



Appendix 9

Supporting Information

Information tabled at the Health & Wellbeing Board meeting held on the 13th November 2014.

HEALTH AND WELLBEING BOARD
13 November 2014
Report of the Strategic Director of Adults Health and Housing
ITEM 7

Mental Health Direction of Travel Report

SUMMARY

1.1 The Derby Commissioning Board requested that a short document was produced which highlighted for all partners the direction of travel for mental health services in the City.

1.2 The future of Mental Health Services in Derby report was produced in collaboration with Hardwick CCG, the Health Trust and Southern Derbyshire Voluntary Sector Mental Health Forum

RECOMMENDATION

2.1 To approve that the direction of Travel document

REASONS FOR RECOMMENDATION

3.1 That the Health and Wellbeing Board are aware of the work being undertaken by the Derby Mental Health Commissioning Board in shaping local services.

SUPPORTING INFORMATION

4.1 The previous joint Derby City and Derbyshire Mental Health strategy was an outdated and long and complex document. It did not reflect the

realities of reduced budgets, recent extensive consultations with customers and new strategic thinking on behalf of key policy makers and central government.

4.2 The Derby City Mental Health Commissioning Board decided that it would like to see the existing strategy replaced by something more reflective of current thinking, was shorter and more focused on the 'direction of travel' which mental health services should take. The future of Mental Health Services in Derby document sets out the vision for Mental Health services in Derby and aims to guide partners in their decision making concerning:

- ☐ Priorities for reshaping services particularly focusing on recovery and Personalisation
- ☐ How funding and resources should be shaped to meet future challenges and priorities
- ☐ Identification of headline commissioning intentions, looking at the type of services we aim to commission
- ☐ Local market management, identifying key gaps and how the market needs to be shaped to achieve the vision

4.3 The Direction of Travel Document - The future of Mental Health Services in Derby was written collaboratively with Hardwick CCG, The Health Trust and and Southern Derbyshire Voluntary Sector Mental Health Forum to ensure that the document was reflective of the plans and aspirations of key partners

4.4 The future of Mental Health Services in Derby report has now been signed off by the Mental Health Commissioning Board for wider consultation and approval. As part of this process it is recommended that the report is presented to the Derby Health and Wellbeing Board.

OTHER OPTIONS CONSIDERED

5.1 The no action option will mean that the Health and Wellbeing board are not informed about the Mental Health Commissioning Board and the plans of key agencies in shaping Mental Health Services in Derby
This report has been approved by the following officers:

Legal officer

Financial officer
Human Resources officer
Estates/Property officer
Service Director(s)
Other(s)
For more information contact:
Background papers:
List of appendices:
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Appendix 1

IMPLICATIONS

Financial and Value for Money

1.1 A collaborative, recovery based approach will enable the partners to look at how services can be delivered in the community to reduce the need for expensive crisis interventions

Legal

2.1 The approach suggested in the report is compliant to the Care Act
Personnel

3.1 Making Mental Health everybody's business has on-going training and culture change implications

IT

4.1 Where there is a need to change how we deliver services digitally, be this selfservice or mediated service and where we need to tackle secure information sharing the Information System and technology options and the information governance and security implications will be fully considered when designing new service delivery models.

Equalities Impact

5.1

The Direction of Travel Report highlights the need for 'parity of esteem' for those with Mental Health issues

Health and Safety

6.1

None directly arising

Environmental Sustainability

7.1

None directly arising
Property and Asset Management

8.1

None directly arising

4

Risk Management

9.1

None directly arising

Corporate objectives and priorities for change

10.1

This report contributes to our corporate aim of: Better outcomes for our communities

HEALTH AND WELLBEING BOARD

13 November 2014

Joint Report of the Strategic Director of Adults

Health and Housing & the Chief Operating

Officer of Southern Derbyshire CCG.

ITEM 12

Borderline Personality Disorder Provision

SUMMARY

1.1 A number of Members of the Health and Wellbeing Board have been approached by a local campaign group seeking improved services for people with Borderline Personality Disorder. As a consequence, Members have asked for a brief report on the current provision. This is set out below.

