and agreed the recommendation that the IRHTT service continue and that Ward 2 remain closed, temporarily.

In 2018, the Joined Up Care Derbyshire Clinical and Professional Advisory Group reviewed the evaluation and the current clinical model and was satisfied that the IRHTT approach was one that they wished to support for future development.

Over the winter of 2018/19, the empty Ward 2 was refitted by University Hospitals of Derby and Burton to be able to provide an expanded service over the winter period.

In May 2019, the Joined Up Care Derbyshire Board received a paper outlining the work undertaken to date and recommending that the Derbyshire health system proceed to consult with patients and public over a proposal to move the current service from London Road Community Hospital to Kingsway Hospital.

#### Rationale for the proposal to move the service to Kingsway Hospital

• The estate - The current estate from which the Ward 1 service operates is a community hospital ward, built in the 1980s, which has been specially adapted for use for mental health inpatient services. It is currently fully compliant with the legislative requirements of a mental health inpatient facility.

However, the guidance around mental health facilities is changing. In the future, all beds will need to be in single bedrooms, with en-suite facilities. The current layout of the ward and the current reliance on shared facilities will make this difficult to achieve on the current site.

The ward facilities at Kingsway Hospital were purpose built as mental health inpatient facilities in 2009. The proposed location of the ward would be on the current Tissington Ward. The work required to make this facility fully compliant with the new single-bed requirements is much less than is required on the current Ward 1.

Tissington House benefits from a therapeutic, green environment, with a number of wider facilities being available on the hospital site including a restaurant, patient bank and multi-faith chapel. The hospital is in short walking distance to the Kingsway Retail Park.

• Clinical benefits - Since the temporary closure of Ward 2, the Older People's Functional Illness inpatient service has been geographically isolated from the other mental health inpatient services covering the City and Southern Derbyshire, at Kingsway Hospital and in the Radbourne Unit on the Royal Derby Hospital site.

This proposed move would see the service relocated to Tissington Ward, which is close to the two Cubley Court Units, where Older People's Organic Illness inpatient services are already provided. There are a number of clinical benefits from basing these services close to each other, from the perspective of joint training for staff, greater staffing resilience across the new units and the sharing of expertise and best practice across a small site.

The majority of the Kingsway Hospital site has been completely rebuilt and redeveloped in 2009-10. As such, the inpatient areas, including those proposed for the relocated service, are in a purpose built environment for mental health services. The atmosphere is calm, with open access to green spaces and landscaped gardens. This therapeutic environment would be almost impossible to recreate in a firmly urban environment like London Road.

#### Other benefits

There are some wider financial benefits to the local healthcare system from moving the service from London Road to Kingsway Hospital. At the moment, the Tissington House ward facilities at Kingsway Hospital, which are being proposed to be used after the move, are currently empty. As such they are incurring costs of maintenance without being used for the care of patients. These are high quality facilities which could provide excellent service provision and ensure the site potential is maximised.

As mentioned above, the cost to the Derbyshire health system of bringing the inpatient facilities up to date and compliant with single-bed en-suite requirements are much less in the proposed new accommodation than in Ward 1 at LRCH.

The experience for visitors at the London Road site can be problematic, particularly for those visitors required to use their own cars. Parking is limited on-site and both on-site parking and on-road parking are closely regulated and involve payment charges. Parking at the Kingsway site is free for visitors and has greater availability, particularly in the evening, although spaces are not guaranteed.

Whilst the London Road Community Hospital site is very close to the city centre, it is not easily accessible by public transport from other parts of the city and other areas across southern Derbyshire. People using public transport will usually have a 10-15 minute walk from the bus station out to London Road, or a change of bus. Whilst the Kingsway site is not on a current bus route, the bus services out to the Royal Derby

Hospital site are numerous at most times of the day and then visitors would have a 10-15 minute walk to the Kingsway Hospital site.

# Issues that we would like to explore with patients and public through the consultation

We would like to know what current patients, potential future patients, carers and members of the public think about our proposal to move the inpatient Older People's Functional Illness service from the London Road Community Hospital site to Kingsway Hospital.

We would like to know what the impact would be on people as individuals so that if we do relocate the service we can make the necessary adjustments to ensure that people aren't adversely affected by any move.

We are particularly interested in hearing from any people with protected characteristics under the Equalities Act to see if they thought that any relocation would have an adverse impact on them.

#### Process beyond the consultation

Following this period of consultation, NHS Derby and Derbyshire Clinical Commissioning Group will collate the information and feedback received on the proposed move and will consider the impact of the proposal and how any adverse impacts might be mitigated and adjusted.

A report and recommendation will then be submitted via the CCG governance process culminating in the decision of the CCG Governing Body on whether to approve the proposed relocation of the service, or not.

Should the proposal be approved for the relocation of the service, DHcFT will then conduct a formal consultation with their employees over the proposed move of their employment base. Subject to all these processes, it is envisaged that the relocation of the service could be delivered in late spring or early summer 2020.

#### Questionnaire

The purpose of the public consultation is to identify any key concerns and/or wider thoughts and ideas about the proposal to relocate older adult functional mental health services from London Road Community Hospital to Kingsway Hospital in Derby. Your feedback will help to further refine these proposals and deliver a service that effectively meets the needs of our patients and their families and/or carers.

An electronic version of this survey is available via xxxxxxx if you would prefer to share your views in this way.

1.	Please share your comments on the proposal to relocate older adult functional mental health services from London Road Community Hospital to Kingsway Hospital
2.	Do you have any ideas that would further enhance these proposals?

3. Is there anything that concerns you?

4. Is there anything else you would like to add?

Please provide the following information (this is to ensure that we receive feedback that reflects the views of our patient/carer population).

### Relationship with the Trust: (please tick)

Carer	$\neg$ 4	Ethnicity:	(please ci	ircle)					
		Asian Bangladeshi Asian Indian			ı	Asian Pakistani			
Service user/patient		Asian other	Black African		Black Caribbean				
Volunteer		Black other	C	Chinese		Mixed white and Asian			
Member of staff		Mixed white and black African		Mixed white and black Caribbean		Other mixed			
Partner organisation									
Other (please specify)				Vhite Irish		White other			
		Other	U	Unknown			Not stated		
	Faith: (please circle)								
Thank you for your feedback		Agnostic	Agnostic Atheist			Buddhist			
	Christian	Н	Hindu		Jewish				
Please return this completed sur	rvey to:	Muslim	N	No religion		Pagan			
FREEPOST ADDRESS		Sikh Other		I prefer not to say					
		Sexual orientation: (please circle)							
		Bi man	Bi wo	man Gay	y man		l prefer to use my own term:		
		Gay woman/ lesbian	Straig	ght Ipr to:	efer no say	ot			
		Do you consider yourself to be disabled?							
		No Yes		l prefer not to say			. 7		

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