



Derby City Council

HEALTH AND WELLBEING BOARD 17th July 2014

ITEM 7

Report of the Strategic Director of Children and
Young People

Children's Health Charter

SUMMARY

1.1 Introduction

- The Children and Young People's Health Outcomes Strategy was launched in January 2012 with the aim of establishing a forum composed of individuals with a wide range of expertise and a shared commitment to improving health care for children and young people.
- The Forum identified the health outcomes that matter most for children and young people; and how well these are supported by the NHS and Public Health Outcomes Frameworks.
- The forum set out recommendations of contributions that each part of the new health system needs to make in order that these health outcomes are achieved.

1.2 Overview

The forum consulted with two thousand people – children, young people and their families and those working in the wider health and social care system. This is a summary of the most important messages for the Secretary of State for Health:

- Too many health outcomes for children and young people are poor, and for many this is involved with failures in care.
- There is enormous and unexplained variation in many aspects of children's healthcare and the UK is worse than other countries in Europe for many outcomes that could be improved through better healthcare and preventative interventions.
- For example, the number of young people smoking and of teenage pregnancies – and more children and young people under 14 years of age are dying in this country than in other countries in Northern and Western Europe.
- This alone makes a compelling case for change. The work the Secretary of State asked the Forum to identify key areas where improvements are urgent.
- Outcomes for children and young people will be improved if the wider health system pays more attention to inequality. Infant mortality, obesity, childhood accidents and teenage pregnancy all affect more children and young people

from disadvantaged backgrounds.

- Children who have a disability, who are looked after or are in the criminal justice system face even poorer health outcomes. It is not just their health that is affected – it is their social and economic potential.
- Children, young people and their families really struggle to get their voices heard and to be involved in decisions about their own health. This makes it difficult for them to take responsibility for their treatment and care. They know what needs to be done to improve the services they use. Their voices must be heard throughout the health system.

1.3 Current Situation

- The all-cause mortality rate for children aged 0 – 14 years has moved from the average to amongst the worst in Europe
- 26% of children's deaths showed 'identifiable failure in the child's direct care
- More than 8 out of 10 adults who have ever smoked regularly started before 19
- More than 30% of 2 to 15 year olds are overweight or obese
- Half of life time mental illness starts by the age of 14
- Nearly half of looked after children have a mental health disorder and two thirds have at least one physical health complaint
- About 75% of hospital admissions of children with asthma could have been prevented in primary care

1.4 Health Charter Objectives

- Children, young people and their families will be at the heart of decision-making, with the health outcomes that matter most to them taking priority.
- Services, from pregnancy through to adolescence and beyond, will be high quality, evidence based and safe, delivered at the right time, in the right place, by a properly planned, educated and trained workforce.
- Good mental and physical health and early interventions, including for children and young people who require on-going health and care in adult life.
- Services will be integrated and care will be coordinated around the individual, with an optimal experience of transition to adult services for those young people who require on-going health and care in adult life.

1.5 Outcomes and Indicators

The Forum reviewed the outcomes and indicators already included in the Frameworks and made a number of recommendations that would strengthen them and make them more relevant.

The Forum recommends four new outcome indicators for inclusion within the **NHS Outcomes Framework**. These are:

- Time from NHS presentation to diagnosis or start of treatment;
- Integrated care – developing a new composite measure;
- Effective transition from children’s to adult services, and;
- Age-appropriate services – with particular reference to teenagers;

1.6 The Forums Recommendations

- All health organisations must demonstrate how they have listened to the voice of children and young people, and how this will improve their health outcomes.
- The revised NHS Constitution is drafted in such a way as to be applicable to all children, young people and their families.
- The Department of Health (DH) should bring together all relevant partners to co-produce a children’s health charter based on the principles of the UN Convention on the Rights of the Child, and aligned with the NHS Constitution. The application of these principles should be audited through the regulators.
- Health watch England gives appropriate consideration to the importance of all children and young people’s voices to inform its work programme, and is able to demonstrate this through its annual report. Local Health watch includes children and young people’s voices as core to their work and demonstrates this through their reporting mechanisms.

1.7 Conclusion

The Forum has set out recommendations for the new health system which, if accepted and put in place, will start to address the key obstacles to improving children and young people’s health outcomes that exist now.

The implementation of these recommendations is crucial. The Forum is clear that without consistent attention and further development of the strategy then this report could go the way of many of its predecessors and fail to secure the benefits that our children and families need, and the country requires.

So this work should be seen as the first phase in the new Children and Young People’s Health Outcomes Strategy. This is a real opportunity for improvement and the Forum therefore urges government and all organisations in the wider health system to accept these recommendations and act now.

RECOMMENDATION

- 2.1 To note the forums outcomes and adopt the charter to inform our future and current commissioning strategy.
- 2.2 To adopt the charter to underpin future strategic developments aimed at improving health outcomes for children and young people.

REASONS FOR RECOMMENDATION

- 3.1 To ensure the Health and Well Being Board are updated on national programme developments

SUPPORTING INFORMATION

4.1 Report of the Children and Young People's Health Outcomes Forum

Appendix 1: A detailed report on the proposals for improving health-related care for children and young people.

This report has been approved by the following officers:

Legal officer Financial officer Human Resources officer Estates/Property officer Service Director(s) Other(s)	Frank McGhee (Director of Commissioning CYP)
For more information contact: Background papers: List of appendices:	Sophie Pickles 01332 642655 sophie.pickles@derby.gov.uk None Appendix 1 – Implications Appendix 2 – Report of the Children and Young People's Health Outcomes Forum Appendix 3 – Better health outcomes for children and young people

IMPLICATIONS

Financial and Value for Money

1.1

Legal

2.1 There are no legal implications that need to be considered at this time.

Personnel

3.1

IT

4.1

Equalities Impact

5.1 N/A

Health and Safety

6.1 N/A

Environmental Sustainability

7.1 N/A

Property and Asset Management

8.1 N/A

Risk Management

9.1 N/A

Corporate objectives and priorities for change

10.1 N/A

Appendix 2: Report of the Children and Young People's Health Outcomes Forum



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2 CYP Health Outcom

Appendix 3: Better health outcomes for children and young people



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