RECOMMENDATION

2.1 To note the current range and level of services for people with Borderline Personality Disorder.

REASON FOR RECOMMENDATION

3.1 Members of the Health and Well-being Board requested a note on services for this cohort of people.

SUPPORTING INFORMATION

4.1

Note on treatment for Borderline Personality Disorder

Commissioners have recently received an enquiry about the scope and range of support for people with Borderline Personality Disorder and Members have asked for clarity regarding provision for Derby residents.

4.2 Hardwick CCG is the lead commissioner for mental health services and commissions services on behalf of Derby residents with mental health support needs. Hardwick CCG has confirmed there has been no change in the contractual or funding arrangements for this group of people.

4.3 The range of treatment options can vary depending on the needs of the individual and in the last couple of years health commissioners have invested in a step down ward, Melbourne House, situated at the Kingsway site in Derby. This is a female unit for 2 women presenting with more complex needs. There has also been increased investment in in-patient acute beds to meet the rising needs of people in crisis coupled with specific services in reaching into Custody suites, prisons and courts that work with significant numbers of people with a personality disorder. In addition recent investment in street triage attempts to divert those people who don't need immediate mental health care away from urgent care facilities. It should be noted that individuals suffering from complex trauma or borderline personality disorder must have full access to a range of needs based interventions as many presentations to services are for other reasons such as drug or alcohol misuse, low mood, repeated physical manifestations and criminal justice presentations. To this end DHCFT have embarked on a programme to skill all staff in techniques for working with personality issues. In addition the use of the Knowledge Understanding Framework (KUF) as a pan organisational attitudinal training programme has had very positive feedback from both staff of different organisations and people who use the service.

4.4 Derbyshire NHS Foundation trust is currently commissioned to provide a range of psychological therapies and supportive interventions for people presenting with Borderline Personality Disorder which meet the criteria for Tier 4 services. It has individual and group Dialectical Behaviour Therapy programmes currently running in Derby city and in the county which are accessed through the Community recovery teams as well as a range of specific group interventions aimed at supporting coping with emotions and skills top up training There are currently two people waiting for the full DBT programme.

4.5 Self-defeating behaviour (including self-harm via cutting , burning or overdose) is commonly one of the presenting difficulties experienced by individuals who are offered this form of therapy. DHCFT also provide both short and longer term psychodynamic psychotherapy in Derby city for those people who wish to address the cause of the complex trauma . In addition it also provides a day care programme of psychotherapy.

4.6 In addition to the specialist services above, the Community recovery Teams also provide interventions for individuals with Borderline Personality Disorder through a multi-disciplinary team in the form of Care Programme Approach (co-ordinating and joining up care), psychological interventions and outpatient interventions.

4.7 Access to any of the above interventions from primary care is initially usually through Pathfinder services and this often includes short term focussed follow up prior to longer term involvement from the recovery team and/ or specialist psychological therapies as appropriate. It is vital to ensure that people with a personality disorder are supported to increase their personal resilience and so links with the voluntary sector and local City groups are essential to do this. Derby City has many voluntary sector Organisations that support people with a personality disorder in this way.

4.8 People with relatively stable personality difficulties who need help with mild to moderate symptoms of anxiety or depression can access primary care Improving

3

Access to Psychological Therapies (IAPT) through Talking mental Health Derbyshire DHcFT are currently in the process of co-producing with people who use our services a revised complex trauma pathway that will combine emerging best practice with current available local resources.

OTHER OPTIONS CONSIDERED

5.1 Not applicable

This report has been approved by the following officers:

Legal officer

Financial officer

Human Resources officer

Estates/Property officer

Service Director(s)

Other(s) Steve Trenchard, Andy Layzell, Andy Gregory, Ifti Majid

For more information contact:

Background papers:

List of appendices:

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None

Appendix 1 – Implications

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Appendix 1

IMPLICATIONS

Financial and Value for Money

1.1 None

Legal

2.1 None

Personnel

3.1 None

IT

4.1 None

Equalities Impact

5.1

None

Health and Safety

6.1

None

Environmental Sustainability

7.1

None

Property and Asset Management

8.1

None

Risk Management

9.1

None

Corporate objectives and priorities for change

5

10.1

Mental health is a priority with the Health and Wellbeing strategy.